

# Indoor Air Quality and Energy Efficiency: Can You Have Both?

Hoy Bohanon, PE, BEAP, LEED-AP

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# Seminar Objectives

- ▶ Learn the essential principles of Indoor Air Quality
- ▶ Review the *Indoor Air Quality Guide* (free from ASHRAE)
- ▶ Discuss practical applications of the Guide
- ▶ Evaluate effects of various energy savings practices on IAQ
- ▶ Learn the effects of ventilation and IAQ on performance in schools and offices

# Agenda

8:30am	Logistics and Introductions
8:45am	Indoor Air Quality Guide
10:00am	Break – 15min
10:15am	Indoor Air Quality Guide
12noon	Lunch
12:45pm	Afternoon Exercise: Applying the IAQ Guide in Your Facility
2:00pm	Break
2:15pm	Energy Savings Ideas that Affect IAQ. Effects of IAQ on Performance in Offices and Schools
3:30pm	Learning Assessment and Feedback Forms



## Best Practices for Design, Construction, and Commissioning



**Developed by:**  
**American Society of Heating, Refrigerating and Air-Conditioning Engineers**  
**The American Institute of Architects**  
**Building Owners and Managers Association International**  
**Sheet Metal and Air Conditioning Contractors' National Association**  
**U.S. Environmental Protection Agency**  
**U.S. Green Building Council**

► Hoy Bohanon

# Why an IAQ Guide?

- ▶ Describe design and construction strategies to improve IAQ relative to current practice and minimum codes & standards.
- ▶ Provide a comprehensive, practical resource for building professionals on achieving good IAQ.
- ▶ Provide a rational framework for evaluation of “trendy” measures to enhance IAQ.

# IAQ Guide: Collaborating Organizations



# IAQ Guide: Steering Committee & Authors

## Steering Committee

Andrew Persily	Chair
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Ron Burton	BOMA
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Bob Magee  
Paul Marmion  
Phil Morey  
Tom Phoenix  
Larry Schoen  
Wayne Thomann



# Why Worry About IAQ?

## Poor IAQ:

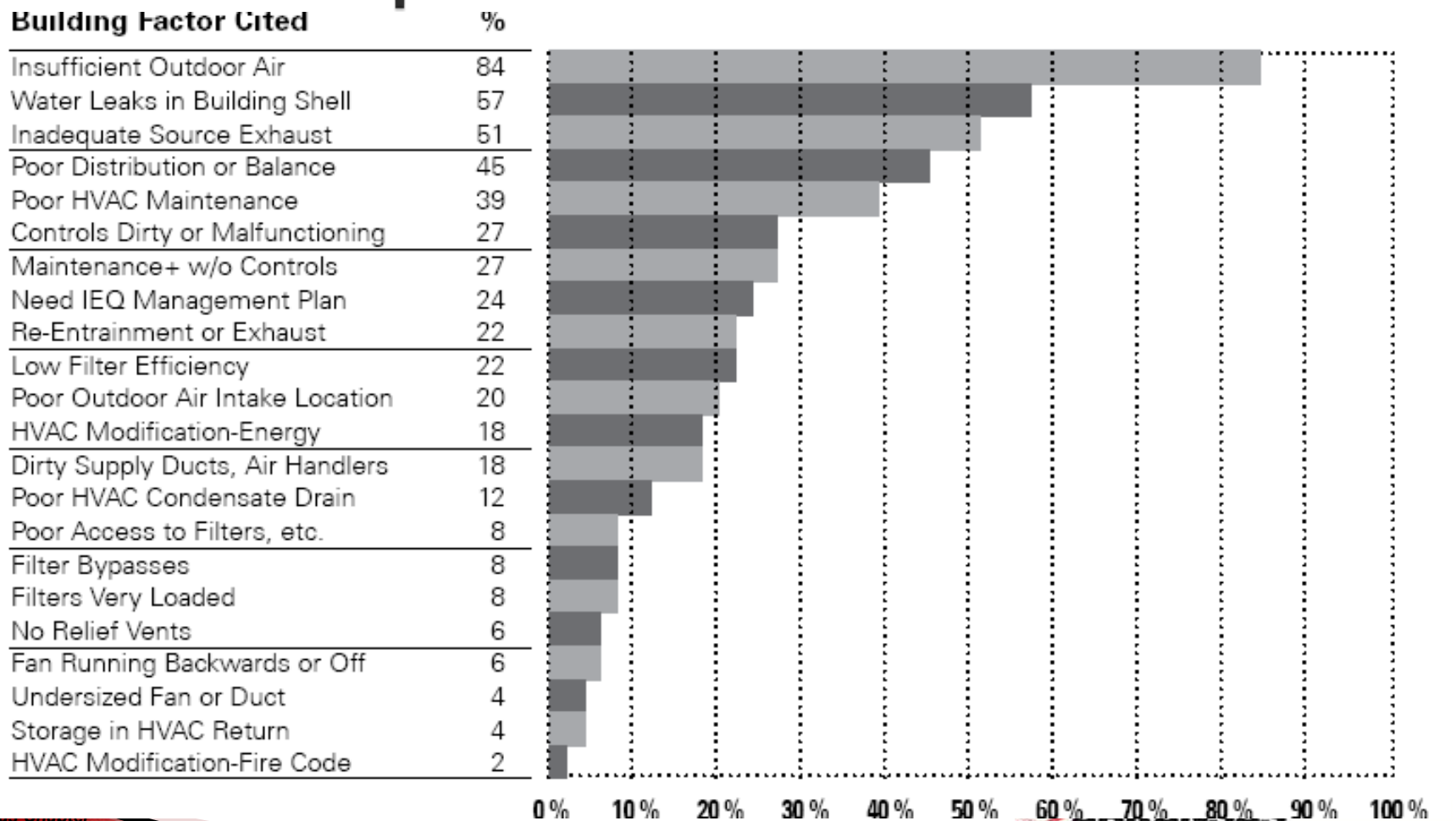
- Increases absenteeism
- Increases health costs
- Decreases productivity
- Ties up O&M resources on complaints
- Increases vacancies & turnover
- Lowers rent levels
- Can cause building closures
- Can require costly repairs
- Can lead to litigation

# common causes of IAQ problems





# Building Factors Associated with IAQ Problems from 49 NIOSH School Reports



Adapted from Angell and Daisey 1997

# Key Problems Causing Building-Related Symptom Complaints\*

## ► In decreasing order of importance:

- Excessive building moisture
- Inadequate amount or quality of outdoor air
- Surface dust
- Gases and odors
- Inadequate thermal control
- Inadequate attention by management to preventing adverse effects of IEQ on occupants vs. minimizing immediate costs

\*Mendell, *et al.* 2006



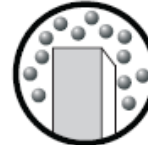
# Organization of the Guide



Objective 1 Manage the Process to Achieve Good IAQ



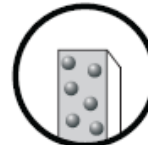
Objective 2 Control Moisture in Building Assemblies



Objective 3 Limit Entry of Outdoor Contaminants



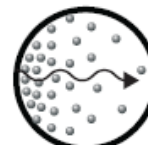
Objective 5 Control Moisture and Contaminants Related to Mechanical Systems



Objective 5 Limit Contaminants from Indoor Sources



Objective 6 Contain and Exhaust Contaminants from Building Equipment and Activities



Objective 7 Reduce Contaminant Concentrations through Ventilation and Air Cleaning



Objective 8 Apply More Advanced Ventilation Approaches

# Objective 1. Manage the Design & Construction Process To ACHIEVE GOOD IAQ



# Manage the Design & Construction Process

- Integrate design approach and solutions (1.1)
- Commission to ensure that the owner's IAQ requirements are met (1.2)
- Select HVAC systems to improve IAQ and reduce the energy impacts of ventilation (1.3)
- Schedule and manage construction to preserve IAQ (1.4)
- Design and build to facilitate O&M for IAQ (1.5)



# Integration starting at conceptual design is critical:

Integrate design approach and solutions

- ▶ Many early decisions affect IAQ: e.g., siting, massing, orientation, openings, access
- ▶ Avoids foreclosing options, as sometimes happens when conceptual design focuses on aesthetics and presentation without considering implications for ventilation, IAQ, thermal control, illumination, acoustics and energy
- ▶ Early interaction allows synergies to be captured
- ▶ Lays groundwork for an interactive process



## 1.1

Integrate design approach and solutions

*Traditional approach:  
Design → retrofit → build?*

# Traditional Design Approach

- ▶ Hierarchical
- ▶ Compartmentalized
- ▶ Linear/sequential
- ▶ Transactional





## 1.1

Integrate design approach and solutions

*Integrated approach: Potentially more optimized and cost-effective*

# Integrated Design

- ▶ Team-based (& larger team)
- ▶ Holistic
- ▶ Organic
- ▶ Collaborative



## 1.1

Integrate design approach  
and solutions

*Example*

Interactions among ceiling height & type, air quality, thermal control and daylighting:

- ▶ Higher ceilings and taller windows allow daylight to penetrate deeper into the space, reduce illumination energy and associated loads.
- ▶ Proper shading admits light but controls unwanted solar gain, glare, material emissions.
- ▶ Higher ceilings allow thermal and air pollutant stratification. Displacement ventilation capitalizes on this.
- ▶ Exposed ductwork and elimination of suspended ceilings offset some costs of greater height.
- ▶ Longer lag time associated with thermal stratification may permit further reductions in equipment sizing.



## 1.1

Select HVAC systems to improve IAQ  
and reduce energy impacts of  
ventilation





# 1.3

Select HVAC systems to improve IAQ

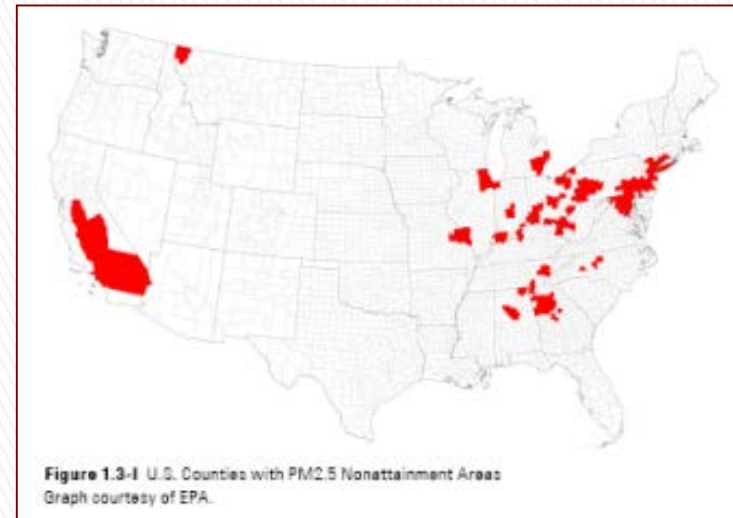
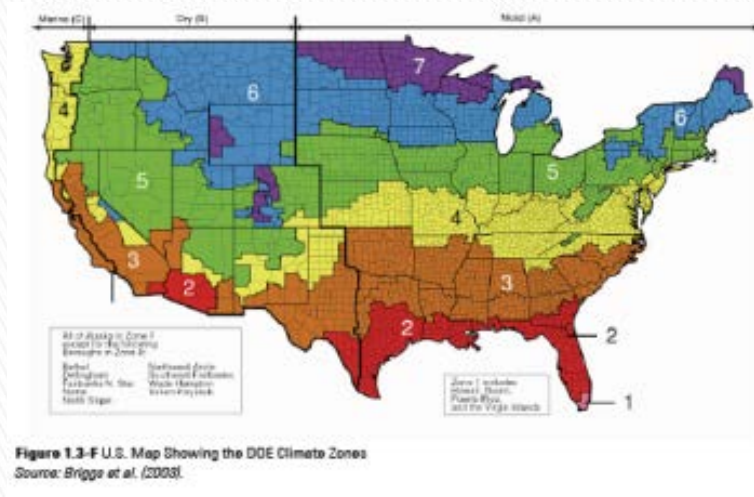
*Regional/local and project-specific  
IAQ issues*

Select HVAC systems to  
improve IAQ  
*Regional/local, project-  
specific IAQ issues*

## 1.3

*Example: Need for positive  
building pressurization and  
HVAC system type*

Table 1.3





## 1.3

Select HVAC systems to  
improve IAQ

*Consider IAQ implications  
of HVAC system options*

## 1.3

# Select HVAC systems to improve IAQ

*Consider IAQ implications of HVAC system options*  
*Example: VAV with reheat*

## VAV System With Reheat – IAQ Considerations:

- Maintaining minimum OA flow when supply air flow decreases
- Different zones need different amounts of OA but AHU provides OA fraction – need to satisfy zone with highest OA requirement
- Heating/cooling costs of high pct OA
- Water piping in ceiling space to serve the reheat coils
- Requires service access for reheat coils and valves, VAV damper actuators and flow sensors
- Relatively simple to understand and maintain





## 1.2

Commission to ensure that  
IAQ requirements are met

*Build quality in from the  
start*

# KEY POINTS

- ▶ Cx is NOT just inspection at the end!!
- ▶ Pre-design
  - Owner's IAQ requirements – risk-based approach to scope and budget
  - Needed specialists
  - Schedule considerations
- ▶ Design
  - IAQ Basis of Design
  - Design review
  - Prep Cx specifications
- ▶ Construction & occupancy
  - Coordination
  - Submittal review
  - Mock-ups
  - Construction observation
  - TAB verification
  - Functional testing
  - Systems manual, O&M training



## 1.2

Commission to ensure that  
IAQ requirements are met

*No quality control...  
no quality*

## Why Commission?

- ▶ No QC, no quality
- ▶ Every building is a prototype
- ▶ Every project has a new team
- ▶ Budget pressures
- ▶ Time pressures

## 1.2

# Why Commission?

### ► Architectural

- Performance specs without construction details
- Diffusion of responsibility among envelope contractors

### ► Mechanical

- Performance specs for the control system
- Controls contractor may not understand HVAC systems

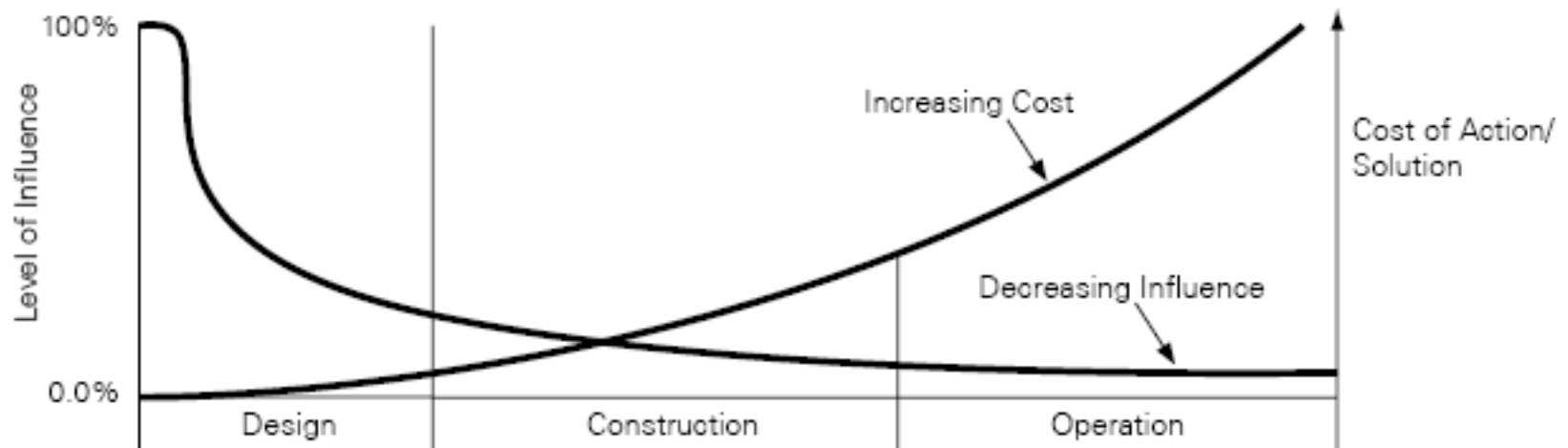
### ► Innovative systems may cause innovative problems

Commission to ensure that IAQ requirements are met

*No quality control...  
no quality*

# Commission to ensure that IAQ requirements are met

*Start in pre-design to maximize impact and minimize cost*



Adapted from CH2M HILL





## 1.2

Commission to ensure that  
IAQ requirements are met

*Pre-design*

- ▶ Identify owner's project requirements for IAQ
  - Risk-based approach, e.g.
    - Moisture
    - *Legionella*
    - OA quantity
    - OA quality
    - Exhaust of contaminants
    - Air distribution
    - HVAC maintenance
    - Innovative systems, e.g. ERV, UFAD
  - Define performance and acceptance criteria
  - Resources:
    - IAQ Guide
    - ASHRAE Guideline 0 Annex J
    - NIBS Guideline 3 Annex J
    - ASHRAE Guideline 1.1 Annex J



## 1.2

Commission to ensure that  
IAQ requirements are met

*Pre-design*

- ▶ Include needed specialists
  - e.g., bldg envelope specialist
- ▶ Integrate Cx for IAQ into schedule
  - Design phase workshop
  - Design review
  - Submittal review
  - Pre-construction meeting
  - Construction and testing of mock-ups
  - Construction observations while assemblies are open
  - TAB verification
  - Functional testing

## 1.2

Commission to ensure that  
IAQ requirements are met

*Design Phase: IAQ Basis of  
Design*

- ▶ Developed by designer
- ▶ “Concepts, calculations, decisions, and product selections used to meet the [OPR] and to satisfy the applicable regulatory requirements, standards, and guidelines”
- ▶ Resources
  - ASHRAE Standard 62.1
  - ASHRAE Guideline 1.1 Annex K
  - NIBS Guideline 3 Annex K
  - IAQ Guide

## 1.2

Commission to ensure  
that IAQ requirements  
are met

*Design Phase: IAQ Basis  
of Design*

*Regional & local outdoor  
air quality (Std 62.1)*



# 1.2

Commission to ensure  
that IAQ requirements are  
met

*Design Phase: IAQ Basis  
of Design – Ventilation  
design criteria and VRP  
Assumptions (Std 62.1)*



Commission to ensure that  
IAQ requirements are met

*Design Phase: IAQ Basis of  
Design*

*VRP Assumptions (Std 62.1):  
Example*

VUV - Typical Classroom (28 VUV's Total)											
zone name	zone ceiling height	zone area A (z)	zone people P (z)	oa rate/ person R (p)	oa rate/ area R (a)	zone cfm V (pz)	cfm per sq ft	a/ch per hour	breathing zone oa V (bz)	air dist. zone eff. E (z)	design zone oa V (oz)
classroom	9	1,000	30	10	0.12	1,250	1.25	8.3	420	0.8	525
totals		1,000	30								525
design results											
system total supply cfm		1,250									
system total OA cfm V (ot)		525	42%								



VUV basis of design courtesy Hallberg Engineering, Inc.  
Photo courtesy Center for Energy & Environment

## 1.2

Commission to ensure that  
IAQ requirements are met

*Design Phase: IAQ Basis of  
Design – Building enclosure  
(NIBS Gdl 3)*

- ▶ Air leakage criteria for walls, windows, curtain walls, storefronts, skylights, doors
- ▶ Water leakage criteria for same plus below-grade systems, slabs on grade
- ▶ Water vapor and condensation requirements for same
- ▶ Thermal performance criteria
- ▶ Site circulation/access (vehicle exhaust issues)
- ▶ Exhausts that may damage roofs
- ▶ Roof drain sizing

## 1.2

Commission to ensure  
that IAQ requirements  
are met

*Design Phase: Design  
review*

- ▶ General quality
- ▶ Coordination:  
constructability, interfaces
- ▶ Discipline-specific review  
for achieving the OPR
- ▶ Spec applicability to project,  
inclusion of Cx  
requirements, submittal  
requirements, consistency  
with OPR and BOD,  
coordination



## 1.2

Commission to ensure  
that IAQ requirements  
are met

*Design Phase: Design  
review*

*Example*

- ▶ Two buildings, 900,000 ft<sup>2</sup>
- ▶ Humid climate
- ▶ Peer review of structural systems showed drift under wind loads would exceed movement tolerances of building enclosure, allowing rainwater intrusion
- ▶ ID during design review avoided significant IAQ problems and repair costs





## 1.2

Commission to ensure that  
IAQ requirements are met

*Design Phase: Cx-specific  
construction process  
requirements*

- ▶ Contractor participation in Cx
- ▶ Submittal requirements for Cx
- ▶ Laboratory testing
- ▶ Mock-ups of exterior assemblies
- ▶ Periodic inspections during construction
- ▶ Documentation of equipment and component performance (checklists)
- ▶ Schedule for witnessing testing
- ▶ Field testing of enclosures
- ▶ TAB verification
- ▶ Functional testing of HVAC&R systems
- ▶ Development and implementation of training that meets user needs
- ▶ Systems manual



## 1.2

Commission to ensure  
that IAQ requirements  
are met

*Construction and  
Occupancy*

- ▶ Coordination
- ▶ Submittal review
- ▶ Mock-ups
- ▶ Construction observation
- ▶ Verification of checklists
- ▶ TAB verification
- ▶ Functional testing
- ▶ Systems manual, O&M training meeting user needs



## 1.2

- ▶ Drain pan drains?
  - No, even though double-sloped, because AHU is not level; “Too late now...”
  - Should be caught during checklisting

Commission to ensure that IAQ requirements are met

*Checklists*



## 1.2 Commission to ensure that IAQ requirements are met: *TAB verification*

***Classroom unit ventilator air flows before (blue) and after (yellow) commissioning***

Design flow





# 1.2

- ▶ 229-room expansion of hotel in Florida
- ▶ OPR: moisture-free
- ▶ Sliding glass door unit failed initial water spray testing and second round after modifications by Cx, design and construction team
- ▶ After modifications by manufacturer and implementation of a checklist procedure, all doors tested passed

Commission to ensure that  
IAQ requirements are met

*Enclosure functional tests*

*Example*



Photo courtesy Dave MacPhaul, copyright CH2M  
HILL

# 1.2

Commission to ensure  
that IAQ requirements  
are met

*Enclosure functional  
tests*

*Example*



Photos courtesy Dave MacPhaul, copyright CH2M  
HILL

## 1.2

Commission to ensure that  
IAQ requirements are met

*Enclosure functional tests*

*Example*

## Was it worth all that testing?

- ▶ Six months after the hotel expansion opened, Hurricanes Charley, Frances and Jeanne struck. Top wind speeds over 90 mph ( $\sim 40$  m/s) and rain totaling over 14 in. ( $\sim 356$  mm).
- ▶ Older portions of this hotel and other properties in the area suffered severe water and wind damage.
- ▶ This new hotel expansion did not experience any identified water intrusion.
- ▶ The expansion had hundreds of sliding glass doors, so failure of this component could have been catastrophic.



## 1.2

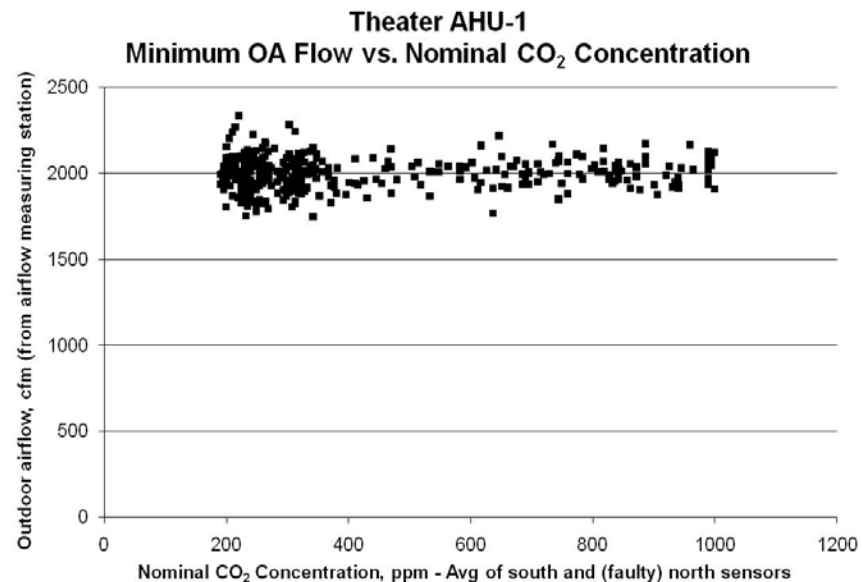
Commission to ensure  
that IAQ requirements  
are met

*Ventilation functional  
tests*

*Example*

# Demand-controlled ventilation of a theater

- ▶ Design ventilation rate 7200 cfm, reset 2000 – 7200 to keep CO<sub>2</sub> below 900 ppm
- ▶ Actual flow never went above 2000 cfm (BAS trending)



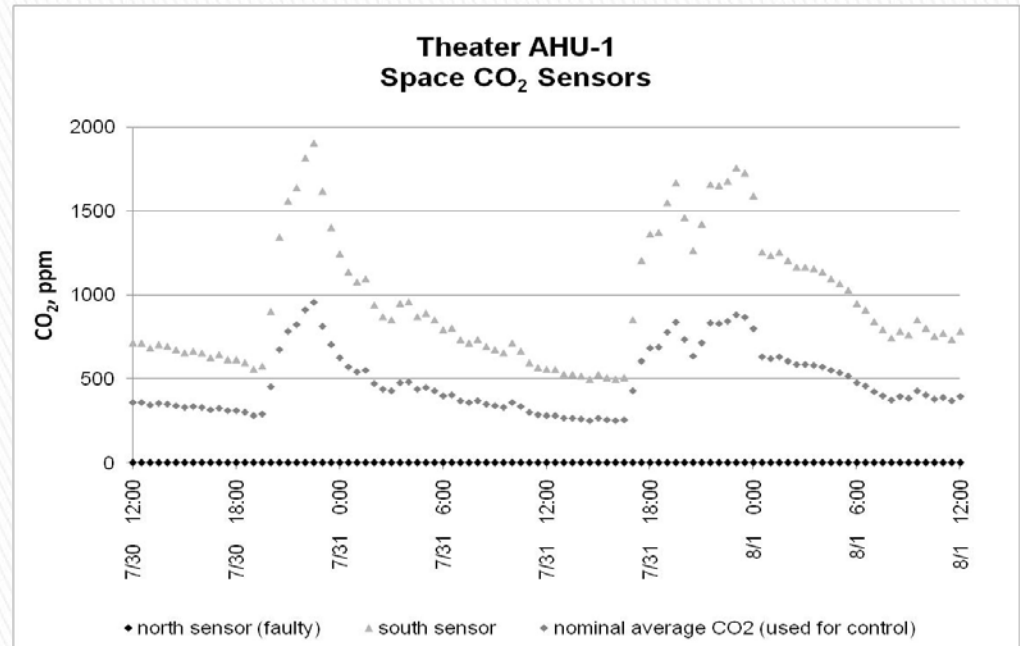
## 1.2

Commission  
to ensure  
that IAQ  
requirements  
are met

*Ventilation functional tests  
Example: sensor calibration,  
programming problems*

## *Stuffy, anyone?*

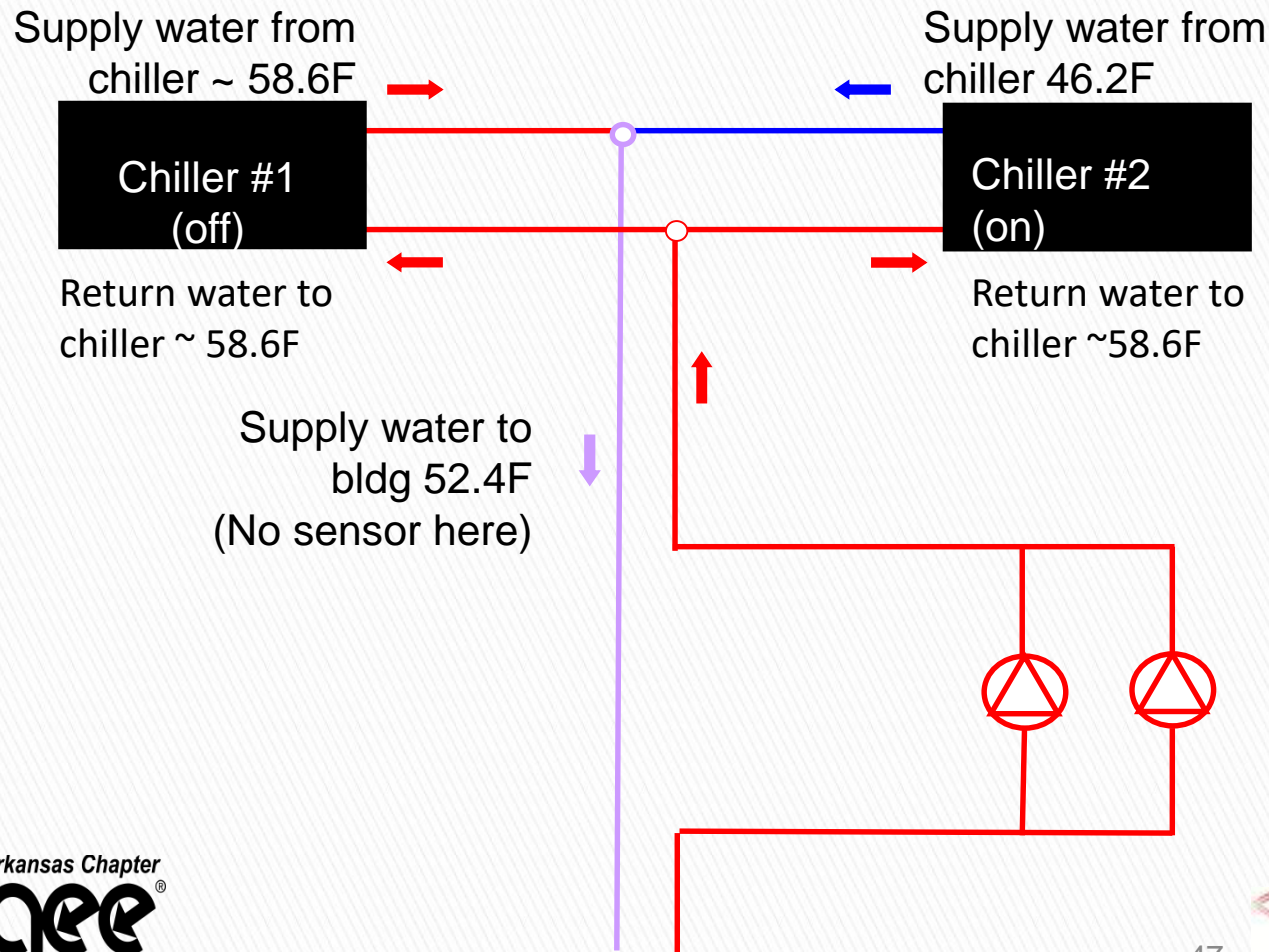
- ▶ Programmed reset 2000 cfm at 1000 ppm CO<sub>2</sub> to 3000 cfm at 1500 ppm
- ▶ One of two CO<sub>2</sub> sensors read 4 ppm all the time so “average” CO<sub>2</sub> 50% low
- ▶ AFMS read 1100 cfm with fan off





## 1.2

Commission to ensure that IAQ requirements are met: *HVAC functional tests for IAQ – not just ventilation*



- No isolation of inactive chiller
- High CHW supply temp
- Higher air flow and energy use
- High AHU DAT, high space humidity

# OBJECTIVE 2. Control Moisture in Building Assemblies

# Control Moisture in Building Assemblies

- ▶ Limit penetration of liquid water (2.1)
- ▶ Limit condensation of water vapor within the building enclosure (2.2)
- ▶ Maintain proper building pressurization (2.3)
- ▶ Control indoor humidity (2.4)
- ▶ Select suitable materials/equipment/assemblies for areas that are unavoidably wet (2.5)
- ▶ Consider impacts of landscaping and indoor plants (2.6)

## 2.1

Limit penetration  
of liquid water

# KEY POINTS

## ► Design

- Continuous drainage plane
- Capillary breaks
- Site drainage
- Contract documents

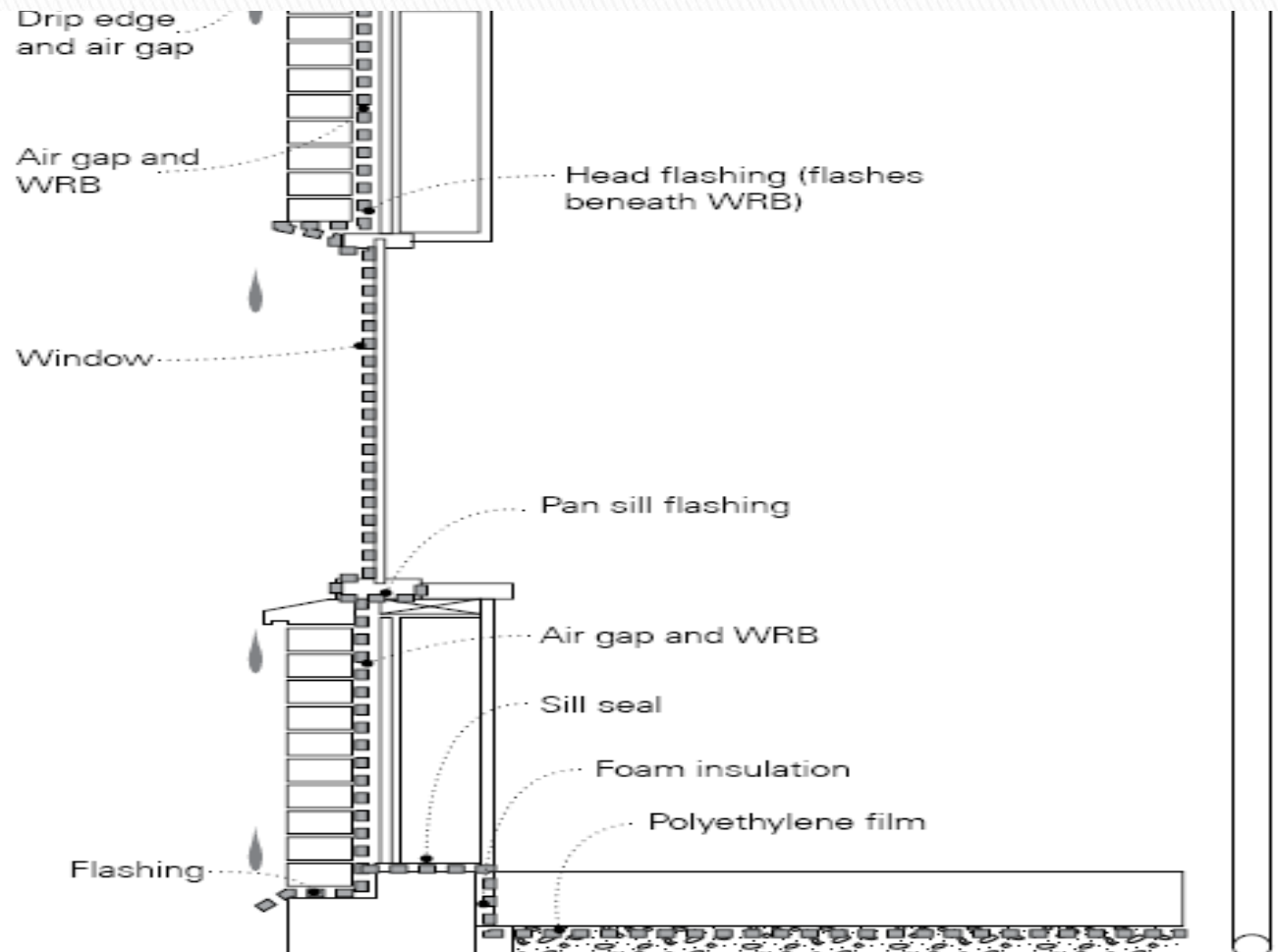
## ► Quality control

- Pen test
- Submittals/shop drawings
- Water penetration testing
- Construction observation

## 2.1

Limit  
penetration  
of liquid  
water

*Continuous  
drainage  
plane*

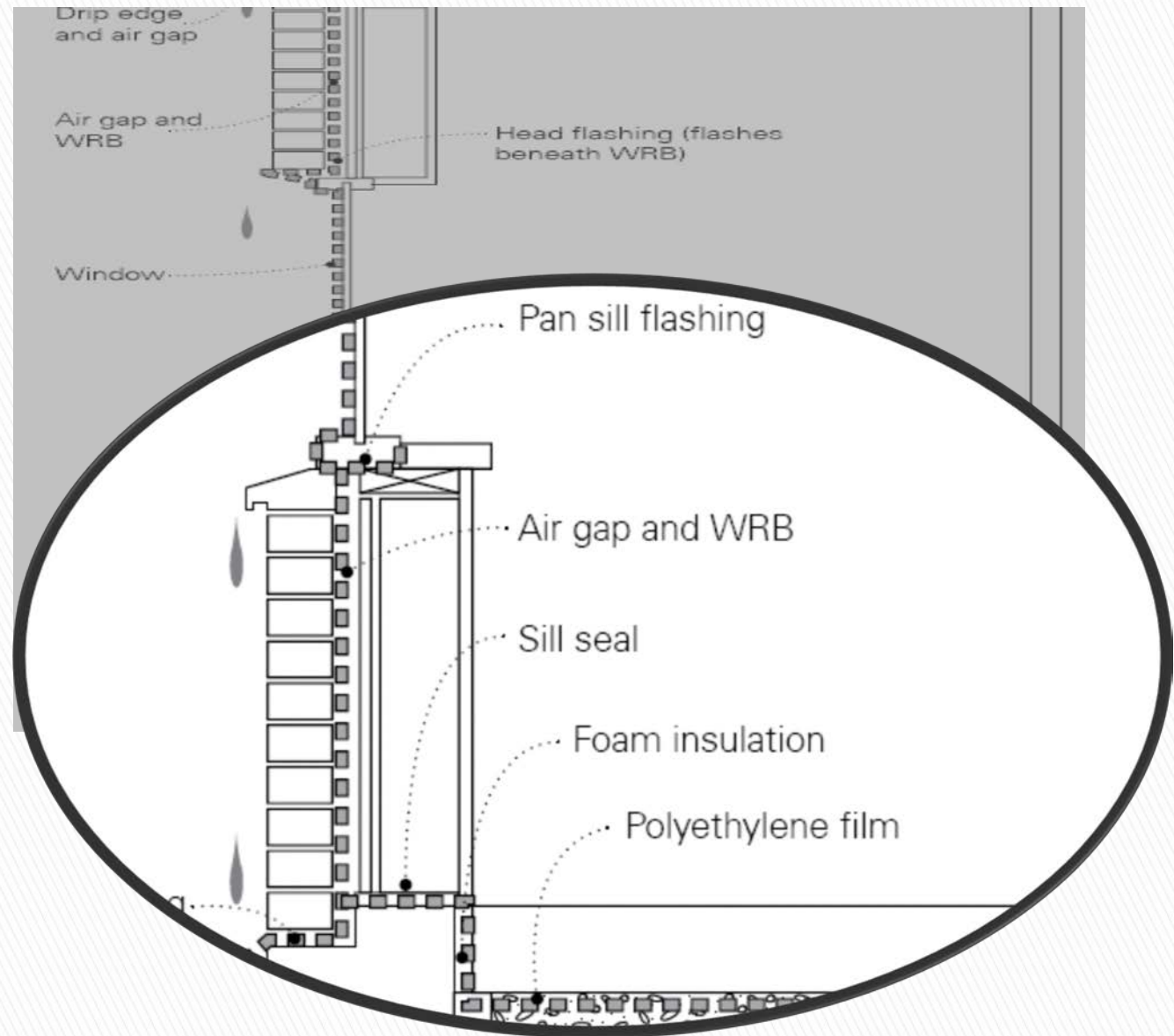




## 2.1

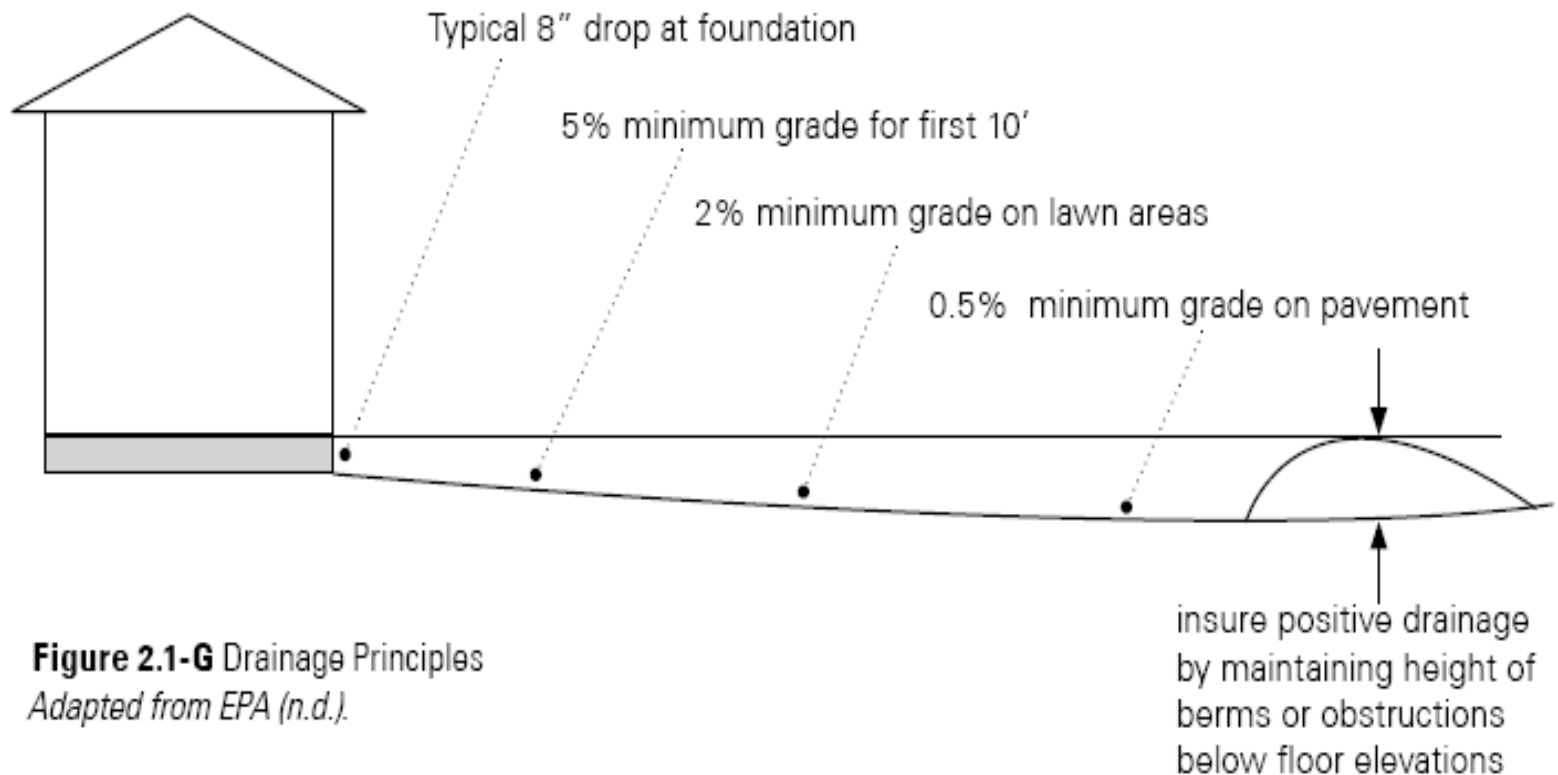
Limit penetration  
of liquid water

*Capillary  
breaks*



## 2.1

### Limit penetration of liquid water *Site drainage*



**Figure 2.1-G** Drainage Principles  
*Adapted from EPA (n.d.).*

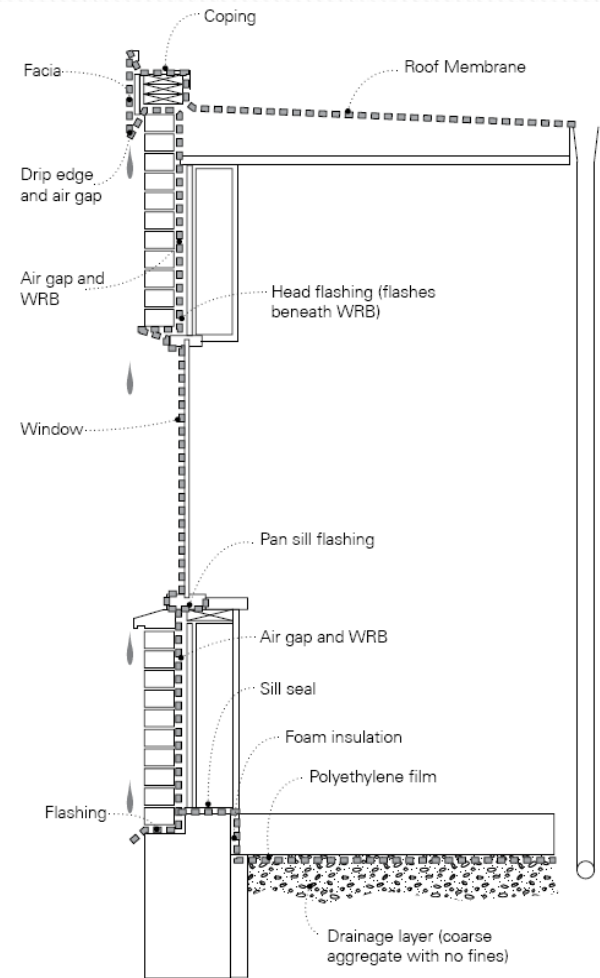
## 2.1

- ▶ Provide all necessary sectional and detail drawings, including 3D

Limit  
penetration  
of liquid  
water

*Contract  
documents*

- ▶ Use pen test to verify continuous drainage plane



**Figure 2.1-Z** Typical Pen Test for Proving that Rainwater Barrier is Continuous  
*Adapted from EPA (n.d.).*



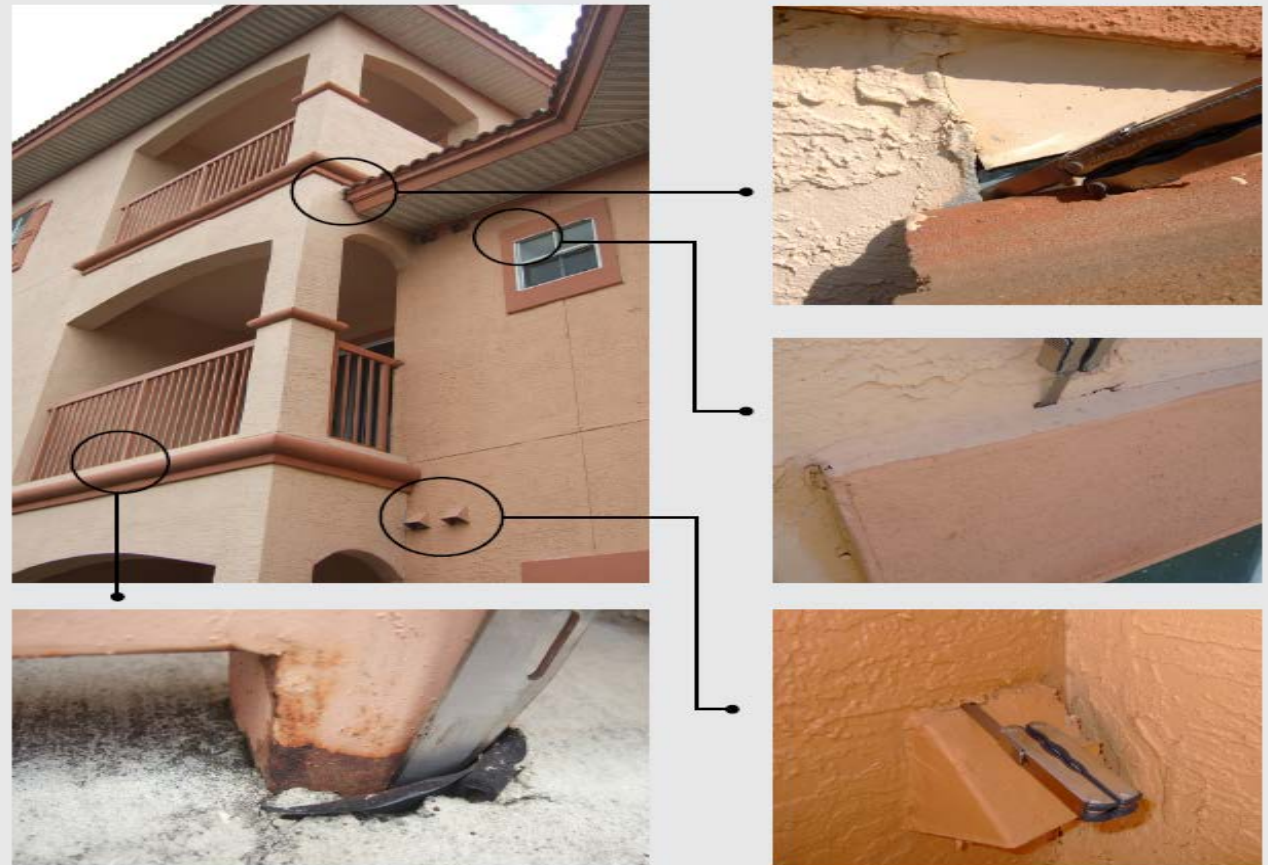
## 2.1

Limit  
penetration of  
liquid water

*Case study:  
Multifamily  
complex*

*Remediation  
cost: \$2M*

### Water Intrusion in a Multi-Family Complex



**Figure 2.1-A** Points of Water Entry into the Building Envelope

Photos copyright Liberty Building Forensics Group<sup>®</sup>

# Limit penetration of liquid water

## *Case study: Multifamily complex*

### *Improper roof flashing detail*

How do you avoid this?

- 3D details
- Pen test
- Construction observation



Photo copyright Liberty Building Forensics Group ®



# Limit penetration of liquid water

## *Case study: Multifamily complex*

### *Improper window flashing*

How do you avoid this?

- 3D details
- Pen test
- Construction observation



Photo copyright Liberty Building Forensics Group ®

## 2.1

Limit penetration of liquid water

*Window flashing:  
Detailed info in Guide*

## 2.1

Limit penetration of  
liquid water

*Case Study:  
Church, church  
offices, daycare*

# Mold, moisture and IAQ problems:

- ▶ Pastor symptoms: pastors' offices moved to a different building
- ▶ Parishioner symptoms: signage warning sensitive people of mold problems
- ▶ Daycare in building, concerns about effects on students



## 2.1

Limit penetration of liquid water

*Case Study:  
Church, church offices,  
daycare*

*Incomplete drainage plane*



Drainage space behind face brick filled with mortar in many areas



Missing flashing, missing weep holes in some areas

Photos courtesy Center for Energy & Environment



## 2.1

Limit  
penetration of  
liquid water

*Case Study:  
Church, church  
offices, daycare*

*Other problems*

- ▶ Non-continuous air barrier allows mold in walls to move into building
- ▶ Offices and daycare served by residential furnaces and window AC – no ventilation
- ▶ Worship space ventilated only 7 hrs/wk (Sunday a.m.)

## 2.2

Limit  
condensation  
within the  
building  
enclosure

# KEY POINTS

## ► Design

- Air barrier system
- Control of convection
- Vapor retarder
- Fenestration condensation resistance factor (CFR)
- Below-grade slabs/walls
- Thermal bridging
- Construction documents

## 2.2

Limit  
condensation  
within the  
building  
enclosure

# KEY POINTS

- ▶ Quality Control
  - Air barrier pen test
  - Submittals/shop drawings
  - Pre-construction meetings
  - Mock-ups
  - Qualitative inspections
  - Testing and verification



## 2.2

Limit condensation

### *Air barrier system*

*Air movement can transport  
hundreds of times more  
moisture than diffusion*

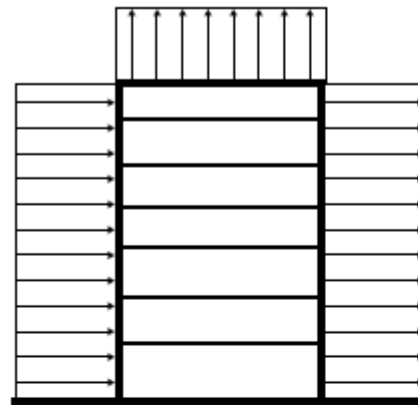
## Types of leaks



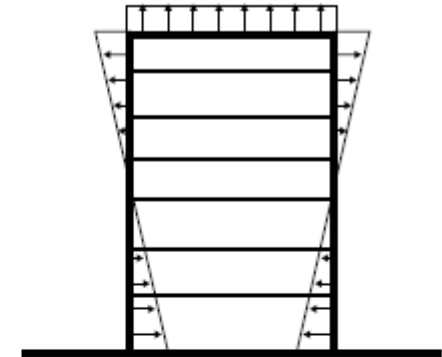
Limit condensation

# *Air barrier system:*

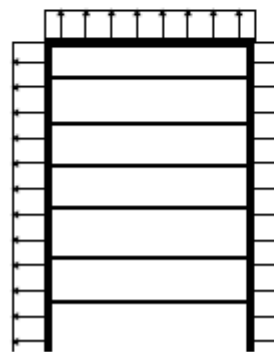
*Driving forces for air flow*



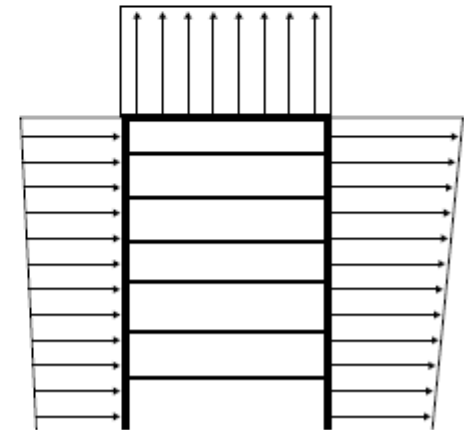
Wind Effect



Stack Effect



HVAC Effect

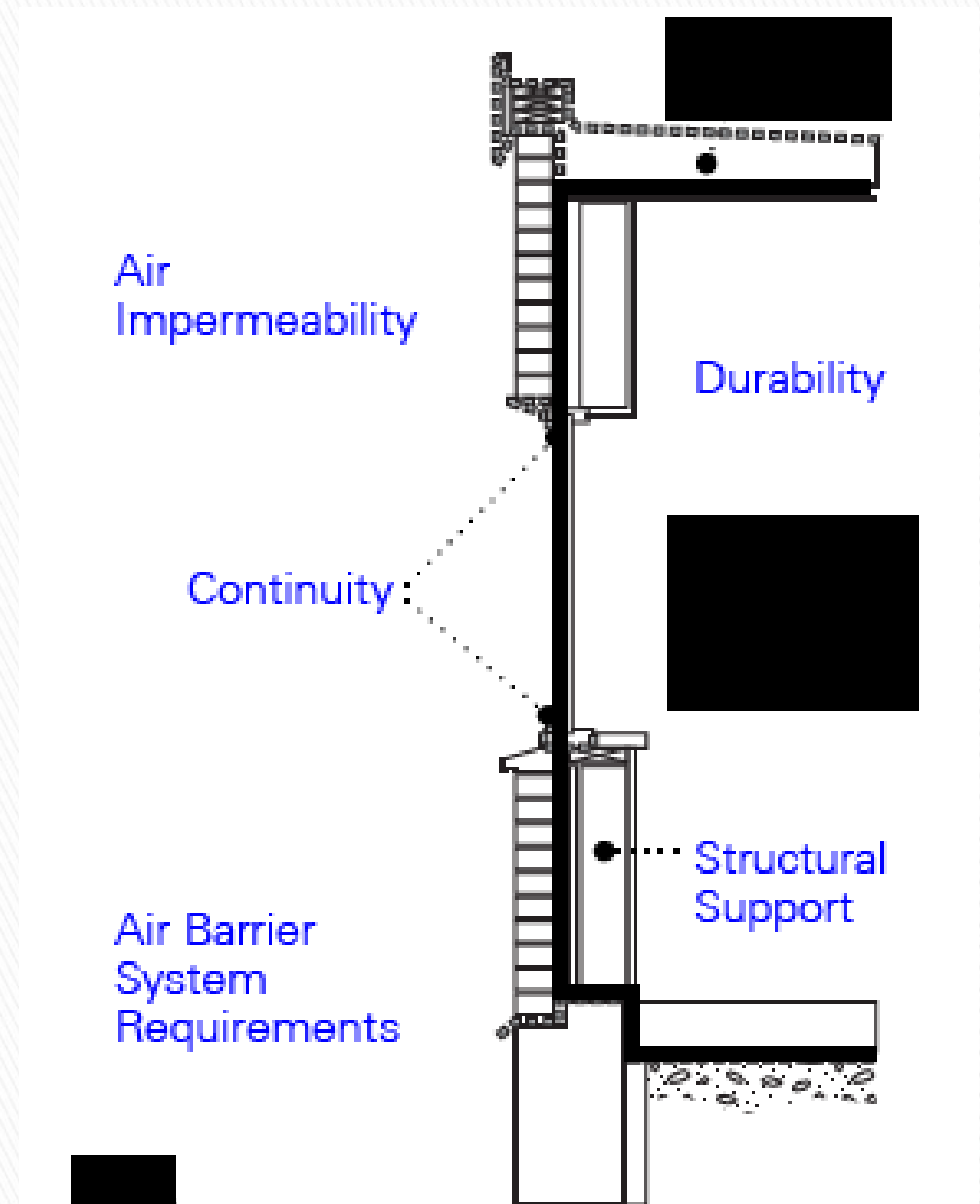


Combined Effect

## 2.2

Limit condensation

### *Air barrier system: Requirements*



## 2.2

Limit condensation

### *Air barrier system:*

*Continuity*

Also seal all penetrations



Peel-and-stick trim work

Liquid-applied air barrier





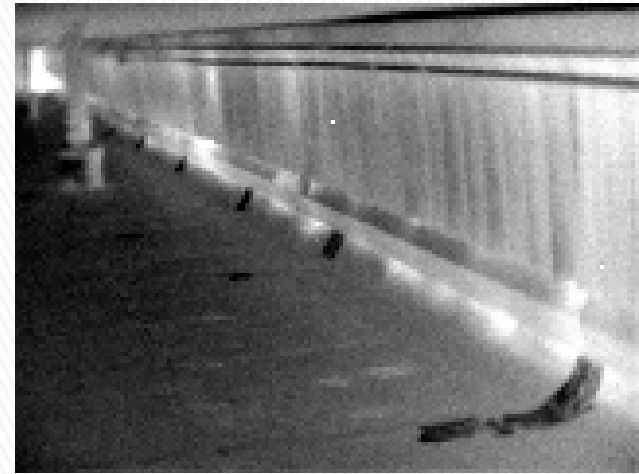
## 2.2

Limit condensation

### *Air barrier system:*

*Continuity*

Airtight parapet?  
Not so much...



Photos courtesy Center for Energy & Environment



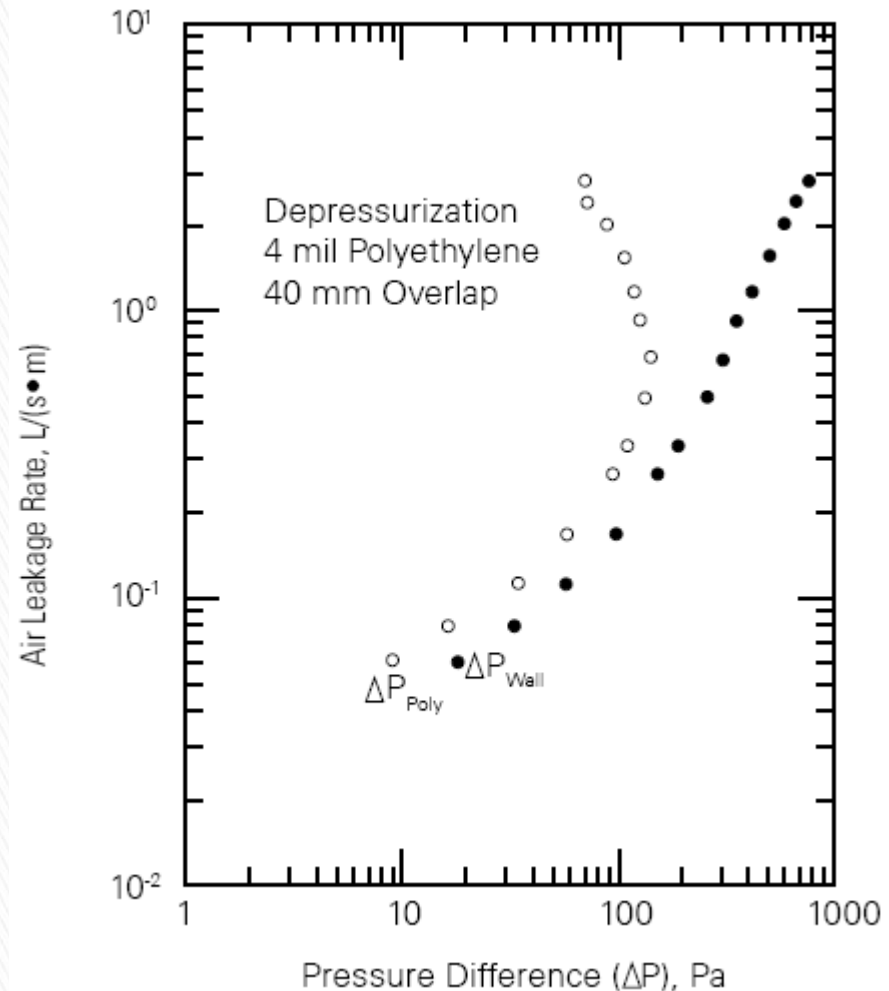
## 2.2

Limit condensation

*Air barrier  
system:*

*Structural support*

Unsupported  
materials can  
“pump” moisture  
or rupture



Adapted from Shaw 1985

## 2.2

Limit  
condensation

# *Air barrier system*

*Flexibility*



Foam sealant  
between  
insulation  
sheathing  
boards

Peel-and-stick  
tape on primed  
insulation  
sheathing  
boards



Photos courtesy of Wagdy Anis.



## 2.2

Limit condensation

### *Air barrier system:*

*Durability*

For the life of the structure, or accessible for maintenance



No duct tape on curtain wall insulation!

## 2.2

Limit  
condensation

### *Air barrier system:*

*Placement*

- ▶ The air barrier can be placed anywhere:
  - If placed on the warm-humid side, it can control diffusion; too if it is a low perm vapor barrier material: *air and vapor barrier*
  - If placed on the cool drier side, it should be vapor permeable ( $\geq 5$  to 10 perms)
- ▶ See IAQ Guide for link to numerous free details

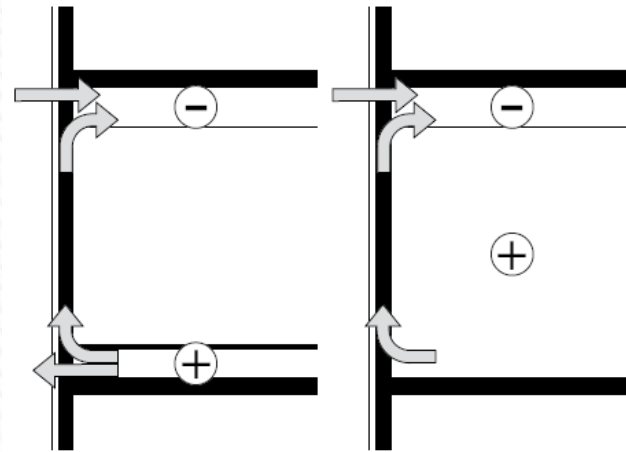


## 2.2

Limit  
condensation

*Air barrier  
system:  
More*

- ▶ A mechanically fastened and ballasted roof is not an air barrier
- ▶ Disconnect HVAC plenums from the enclosure



- ▶ Air sealing foundation walls and slab reduces radon and vapor intrusion



## 2.2

Limit condensation

*Air barrier  
system:*

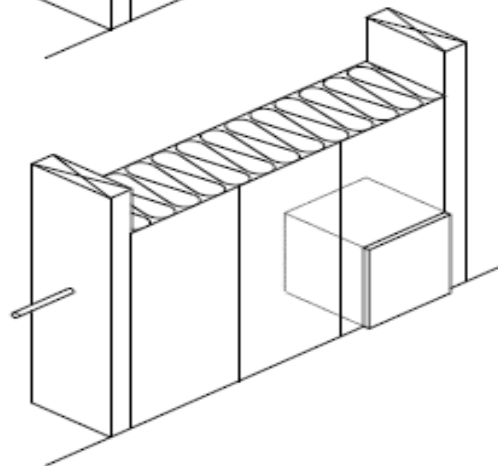
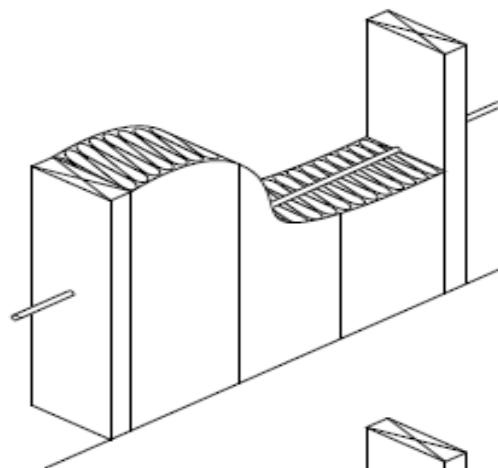
*Quality control*

- ▶ Air barrier pen test
- ▶ Submittals/shop drawings
- ▶ Pre-construction meetings
- ▶ Build and test mock-ups  
esp. for complex/unusual  
details
- ▶ Qualitative observations
  - Site and substrate
  - Air barrier application
  - Tests with smoke, IR, etc.
- ▶ Construction verification
  - Assemblies
  - Whole building

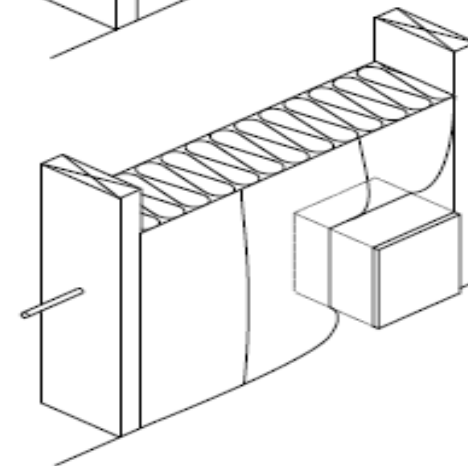
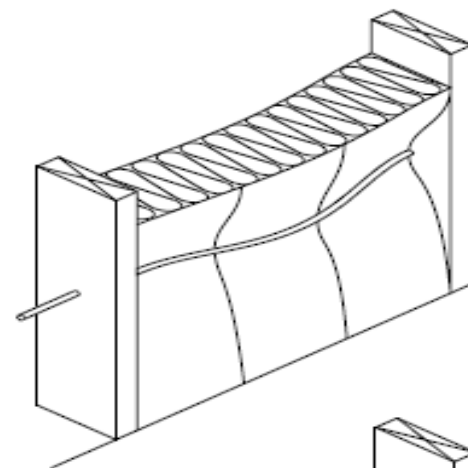
## 2.2

Limit condensation

*Control of  
convection*



Proper Installation



Improper Installation



## 2.2

Limit condensation

### *Control of convection*



Bad: Gaps between and behind

Good:  
Embedded  
in mastic  
with sealed  
joints



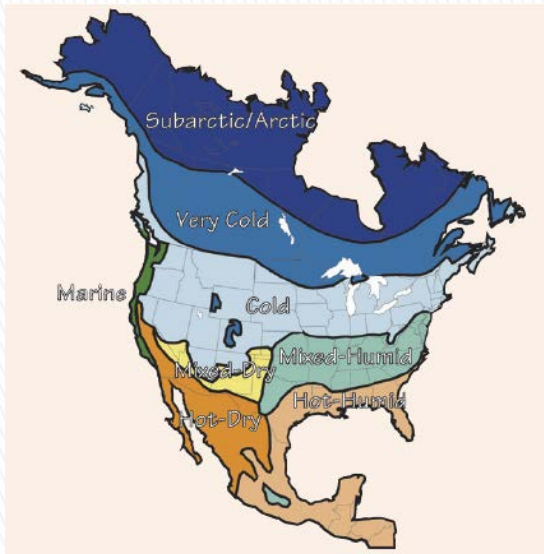
Photos courtesy of Wagdy Anis



## 2.2

Limit condensation

### *Vapor retarders*

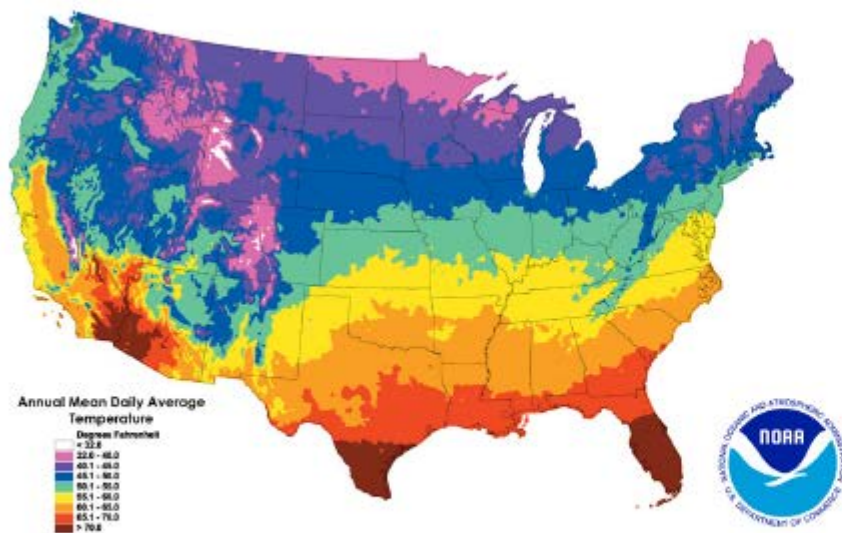


- ▶ Use vapor control measures appropriate to the climate
- ▶ Avoid v-barriers where v-retarders are satisfactory
- ▶ Avoid v-retarders where v-permeable materials are satisfactory
- ▶ Don't put v-barriers on both sides of assemblies
- ▶ Don't use v-barriers and vinyl wall coverings on the interior of air-conditioned assemblies

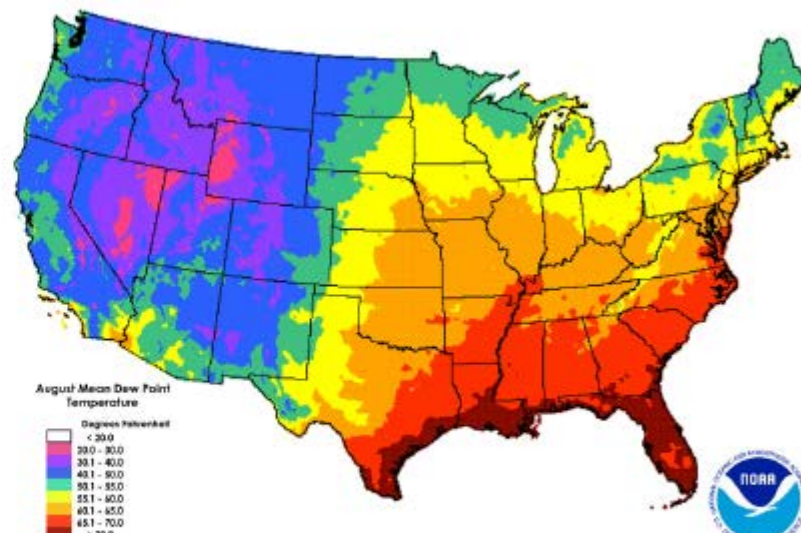
## 2.2

# Limit condensation

## *Below-grade slabs and walls*



**Figure 2.2-A** Average Mean Daily Temperatures  
Image courtesy of National Climatic Data Center.



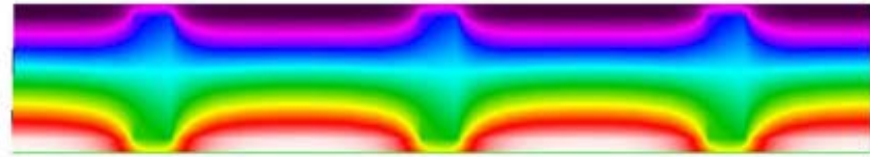
**Figure 2.2-B** Mean Dew-Point Temperatures for August  
Image courtesy of National Climatic Data Center.

- ▶ If August dewpoint  $T >$  Annual average  $T$ , condensation on below-grade walls is likely

## 2.2

Limit condensation

### *Thermal bridging*





## 2.3

Maintain  
proper  
building  
pressurization

# KEY POINTS

- ▶ Pressure differences move moisture and contaminants through building envelope
- ▶ Driving forces: stack effect, wind, mechanical
- ▶ Pressure differences are not the same over the entire envelope
- ▶ Envelope leakage is significant and affects the excess of supply over exhaust needed for positive pressurization





## 2.3

Maintain proper  
building  
pressurization

*Applications  
needing positive  
pressurization*

- ▶ Mechanically cooled buildings in hot humid climates
- ▶ Low-temperature buildings or spaces; e.g., refrigerated warehouses, ice arenas
- ▶ Buildings in areas with poor outdoor air quality



## 2.3

Maintain proper  
building  
pressurization

*Applications  
needing negative  
or neutral  
pressure*

- ▶ Humidified buildings or spaces in cold climates; e.g. natatoriums, indoor gardens, kitchens, hospitals, museums, musical instrument storage
- ▶ Other buildings in cold climates



## 2.3

Maintain proper  
building  
pressurization

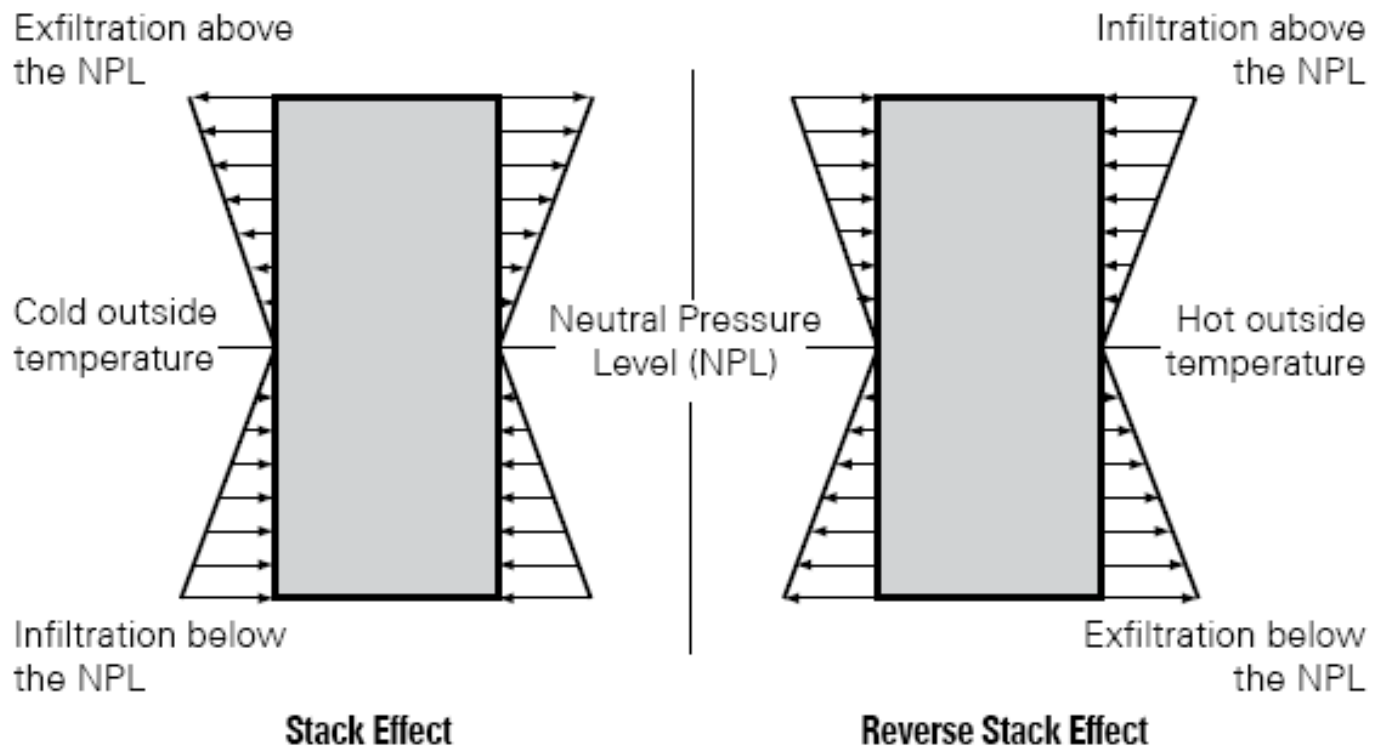
*Driving forces for  
infiltration,  
exfiltration*

- ▶ Stack effect
- ▶ Wind effect
  - In on the windward side, out on the leeward side
- ▶ Mechanical effect
  - Exhaust-only ventilation
  - Return plenums
  - Supply plenums (UFAD)
  - Intentionally depressurized (labs) or pressurized (OR's) areas
  - Balancing problems

## 2.3

# Maintain proper building pressurization

## *Stack effect*



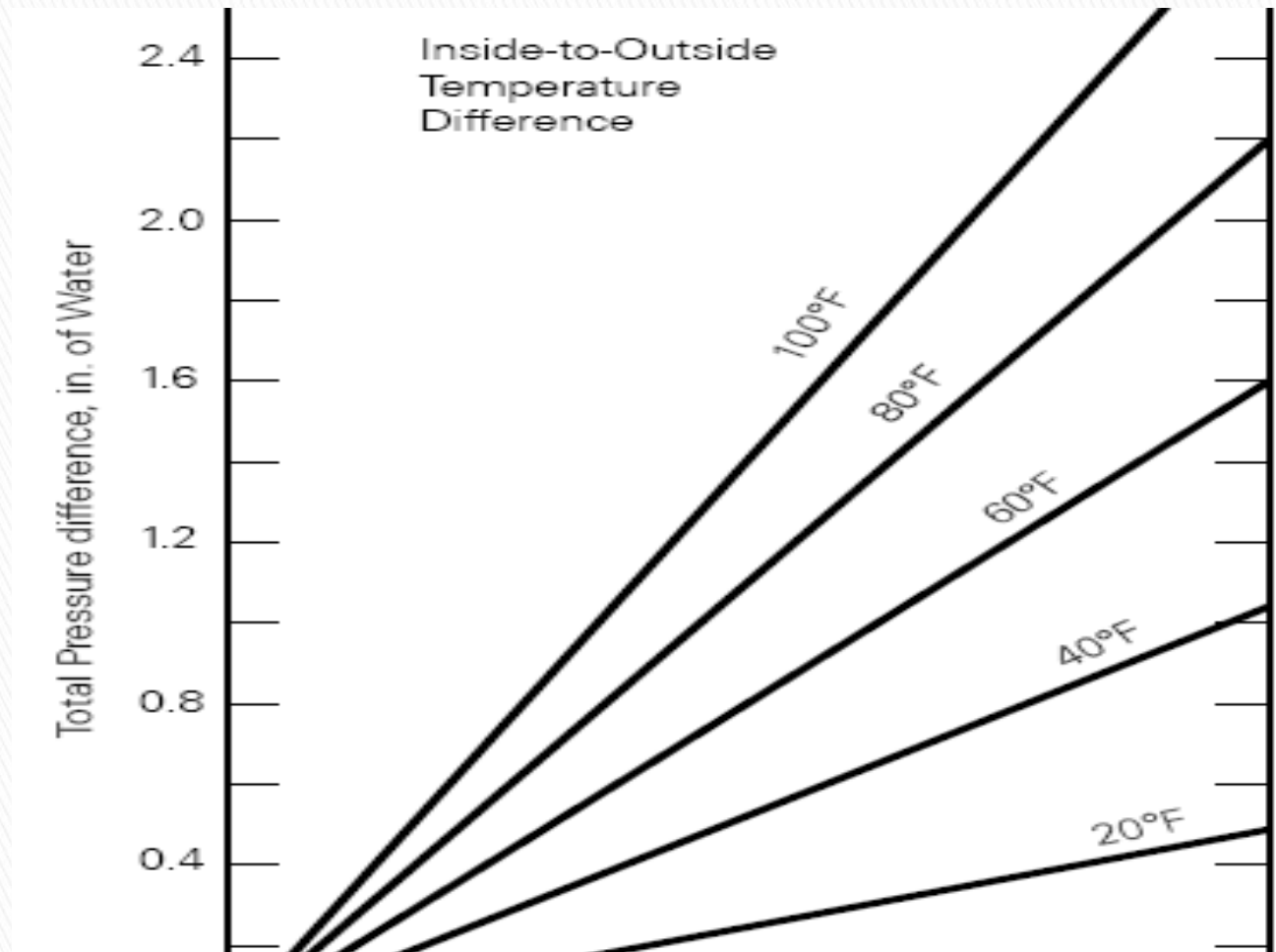
Adapted from Ross, 2004



## 2.3

Maintain  
proper  
building  
pressurization

*Stack effect –  
total pressure  
difference*

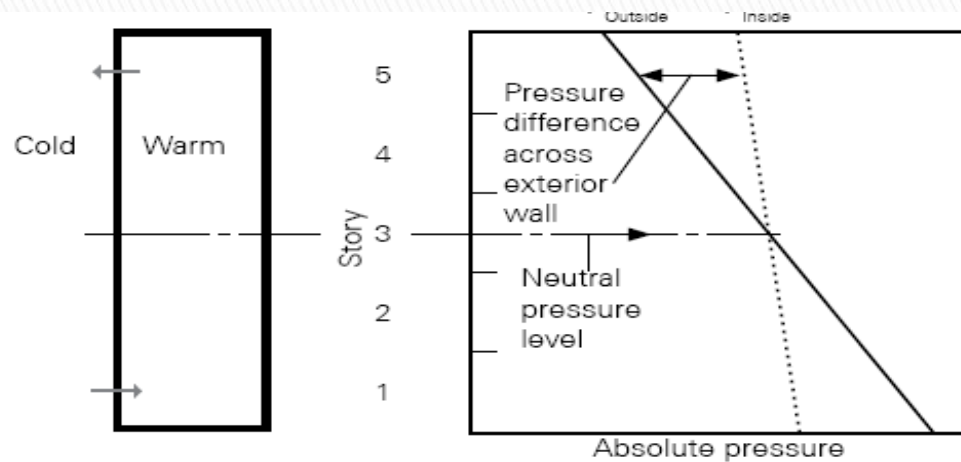


Adapted from  
Wilson & Tamura  
1968)

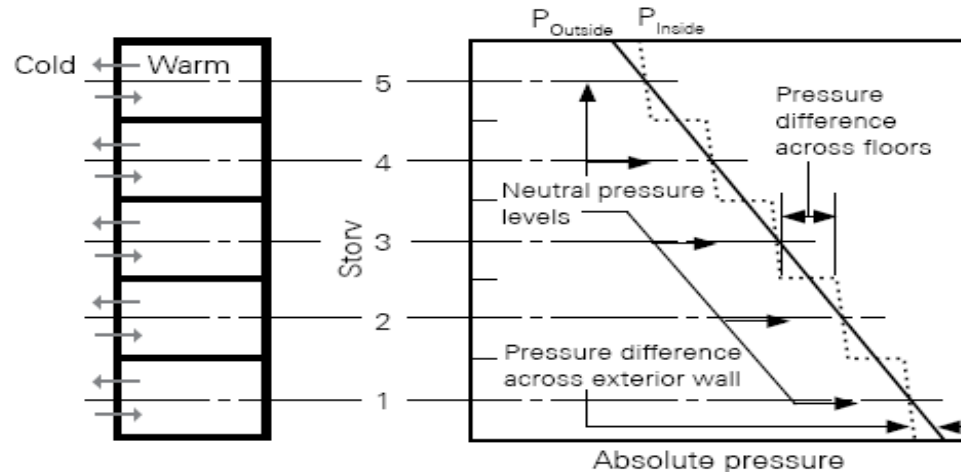
## 2.3

Maintain proper  
building  
pressurization

*Compartment  
alization (or  
lack thereof)*



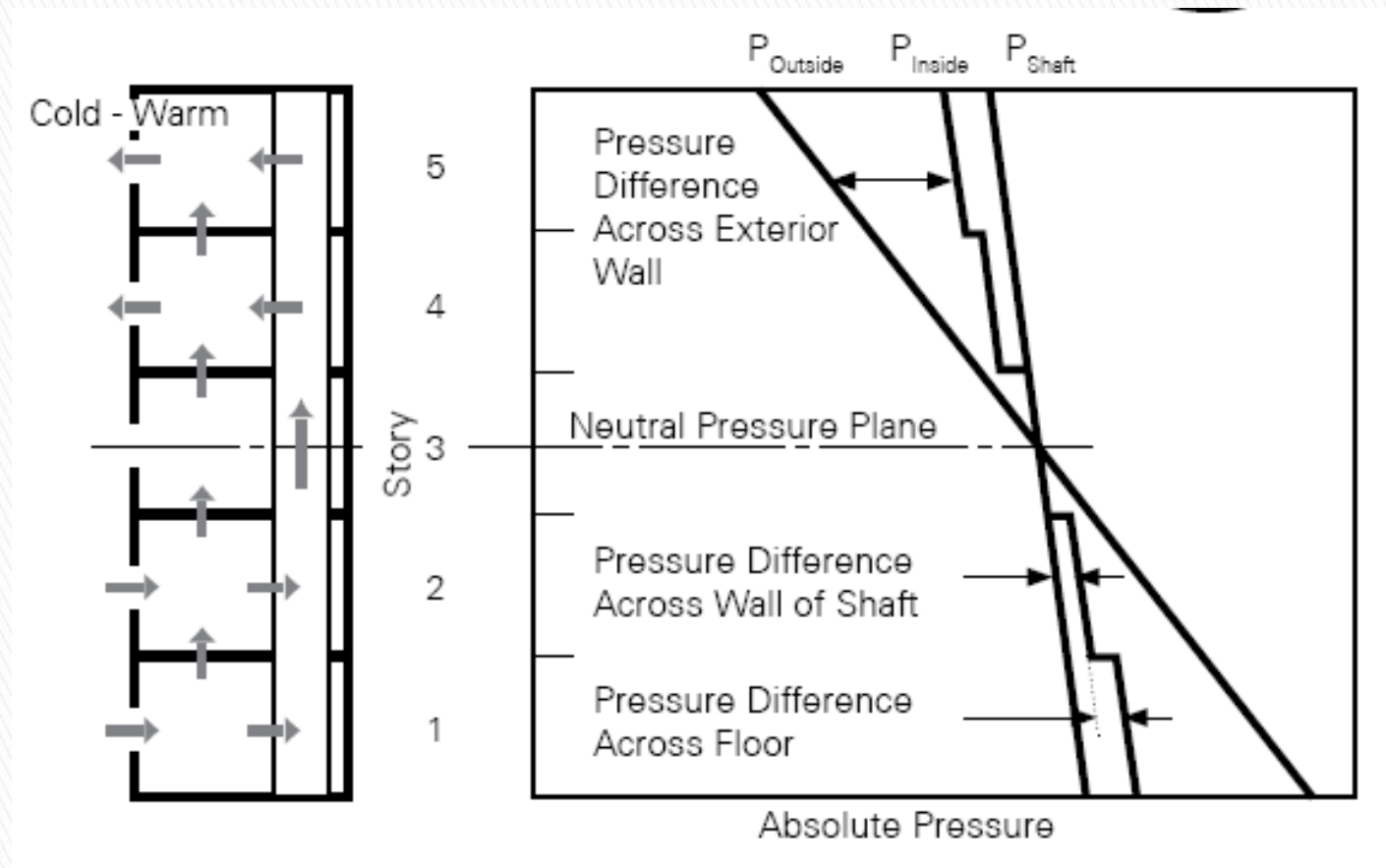
**A. Building with no Internal Partition**



Adapted from  
ASHRAE 2009

## 2.3

# Maintain proper building pressurization *Typical real building*



Adapted from Wilson & Tamura 1968

## 2.3

- ▶ Return plenum negatively pressurized with respect to outdoors



Photo courtesy Wagdy Anis



## 2.3

Maintain proper  
building  
pressurization

*Exhaust only  
ventilation of a  
hotel in hot  
humid climate*

- ▶ Vinyl wall covering
- ▶ 6 air changes/hr via toilet exhaust
- ▶ \$5.5M damage before opening





## 2.3

Maintain proper  
building  
pressurization

*Solutions*

- ▶ Building height & orientation
- ▶ Building layout
  - Keep negatively pressurized spaces in the interior in humid climates
- ▶ Envelope air sealing
- ▶ Compartmentalization
  - Multi-story atria (not)
  - Vestibules, revolving doors
  - Air barriers between floors



## 2.3

Maintain proper  
building  
pressurization

### *Solutions*

- ▶ Mechanical system selection, sizing and control
  - Separate AHUs for atria, floors
  - Judicious plenum use/design
  - Avoiding exhaust-only ventilation
  - Direct delivery of OA to exterior zones
  - Sufficient OA capacity for pressurization
  - Building static pressure control

# Objective 3. Limit Entry of Outdoor Contaminants





# Limit Entry of Outdoor Contaminants

- ▶ Evaluate regional and local outdoor air quality (3.1)
- ▶ Locate OA intakes to minimize introduction of contaminants (3.2)
- ▶ Control entry and radon (3.3) and intrusion of vapors from subsurface contaminants (3.4)
- ▶ Provide effective track-off systems (3.5)
- ▶ Design and build to exclude pests (3.6)

## 3.1

Investigate  
regional and  
local outdoor  
air quality

## KEY POINTS

- ▶ Regional pollutants
  - National Ambient Air Quality Standards
- ▶ Local pollutants
- ▶ Documentation
  - Required by ANSI/ASHRAE Standard 62.1–2007
- ▶ Training

## 3.1

Investigate regional and local outdoor air quality

*ANSI/ASHRAE Standard  
62.1–2007 requirements  
(partial)*

### 4. OUTDOOR AIR QUALITY

Outdoor air quality shall be investigated in accordance with Sections 4.1 and 4.2 prior to completion of ventilation system design. The results of this investigation shall be documented in accordance with Section 4.3.

**4.1 Regional Air Quality.** The status of compliance with national ambient air quality standards shall be determined for the geographic area of the building site. In the United States, compliance status shall be either in “attainment” or “non-attainment” with the National Ambient Air Quality Standards (NAAQS)<sup>1</sup> for each pollutant shown in Table 4-1. In the United States, areas with no EPA compliance status designation shall be considered “attainment” areas.

**4.2 Local Air Quality.** An observational survey of the building site and its immediate surroundings shall be conducted during hours the building is expected to be normally occupied to identify local contaminants from surrounding facilities that may be of concern if allowed to enter the building.

**4.3 Documentation.** Documentation of the outdoor air quality investigation shall be reviewed with building owners or their representative and shall include the following:

1. Regional air quality compliance status.

*Note:* Regional outdoor air quality compliance status for

## 3.1

Investigate regional and local outdoor air quality

*National Ambient Air  
Quality Standards  
(NAAQS)*

- ▶ U.S. EPA Green Book
  - ▶ <http://www.epa.gov/air/oaqps/greenbk>
- ▶ NAAQS particles
  - PM<sub>10</sub>
  - PM<sub>2.5</sub>
  - Lead
- ▶ NAAQS gases
  - Ozone (O<sub>3</sub>)
  - Nitrogen dioxide (NO<sub>2</sub>)
  - Sulfur dioxide (SO<sub>2</sub>)
  - Carbon monoxide (CO)



# Investigate Regional and Local Outdoor Air Quality *NAAQS – EPA Green Book*

The screenshot shows a web browser window titled "The Green Book Nonattainment Areas | Green Book | US EPA - Windows Internet Explorer". The address bar shows the URL "http://www.epa.gov/air/oaqps/greenbk/". The browser's toolbar includes various icons for search, share, and navigation. The website header features the U.S. Environmental Protection Agency logo and the text "U.S. ENVIRONMENTAL PROTECTION AGENCY". Below the header, the page is titled "Green Book" and includes a search bar with the text "Search: All EPA This Area" and a "Go" button. The main content area is titled "The Green Book Nonattainment Areas for Criteria Pollutants" and contains the following text: "Questions concerning the status of nonattainment areas, their classification and EPA policy should be directed to the appropriate [Regional Office](#). EPA [Headquarters](#) should be contacted only when the Regional Office is unable to answer a question." Below this, it states: "Areas of the country where air pollution levels persistently exceed the national ambient air quality [standards](#) may be designated 'nonattainment.' To view a list of areas designated nonattainment, select one of the pollutants below:" followed by a list of links: [1-Hour Ozone](#), [8-Hour Ozone \(1997 Standard\)](#), [Carbon Monoxide](#), [Nitrogen Dioxide](#), [Sulfur Dioxide](#), [Particulate Matter PM-10](#), [Particulate Matter PM-2.5 \(2006 Standard\)](#), [Particulate Matter PM-2.5 \(1997 Standard\)](#), [Lead](#), and [All Criteria Pollutants](#). To the left of the main content, there is a sidebar with the EPA logo and a list of "Nonattainment Areas" including "1-Hour Ozone", "8-Hour Ozone (1997)", "Carbon Monoxide", "Nitrogen Dioxide", "Sulfur Dioxide", "PM-10", "PM-2.5 (2006)", "PM-2.5 (1997)", and "Lead". Below this list are links for "Standards Review" and "Basic Info". To the right of the main content, there is a "What's New" section titled "Newly Designated PM-2.5 Areas for the 2006 Standard" which states: "New PM-2.5 (2006) areas were designated, effective December 14, 2009." It also mentions that GIS area shapefile and external data file downloads for 8-hour Ozone and PM-2.5 are available from the 8-hour Ozone, 1997 PM-2.5, and 2006 PM-2.5 pages under "Area Maps" or by clicking here. At the bottom of the page, there is a footer with the text: "If you have questions for State or Local Air Pollution Agencies contact: The National Association of Clean Air Agencies (formerly State and Local Air Councils)".

**NOTE: Attainment status changes annually.**

# Investigate Regional and Local Outdoor Air Quality *NAAQS - EPA Green Book*

The screenshot shows a Windows Internet Explorer browser window displaying the EPA Green Book website. The address bar shows the URL <http://www.epa.gov/oaqps/greenbk/o8index.html>. The page title is "8-Hour Ozone Information (1997 Standard) | Green Book | US EPA". The website header includes the U.S. Environmental Protection Agency logo and the text "U.S. ENVIRONMENTAL PROTECTION AGENCY". The main content area is titled "8-Hour Ozone Nonattainment Areas (1997 Standard)". It provides detailed information on designations and classifications of 8-hour ozone nonattainment areas. The page includes a sidebar with navigation links such as "Nonattainment Areas", "Standards Review", and "Basic Info". The main content area lists various selection options for nonattainment areas, including "Area Listings", "Area Designation Data", and "Area Maps".

**8-Hour Ozone Nonattainment Areas (1997 Standard)**

This page provides detailed information on [designations](#) and [classifications](#) of [8-hour ozone](#) nonattainment areas.

On June 8, 2007, the United States Court of Appeals vacated the Subpart 1 portion of the Phase 1 Rule ([Court Order](#)). The Subpart 1 areas in the Greenbook are listed as "Former Subpart 1" until the reclassification of the areas is finalized. Proposed reclassifications were published on January 16, 2009 ([74 FR 2936](#)).

**A. Nonattainment Area Selections**

1. Area Listings
  - a. [Areas by Category/Classification](#)
  - b. [Sorted by State/Area/County](#)
  - c. [Sorted by Area/State/County](#)
2. Area Designation Data
  - a. [Air Quality Data, Population, Counties](#)

**B. Maintenance Area Selections (Previously Nonattainment Areas)**

1. Area Listings
  - a. [Classified Areas Sorted by Classification](#)
  - b. [Sorted by State/Area/County](#)
  - c. [Sorted by Area/State/County](#)
2. Area Designation Data
  - a. [Air Quality Data, Population, Counties](#)

**C. Area Maps**

1. National Maps
  - a. [National 8-Hour Ozone County Map of Maintenance and Nonattainment Areas in the U.S.](#)
  - b. [National Map of 8-Hour Ozone Nonattainment Areas](#)
2. State Maps
  - a. [Individual State Maps with 8-Hour Nonattainment Areas](#)
  - b. [Individual State Maps with 8-Hour Maintenance Areas](#)
3. State Map PDF Downloads
  - a. [File of All Maintenance State Maps in PDF format \(.zip\)](#)
  - b. [File of All Nonattainment State Maps in PDF format \(.zip\)](#)
4. Area Shapefile Downloads

# Investigate Regional and Local Outdoor Air Quality *NAAQS* - EPA Green Book

8-Hour Ozone Information (1997 Standard) | Green Book | US EPA - Windows

http://www.epa.gov/air/oasps/greenbk/o8index.html

File Edit View Favorites Tools Help

Google

US EPA 8-Hour Ozone Information

Standards Review

Basic Info

Nonattainment

Hour Ozone

Carbon Monoxide

Nitrogen Dioxide

Sulfur Dioxide

PM-10

PM-2.5 (2006)

PM-2.5 (1997)

Lead

Standards Review

Basic Info

Detailed information on [designations](#) and [classifications](#)

On June 8, 2007, the United States Court of Appeals vacated the Subpart 1 portion of the "1" until the reclassification of the areas is finalized. Proposed reclassifications were published on

**A. Nonattainment Area Selections**

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  - c. [Sorted by Area/State/County](#)
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  - a. [Air Quality Data, Population, Counties](#)

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  - c. [Sorted by Area/State/County](#)
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  - a. [Air Quality Data, Population, Counties](#)

**C. Area Maps**

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  - a. [National 8-Hour Ozone County Map of Maintenance and Nonattainment Areas in the U.S.](#)
  - b. [National Map of 8-Hour Ozone Nonattainment Areas](#)
2. State Maps
  - a. [Individual State Maps with 8-Hour Nonattainment Areas](#)
  - b. [Individual State Maps with 8-Hour Maintenance Areas](#)
3. State Map PDF Downloads
  - a. [File of All Maintenance State Maps in PDF format \(.zip\)](#)
  - b. [File of All Nonattainment State Maps in PDF format \(.zip\)](#)
4. Area Shapefile Downloads
  - a. [GIS Area Download Page](#)

**D. Other Information**

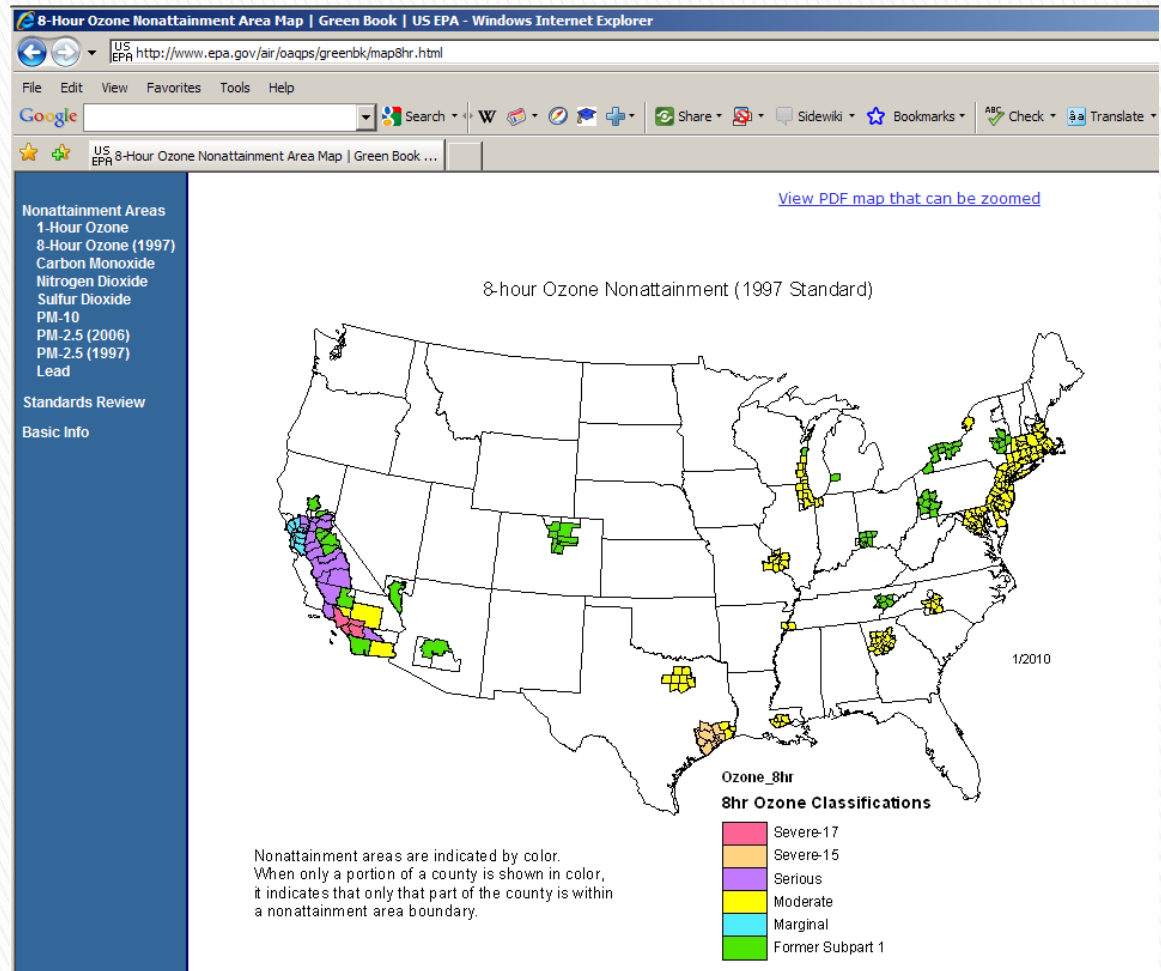
1. Summary Reports
  - a. [Nonattainment Area Summary Report](#)
  - b. [Maintenance Area Summary Report](#)
2. Area Shapefile Downloads
  - a. [GIS Area Download Page](#)



# 3.1

Investigate  
regional and  
local outdoor  
air quality

*NAAQS – EPA  
Green Book  
national maps*



<http://www.epa.gov/air/oaqps/greenbk/map8hr.html>

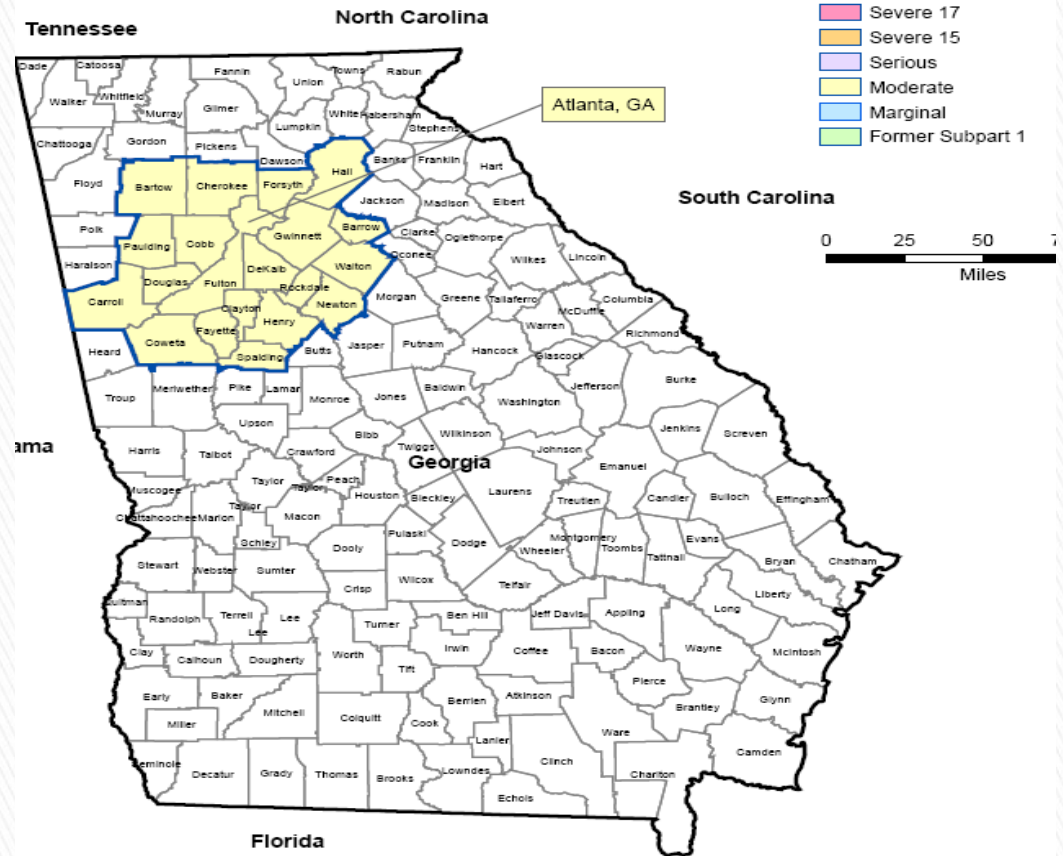


# 3.1

Investigate regional  
and local outdoor air  
quality

*NAAQS – EPA Green  
Book  
state maps*

ie Nonattainment Areas in Blue Border



<http://www.epa.gov/air/oaqps/greenbk/ga8.html>



## 3.1

Investigate regional  
and local outdoor air  
quality

*PM 2.5 and 10*

# Health Effects

- ▶ Increased respiratory symptoms; e.g., irritation of the airways, coughing, or difficulty breathing
- ▶ Decreased lung function
- ▶ Aggravated asthma
- ▶ Development of chronic bronchitis
- ▶ Irregular heartbeat
- ▶ Nonfatal heart attacks
- ▶ Premature death in people with heart or lung disease

(<http://epa.gov/air/particlepollution/health.html>)

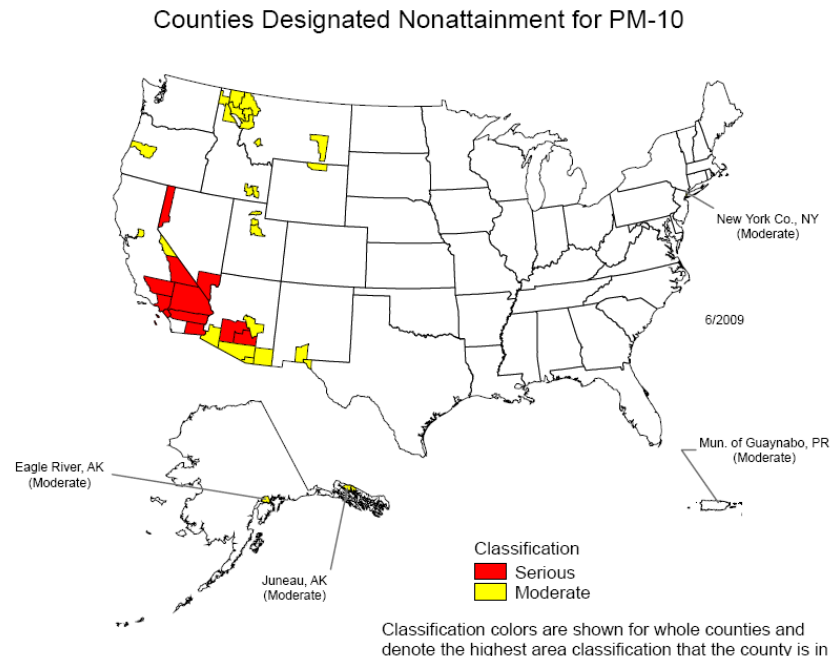
### 3.1

Investigate regional and local outdoor air quality

*PM10  
40 counties,  
25.5M people: 8% of U.S.  
population*

<http://www.epa.gov/air/oaqps/greenbk/mappm10.pdf>

- ▶ Standard 62.1–2007 requires MERV 6 filters in PM10 non-attainment areas [and upstream of all cooling coils or other wetted surfaces through which air is supplied to an occupiable space].
- ▶ Standard 189.1 requires MERV 8 upstream of coils/wetted surfaces.
- ▶ Higher MERVs will provide greater removal efficiency.





## 3.1

Investigate regional and local outdoor air quality

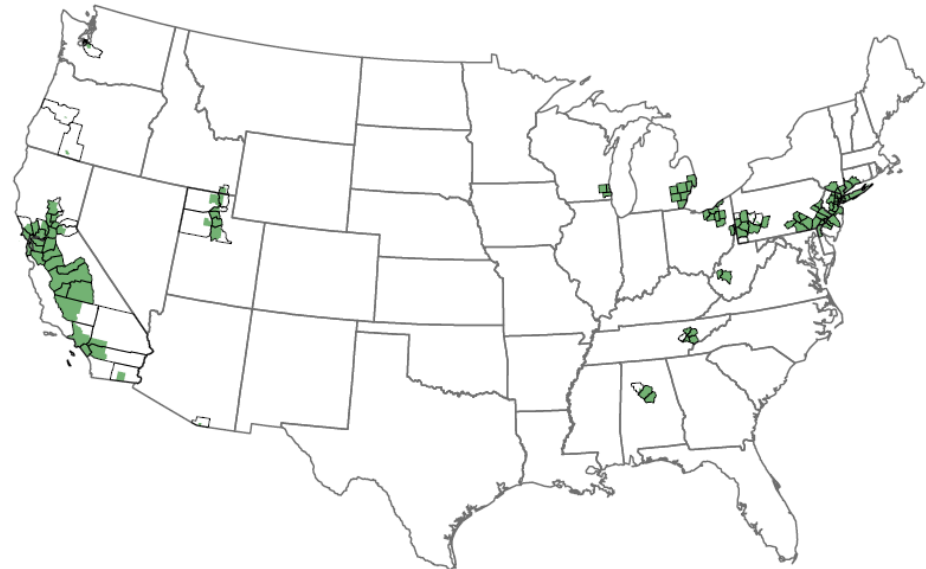
- ▶ Must have MERV 9 or higher filters to have any effective removal
- ▶ MERV 11 or more much more effective
- ▶ Standard 189.1 requires MERV 13 in PM2.5 non-attainment areas

*PM2.5*

*120 counties,  
70.2M people: 23% of  
U.S. population*

[http://www.epa.gov/air/oaqps/greenbk/mappm25\\_2006.pdf](http://www.epa.gov/air/oaqps/greenbk/mappm25_2006.pdf)

PM-2.5 Nonattainment Areas (2006 Standard)



Nonattainment areas are indicated by color.  
When only a portion of a county is shown in color,  
it indicates that only that part of the county is within  
a nonattainment area boundary.

11/2009

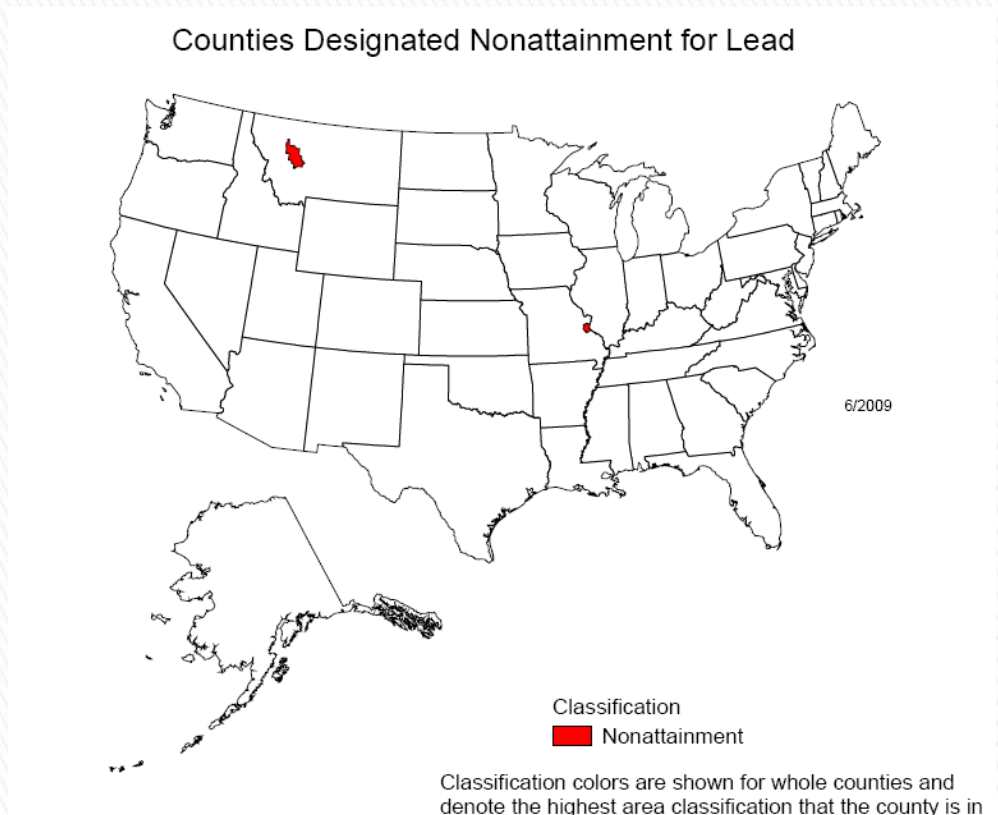


## 3.1

Investigate regional and local outdoor air quality

*Lead*  
*2 counties,*  
*4700 people*

- ▶ Neurological & cardiovascular
- ▶ Solid: separate particle or attached to other particles
- ▶ Can be removed by filters that remove small particles





## 3.1

Investigate  
regional and local  
outdoor air  
quality

*Ground-level  
ozone  
What is it?*

- ▶ Primary constituent of smog
- ▶ Formed by photochemical reaction; requires:
  - sunlight
  - warm temperatures
  - nitrogen oxides (NO<sub>x</sub>)
  - photochemically reactive VOCs
- ▶ Reacts with trace VOCs in the indoor environment to create reaction products that may be even more toxic



## 3.1

Investigate regional and  
local outdoor air quality

*Ground-level ozone  
Health effects*

<http://epa.gov/air/ozonepollution/health.html>

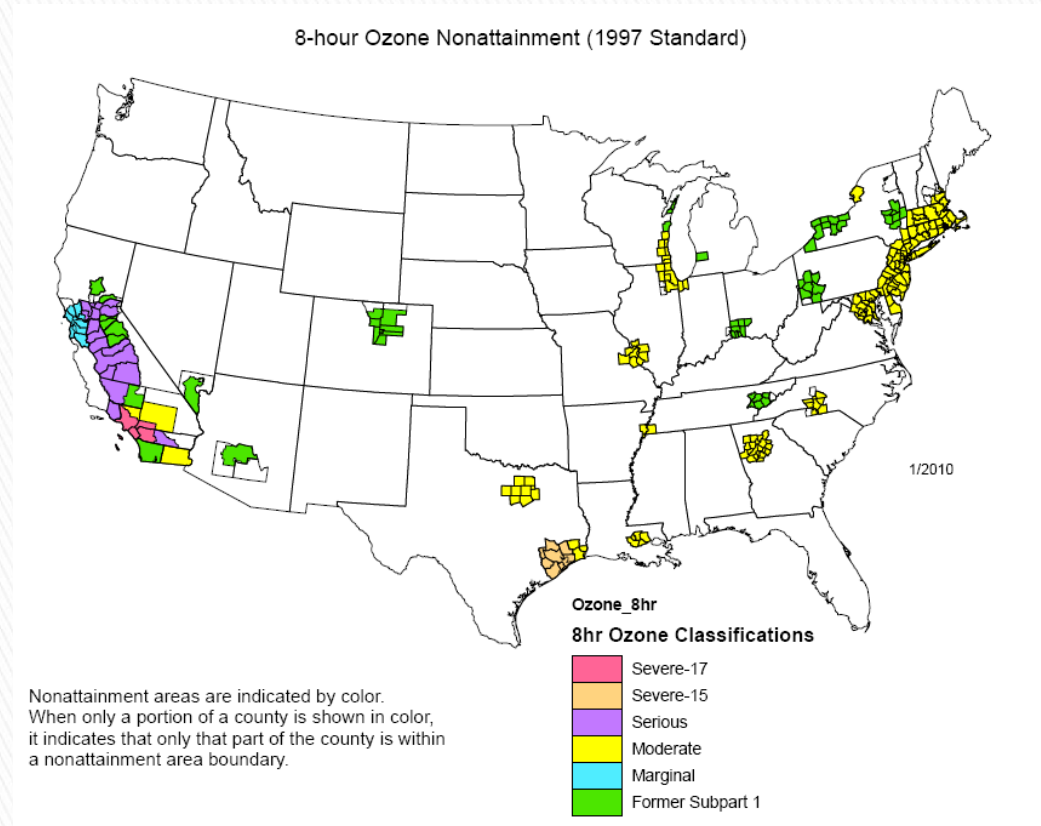
# Health Effects of Ozone Itself

- ▶ Airway irritation, coughing, pain when taking a deep breath
- ▶ Wheezing and breathing difficulties during exercise or outdoor activities
- ▶ Inflammation, much like a sunburn on the skin
- ▶ Aggravation of asthma and increased susceptibility to respiratory illnesses like pneumonia and bronchitis
- ▶ Permanent lung damage with repeated exposures

## 3.1

Investigate regional and local outdoor air quality

*Ground-level ozone  
266 counties, 122M  
people: 40% of U.S.  
population*



<http://www.epa.gov/air/oaqps/greenbk/map8hr.pdf>

- Note: peaks in ozone “maintenance” areas also affect indoor environment





## 3.1

Investigate regional  
and local outdoor air  
quality

*Ground level ozone  
Removal*

- ▶ Standard 62.1–2007 requires air-cleaning devices with 40% removal efficiency for ozone when the 2<sup>nd</sup> highest daily one-hour average concentration exceeds 0.16 ppm, with some exceptions
- ▶ Standard 189.1–2009 requires air cleaning devices for ozone when the building is in a non-attainment area



## 3.1

Investigate regional  
and local outdoor air  
quality

*Ground level ozone  
Removal*

- ▶ Can be removed by carbon or other sorbent filters that cause ozone to react on their surface
- ▶ Good quality air cleaner can provide control for an entire ozone season in many areas
- ▶ Ozone filter should be protected by a high-quality particle filter; otherwise blinding of the sorbent by dirt can prevent the filter from working

## 3.1

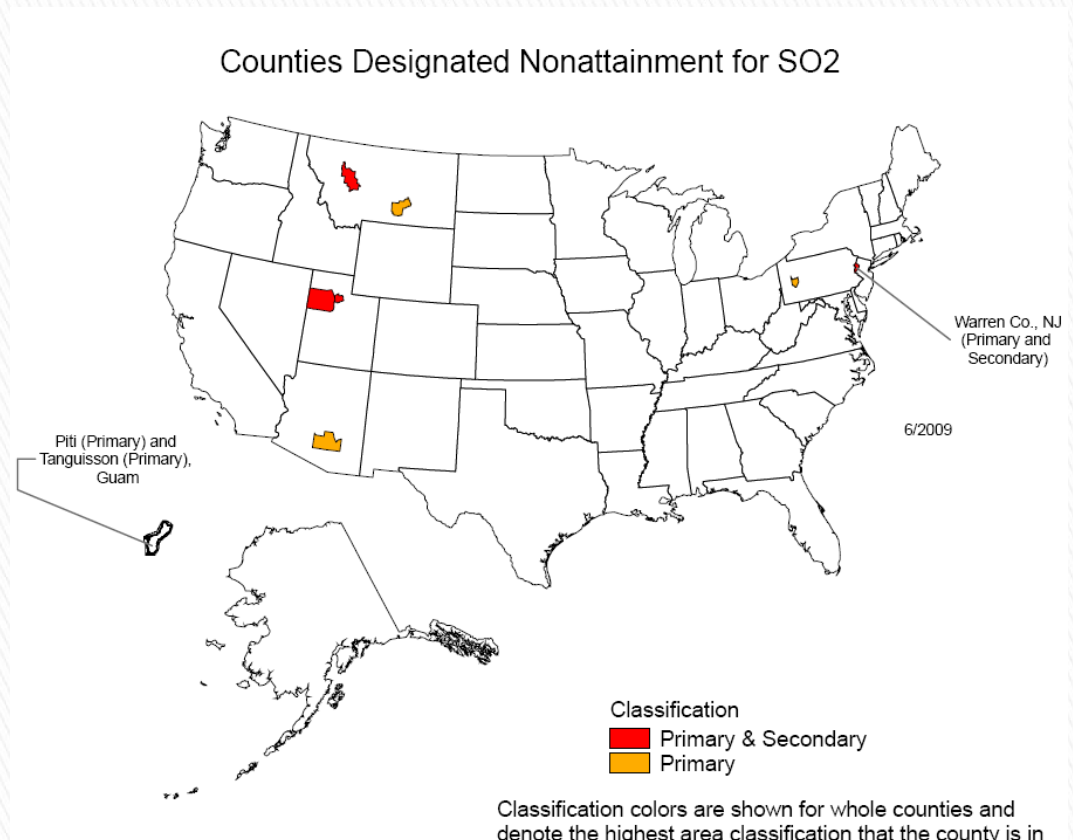
Investigate regional  
and local outdoor air  
quality

*Sulfur dioxide  
9 counties,  
1.1M people*

<http://www.epa.gov/air/oaqps/greenbk/mapso2.pdf>

# ► Respiratory effects from short-term exposure, especially for children, elderly, asthmatics

<http://epa.gov/air/sulfurdioxide/health.html>





## 3.1

Investigate  
regional and local  
outdoor air  
quality

*Sulfur dioxide  
Removal*

- ▶ Gas phase air cleaning (e.g., activated alumina/ $\text{KMnO}_4$ )
- ▶ Air cleaner should be protected by particle filter to prevent blinding of sorption sites
- ▶ Life of cleaner depends on concentration of  $\text{SO}_2$  and other sorbed compounds



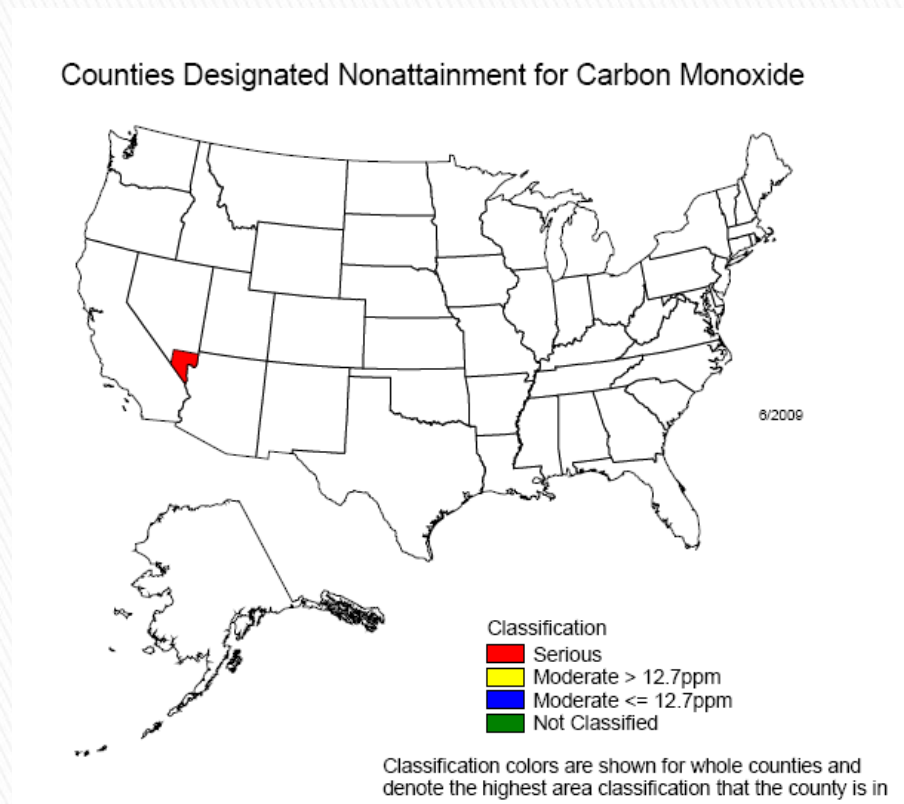
## 3.1

Investigate regional  
and local outdoor  
air quality

*Carbon monoxide*  
*1 county*  
*480,000 people*

<http://www.epa.gov/air/oaqps/greenbk/mapco.pdf>

- ▶ Cardiovascular and nervous system effects
- ▶ No room temp removal technology
- ▶ Control by scheduling of activities and ventilation system operation, selection of outdoor air intake location





## 3.1

Investigate regional  
and local outdoor air  
quality

*Additional local  
pollutants*

- ▶ Airborne dust
  - Agricultural, desert areas, some industrial areas, high pollen areas
  - Focus on dust-holding capability
- ▶ VOCs
  - Traffic, industrial, wastewater lagoons, etc.
  - Filtration and air cleaning
- ▶ Odors
  - Air cleaning

# 3.1

Investigate regional and local outdoor air quality

*Documentation and training*

Required by  
ANSI/ASHRA  
E 62.1-2007

Particulates (PM2.5)	(Yes/No)
Particulates (PM10)	(Yes/No)
Carbon monoxide—1 hour/8 hours	(Yes/No)
Ozone	(Yes/No)
Nitrogen dioxide	(Yes/No)
Lead	(Yes/No)
Sulfur dioxide	(Yes/No)

Local Outdoor Air Quality Survey		Date:	Time:
a) Area surveyed	(Brief description of site)		
b) Nearby facilities	(Brief description type of facilities—industrial, commercial, hospitality, etc.)		
c) Odors or irritants	(List and describe)		
d) Visible plumes	(List and describe)		
e) Nearby sources of vehicle exhaust	(List and describe)		
f) Prevailing winds	(Direction)		
g) Other observations			
Conclusions	(Remarks concerning the acceptability of outdoor air quality)		

## 3.2

Locate OA  
intakes to  
minimize  
introduction of  
contaminants

## KEY POINTS

- ▶ Codes and standards are minimums – more is better
- ▶ ANSI/ASHRAE 62.1–2007 generally requires greater distances and covers more sources than codes
- ▶ Consider implications for OA intake locations when selecting HVAC system types



## 3.2 Locate OA intakes to minimize introduction of contaminants

*ANSI/ASHRAE 62.1-2007 requirements*

Object	Minimum Distance, ft (m)
Significantly contaminated exhaust (Note 1)	15 (5)
Noxious or dangerous exhaust (Notes 2 and 3)	30 (10)
Vents, chimneys, and flues from combustion appliances and equipment (Note 4)	15 (5)
Garage entry, automobile loading area, or drive-in queue (Note 5)	15 (5)
Truck loading area or dock, bus parking/idling area (Note 5)	25 (7.5)
Driveway, street, or parking place (Note 5)	5 (1.5)
Thoroughfare with high traffic volume	25 (7.5)
Roof, landscaped grade, or other surface directly below intake (Notes 6 and 7)	1 (0.3)
Garbage storage/pick-up area, dumpsters	15 (5)
Cooling tower intake or basin	15 (5)
Cooling tower exhaust	25 (7.5)

Stretched string distance between closest points

## 3.2

Locate OA intakes to  
minimize  
introduction of  
contaminants

*Codes and standards  
are minimums*

# Example – Cooling Tower Exhaust

- ▶ IMC: 5 ft above or 20 ft away
- ▶ ANSI/ASHRAE 62.1–2007: 25 ft stretched string distance
- ▶ 18,000 cases of Legionnaire's disease in the U.S. annually; 4000–5000 fatalities
- ▶ *Legionella* also causes Pontiac fever
- ▶ Documented cases of *Legionella* traveling hundreds of feet



## 3.2

# Locate OA intakes

*Example:*

Drift from cooling tower with  
clean-looking, treated basin  
causes Legionnaires' Disease in 3  
workers from neighboring  
building (~330 ft)



## 3.2

Locate OA intakes

*Example:*

Cooling tower exhaust within  
20 ft of OA  
intake. Shroud  
added to protect  
intake.



Photos courtesy Leon Alevantis



## 3.2

Locate OA intakes to  
minimize introduction of  
contaminants

*Example:*

OA intake  
downwind of  
and close to  
toilet exhaust



Photo courtesy Hal Levin

## 3.2

Locate OA intakes  
to minimize  
introduction of  
contaminants

*Consider OA  
intake locations in  
system selection*

Systems with OA intakes close to the ground may get clogged (!) and encourage introduction of dirt (food for microbes), mold, pesticides, herbicides, fertilizers, vehicle exhaust, etc.

# Objective 4. control moisture and contaminants related to mechanical systems



# Control Moisture and Contaminants Related to Mechanical Systems

- ▶ Control moisture and dirt in air handling systems (4.1)
- ▶ Control moisture associated with piping, plumbing fixtures and ductwork (4.2)
- ▶ Facilitate access for inspection, cleaning and maintenance (4.3)
- ▶ Control *Legionella* in water systems (4.4)



## 4.1

### Control moisture and dirt in air handling systems

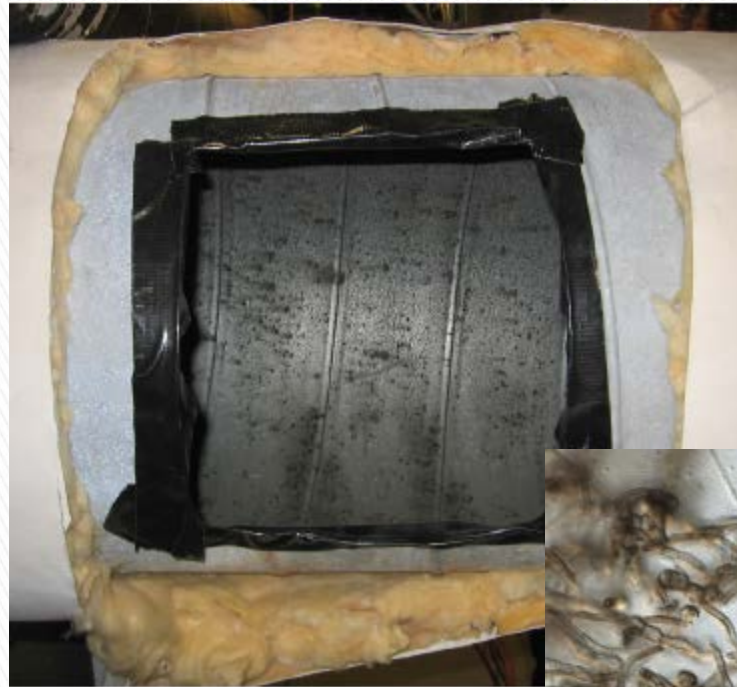
## KEY POINTS

- ▶ Moisture + dirt (food) = critters
- ▶ Minimize entry of moisture and dirt at air intakes and areaways
- ▶ Use higher efficiency filtration to keep systems clean; keep filters dry
- ▶ Make sure drain pans drain
- ▶ Minimize condensate carryover
- ▶ Provide smooth, cleanable surfaces
- ▶ Select humidifiers to avoid carryover of microbes in water droplets

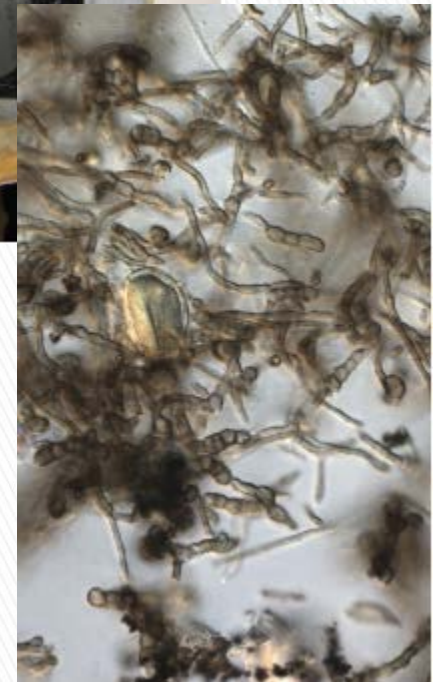
## 4.1

Control moisture  
and dirt in air  
handling  
systems

*Moisture + dirt  
= critters*



~400x



## 4.1

Control moisture  
and dirt in air  
handling systems

*OA intakes and  
intake areaways*

- ▶ Minimize rain and snow intrusion
- ▶ Recognize that below-grade and grade level OA intakes are most susceptible to entry of leaves, pesticides, fertilizers, etc.
- ▶ If below-grade or grade level intakes are used, provide easy access for cleaning
- ▶ Provide smooth, corrosion-resistant, cleanable OA intakes





## 4.1

Control  
moisture and  
dirt in air  
handling  
systems

### *Filtration*

- ▶ Dust = food for microbes
- ▶ Std. 62.1–2007 – MERV 6 upstream of coils;  
Std. 189.1–2009 – MERV 8
- ▶ High efficiency filtration helps keep food out of wet biological niches in HVAC systems (MERV 11 good, MERV 13 better)
- ▶ Locate filters where they will stay dry, and provide for periodic inspections (O&M) to ensure they stay dry



## 4.1

Control  
moisture and  
dirt in air  
handling  
systems

*Filtration*

- ▶ Dirty coil – not protected by adequate filtration



Photo courtesy Center for Energy & Environment



## 4.1

Control  
moisture and  
dirt in air  
handling  
systems

*Drain pans*

- ▶ Make sure drain pans drain
  - Slope 0.125 in./ft; make sure AHUs with integral pan are level so pan slopes as intended
  - Drain hole at lowest point flush with bottom
  - P-trap deep enough to maintain seal and allow water to drain under maximum negative pressure created by fan
  - Verify proper drainage through commissioning
  - Train operators to locate, properly inspect (slimy?) and physically clean pans

# 4.1 Control moisture and dirt in air handling systems *Drain pans*

## Trap depth

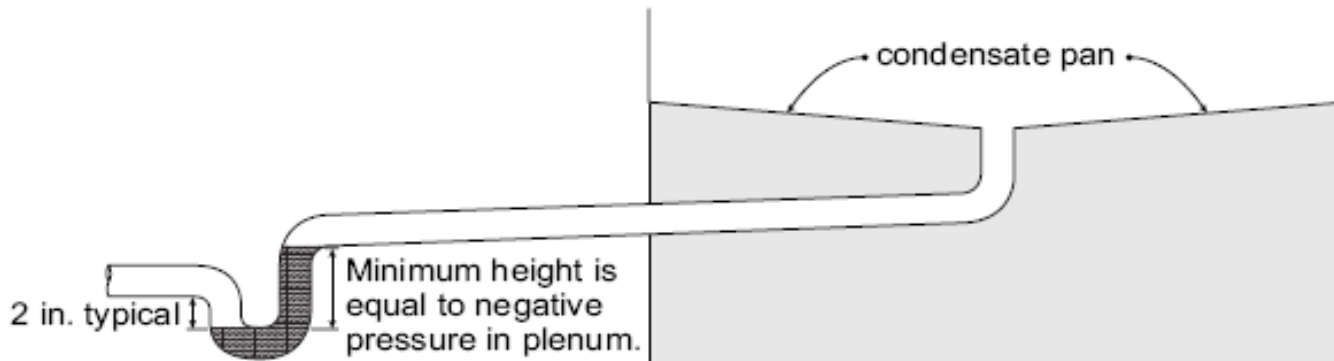


Figure 5-T—

ANSI/ASHRAE Standard 62.1-2007 Users Manual



## 4.1

### Control moisture and dirt in air handling systems

#### *Drain pans: Example*

- ▶ Drain pan inspected due to building- related symptoms and illnesses in area served
- ▶ Poor access (10 fasteners)
- ▶ Outlet not flush w/bottom
- ▶ Biofilm – gelatinous mass of fungi, bacteria and protozoa



Photo courtesy Phil Morey





## 4.1

Control moisture  
and dirt in air  
handling systems

*Drain pan:  
Condensate  
carryover*

- Wide enough to collect water droplets across entire width
- Extend downstream at least half the height of the coil
- Extend as far as necessary to limit carryover to  $1.5 \text{ ml/m}^2$  (!) per hour under peak conditions ( $0.0044 \text{ oz/ft}^2$ )
- ▶ High face velocity causes carryover: with non-uniform airflow, local face velocity far exceeds average

4.1

# Control moisture and dirt in air handling systems *Drain pan: Condensate carryover*



Photos courtesy Center for Energy & Environment



## 4.1

- ▶ Critters can grow on smooth but dirty surfaces, but growth is usually greatest on porous or irregular surfaces

Control moisture  
and dirt in air  
handling systems

*Smooth, cleanable  
surfaces*



Photo courtesy Phil Morey



## 4.1

Control moisture  
and dirt in air  
handling systems

*Smooth, cleanable  
surfaces*

- ▶ Consider acoustic solutions that don't require porous liners
  - Equipment selection, sizing and location
  - Proper air distribution design: sizing, velocity, fabrication integrity, diffuser selection
  - Double-wall ductwork



## 4.1

Control  
moisture and  
dirt in air  
handling  
systems

*Humidifiers*

- ▶ Water droplets aerosolized from sumps are heavily colonized
- ▶ Aerosolize molecules, not droplets
- ▶ Use potable water; (Note: boiler water contains corrosion inhibitors)
- ▶ Use smooth, cleanable surfaces within the moisture-absorbing distance

# Objective 5. Limit Contaminants from Indoor Sources



# Limit Contaminants from Indoor Sources

- ▶ Select appropriate materials (5.1)
- ▶ Limit the impact of emissions (5.2)
- ▶ Minimize IAQ impacts associated with cleaning and maintenance (5.3)

# 6. Capture and Exhaust Contaminants from building equipment and activities





# Capture and Exhaust Contaminants

- ▶ Properly vented combustion equipment (6.1)
- ▶ Provide local capture and exhaust for point sources (6.2)
- ▶ Design exhaust systems to prevent leakage of exhaust into occupied spaces or air distribution systems (6.3)
- ▶ Maintain proper pressure relationships between spaces (6.4)

# 7. Reduce Contaminant concentrations thru Ventilation, filtration and air cleaning



# Reduce Contaminants Thru Ventilation, Filtration and Air Cleaning

- ▶ Provide appropriate OA for each room or zone (7.1)
- ▶ Continuously monitor and control OA (7.2)
- ▶ Effectively distribute OA to the breathing zone (7.3)
- ▶ Effectively distribute OA to multiple spaces (7.4)
- ▶ Provide particle filtration and gas phase air cleaning consistent with project IAQ objectives (7.5)
- ▶ Provide comfort conditions that enhance occupant satisfaction (7.6)



## 7.2

Continuously  
monitor and  
control OA delivery

# KEY POINTS

- ▶ Setting fixed minimum OA damper position and other indirect methods are inaccurate
- ▶ Direct methods can be accurate if applied properly
- ▶ Providing enough OA at the intake may not be sufficient
- ▶ Verify OA flow thru Cx
- ▶ Provide documentation and training



## 7.2

Continuously  
monitor and  
control OA  
delivery

*Use of fixed  
minimum  
damper  
position*

- ▶ Still the most common method
- ▶ Not accurate
  - Pct damper position  $\lt \gt$  pct OA
  - Damper position not repeatable due to mechanical play & wear
  - DP across opening varies with wind, etc.
- ▶ Careful balancing, Cx and periodic RCx warranted if used

## 7.2

Continuously  
monitor and  
control OA  
delivery

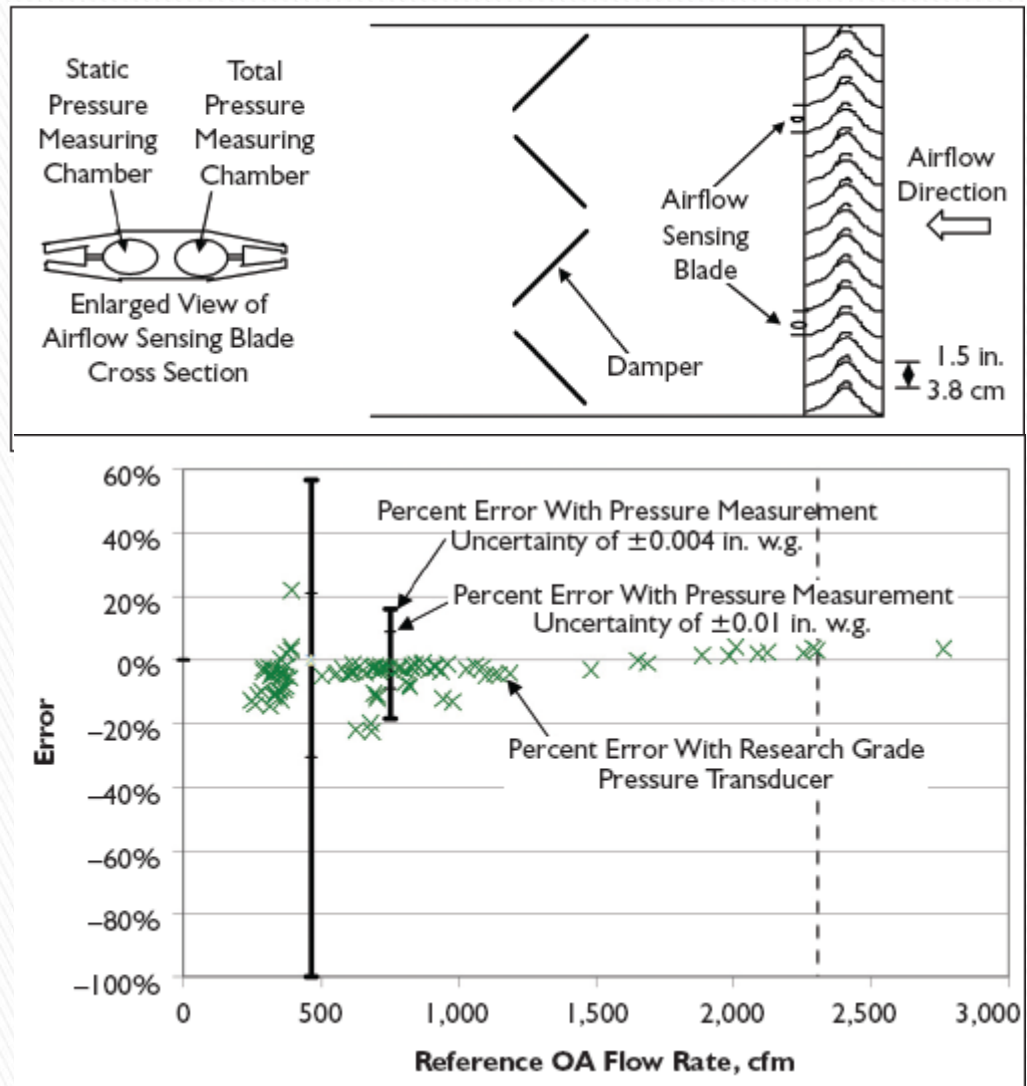
*Direct  
measurement*

- ▶ Long, straight duct runs optimal but rarely possible
  - 7-½ hydraulic diameters upstream of AFMS, 3 hydraulic diameters downstream
- ▶ Louver velocities are kept low to minimize entrainment of rain & snow (400–1000 fpm)
- ▶ Louvers often sized for max flow with economizer operation
- ▶ Velocity pressure low at max flow and very low at minimum OA
- ▶ Use separate minimum OA duct or non-pressure based air flow measurement technology

## 7.2

Continuously monitor  
and control OA  
delivery

*Direct  
measurement  
accuracy example  
1: Airflow sensing  
blades  
downstream of  
louver blades*

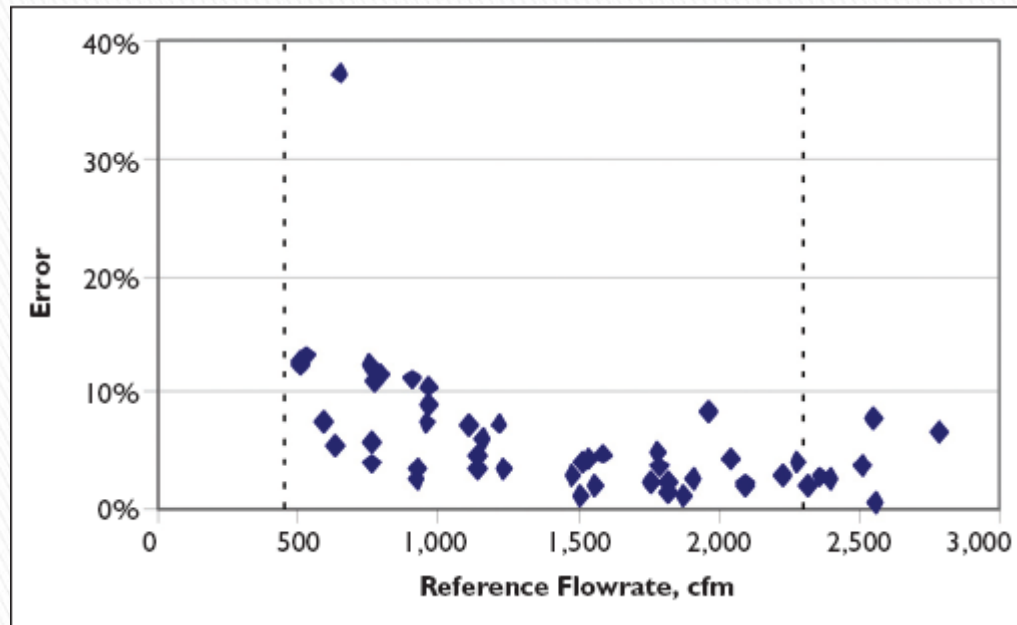
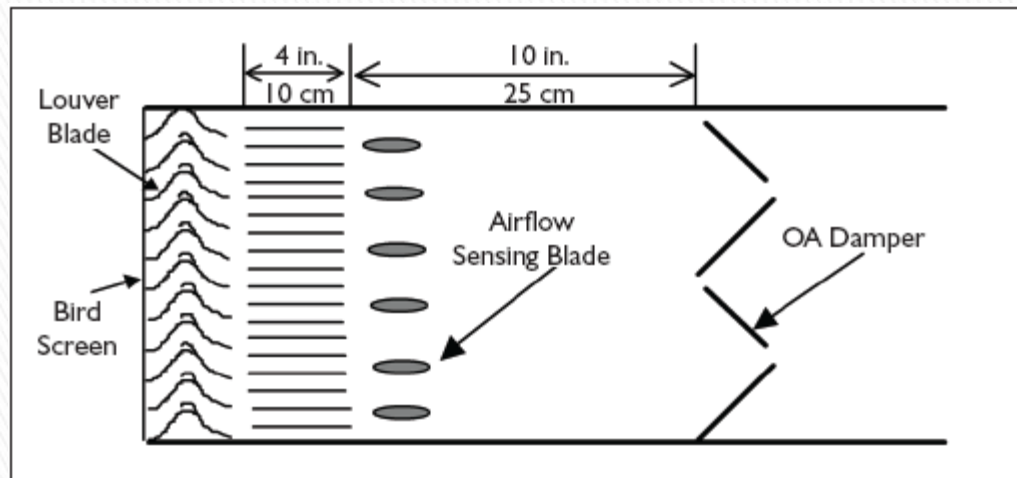


Fisk et al. ASHRAE Journal August 2006

## 7.2

Continuously  
monitor and control  
OA delivery

*Direct measurement  
accuracy example  
2: Honeycomb  
airflow straightener  
upstream of airflow  
sensing blades &  
straight duct  
section*



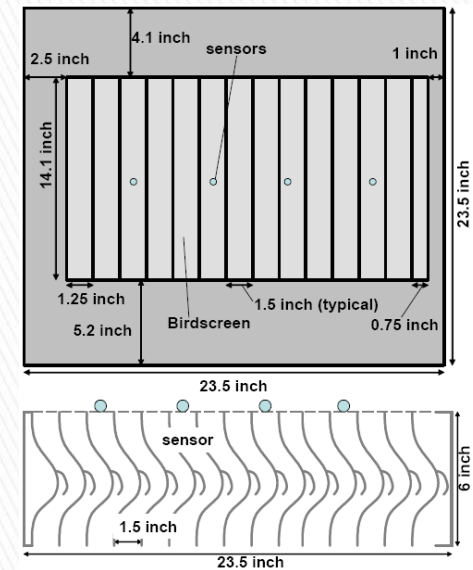
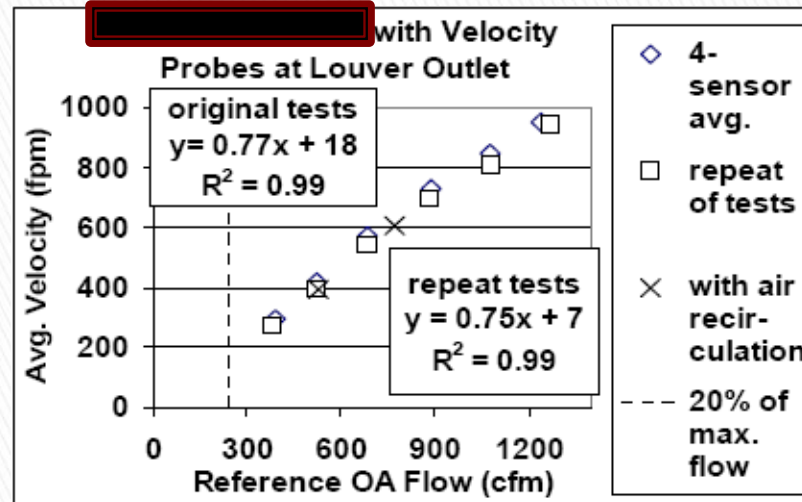
Fisk, et al. ASHRAE Journal, August 2006



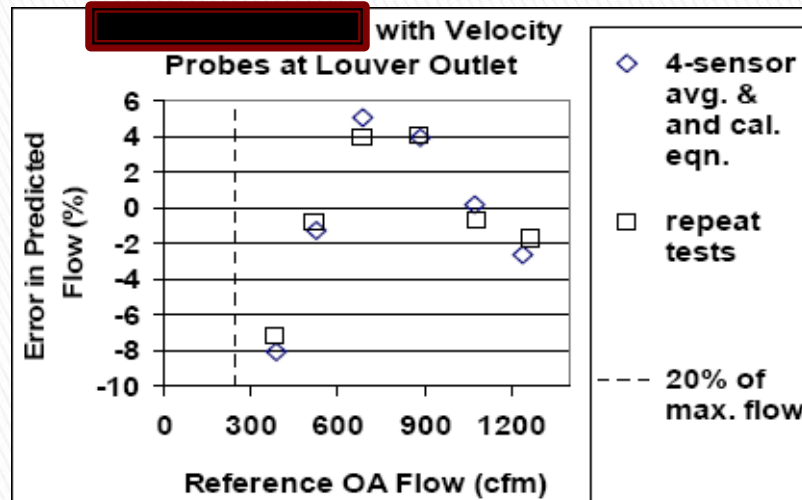
## 7.2

Continuously  
monitor and  
control OA delivery

*Direct  
measurement  
accuracy  
example 3:  
Electronic air  
velocity probes  
between blades  
or on outlet face*



From Fisk and Sullivan  
2008

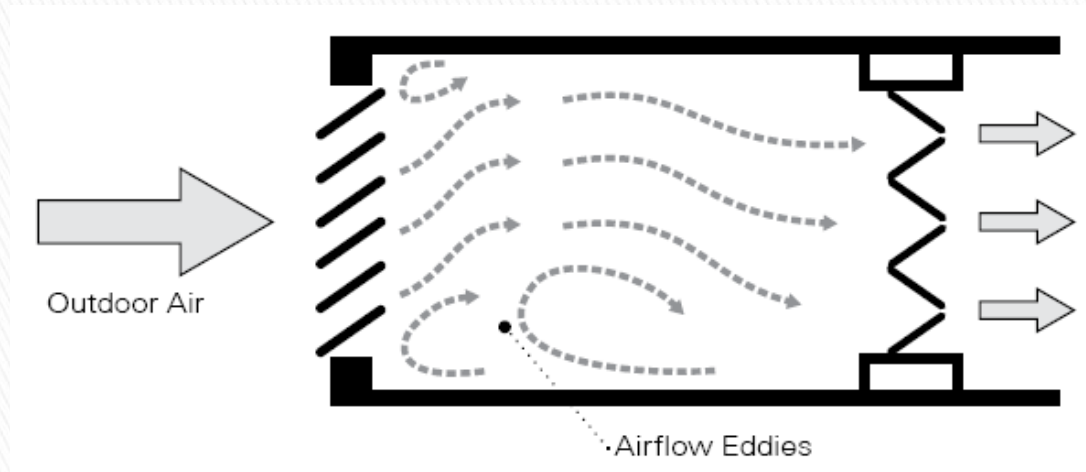


## 7.2

Continuously  
monitor and  
control OA delivery

### *Sensor location*

Sensors installed between fixed louvers or on their outlet face may see higher, more uniform velocities and fewer eddies than sensors placed between louvers and dampers even with flow straightening device



Fisk, et al. 2005



## 7.2

Continuously monitor  
and control OA  
delivery

*Indirect methods –  
generally inaccurate*

- ▶ Plenum pressure control,
- ▶ Supply air flow plus CO<sub>2</sub> concentration balance
- ▶ Supply air flow plus temp-based energy balance
- ▶ Supply flow minus return flow
- ▶ Return fan tracking supply fan (VFDs)
- ▶ Fixed minimum damper position



## 7.2

Continuously  
monitor and  
control OA  
delivery

*System  
considerations*

- ▶ Continuous monitoring at OA intake alone does not ensure proper OA delivery to breathing zone in each space
  - Poor mixing in mixed air chamber
  - Poor mixing in space



## 7.2

Continuously  
monitor and  
control OA  
delivery

*Verification,  
documentation,  
training*

- ▶ Verify minimum OA flows during Cx and occupancy
- ▶ Provide easy access to sensors
- ▶ Provide hardware and software that can sense sensor and equipment malfunctions
- ▶ Document design criteria and occupancy assumptions
- ▶ Train staff re: O&M needs

## 7.5

Provide  
particle and  
gas-phase  
air cleaning  
consistent  
with project  
IAQ  
objectives

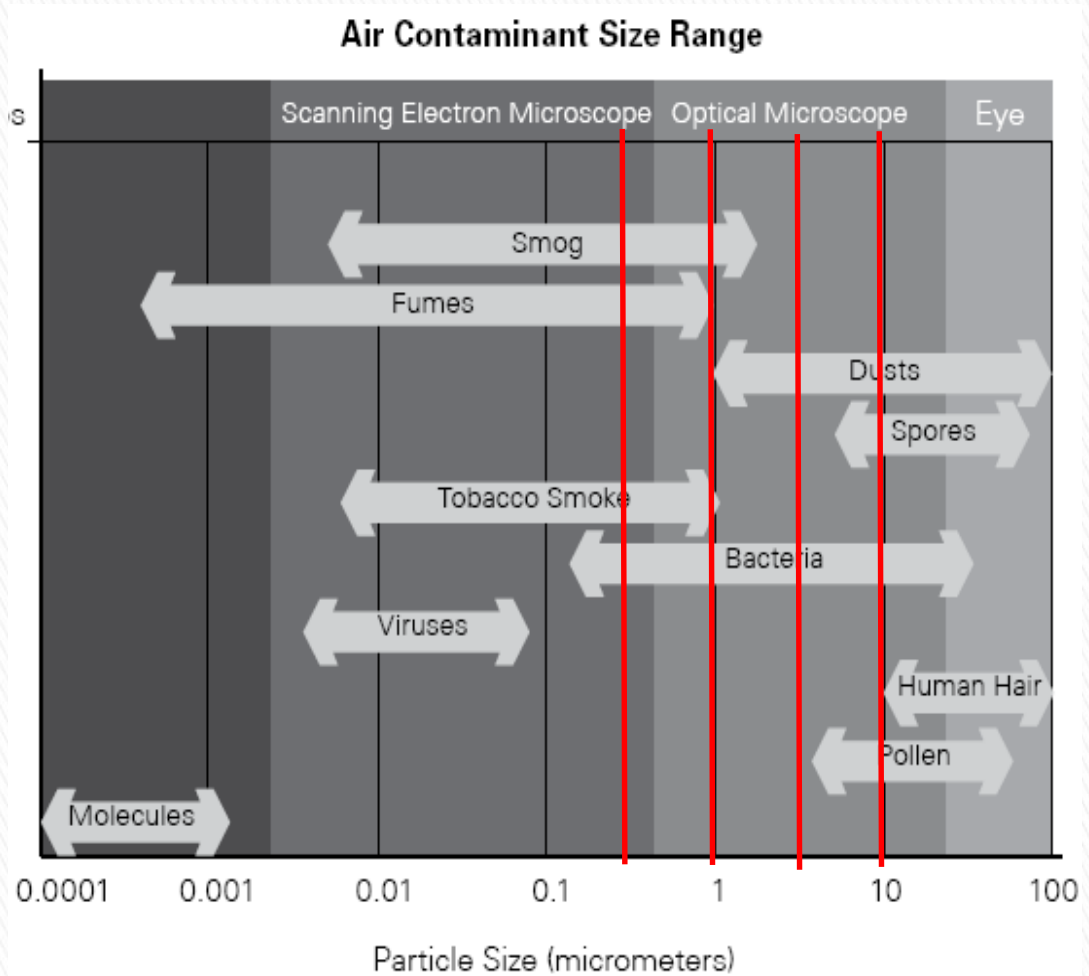
## KEY POINTS

- ▶ Consider FAC early
- ▶ Select FAC appropriate to IAQ objectives, e.g.
  - Keep ducts, coils cleaner
  - Reduce ozone
- ▶ Put the air through the filter
- ▶ Consider life-cycle costs
- ▶ Don't forget process issues
  - Construction storage and filtration
  - Documentation of rationale for owner
  - Operator training

## 7.5

Provide particle and gas-phase air cleaning consistent with project IAQ objectives

*Sizes of contaminant particles*



Adapted from NIOSH 2003

## 7.5

# MERV: ASHRAE Std 52.2

*“Minimum efficiency reporting value”*

Provide particle and gas-phase air cleaning consistent with project IAQ objectives

MERV Level	Dust Spot %	Typical Particulate Filter Type	% 0.3–1 µm	% 1–3 µm	% 3–10 µm
1	N/A	Low-efficiency fiberglass and synthetic media disposable panels, cleanable filters, and electrostatic charged media panels	Too low efficiency to be applicable to ASHRAE Standard 52.2 (ASHRAE 2007) determination		
2	N/A				
3	N/A				
4	N/A				
5	N/A	Pleated filters, cartridge/cube filters, and disposable multi-density synthetic link panels			20–35
6*	N/A				36–50
7	25%–30%				50–70
8	30%–35%				>70
9	35%–40%	Enhanced media pleated filters, bag filters of either fiberglass or synthetic media, rigid box filters using lofted or paper media		>50	>85
10	50%–55%			50–65	>85
11	60%–65%			65–85	>85
12	70%–75%			>80	>90
13	80%–85%	Bag filters, rigid box filters, minipleat cartridge filters	>75	>90	>90
14	90%–95%		75–85	>90	>90
15	>95%		85–95	>90	>90
16	98%		>95	>95	>95
The following classes are determined by a different methodology than that of ASHRAE Standard 52.2 (ASHRAE 2007).					
NA	N/A	HEPA/ULPA filters evaluated using IEST Recommended Practice CC001.3 (IEST 1993). Types A through D yield efficiencies at 0.3 mm and Type F at 0.1 mm	99.97% IEST Type A		
NA	N/A		99.99% IEST Type C		
NA	N/A		99.999% IEST Type D		
NA	N/A		>99.999% IEST Type F		

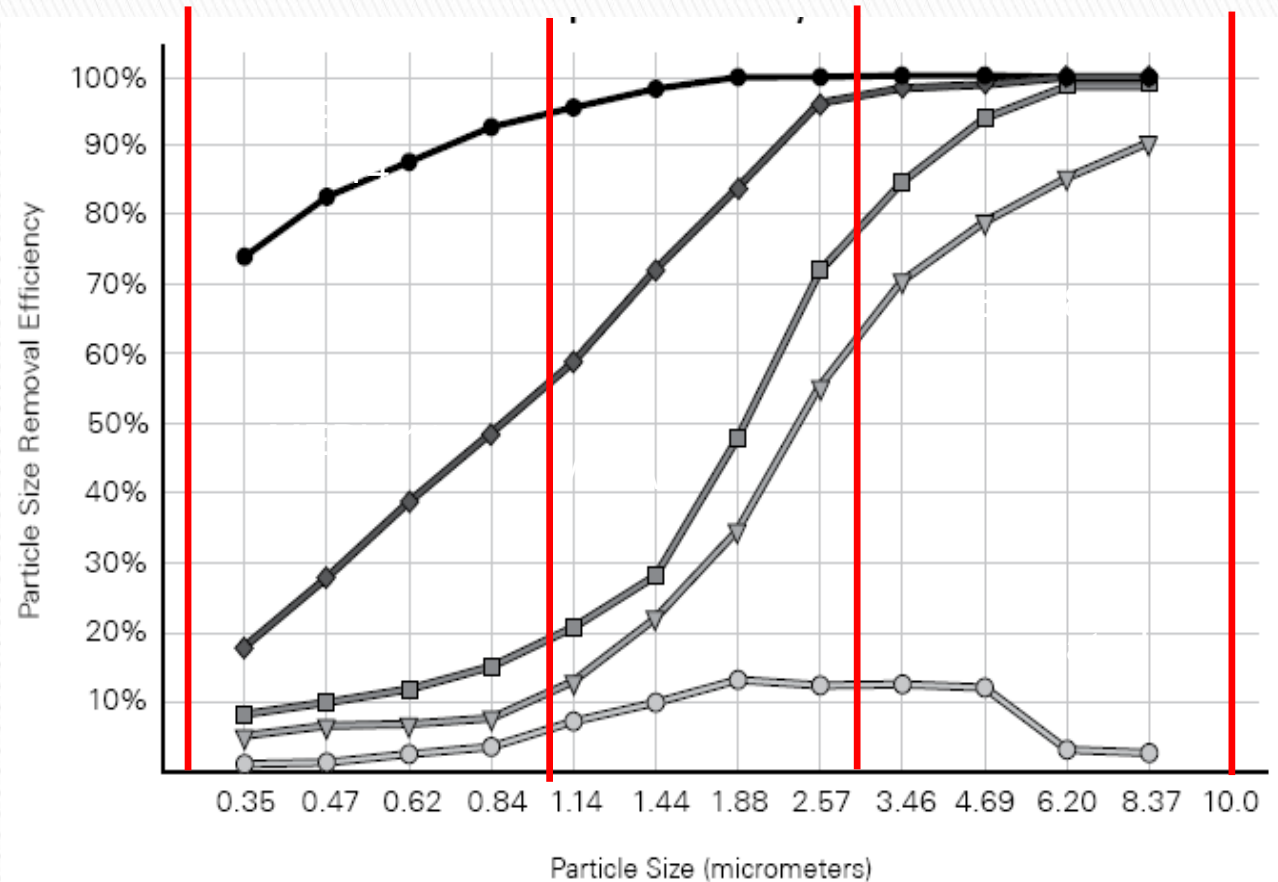


## 7.5

Provide particle and gas-phase air cleaning consistent with project IAQ objectives

*MERV: ASHRAE Std 52.2*

*Sample  
composite  
minimum  
efficiency  
curves*



7.5

# Provide particle and gas-phase air cleaning... *FAC Selection Guidance*

## 7.5

Provide particle  
and gas-phase air  
cleaning  
consistent with  
project IAQ  
objectives

*7.5.1, 7.5.2 keep  
coils, ducts, space  
cleaner:  
MERV 8-13*

- Extended media MERV 13 filter balances efficiency, capacity, pressure drop, first-cost, operating cost
- MERV 13 also available in 2 in. and 4 in. pleated but higher pressure drop



Photo courtesy The Filtration Group and Filtrair

## 7.5

Provide particle  
and gas-phase air  
cleaning  
consistent with  
project IAQ  
objectives

*7.5.3 control  
viable and  
pathogenic  
particles:  
MERV 14–16*

- Minimum MERV 14 because most viable particles  $< 1 \mu\text{m}$
- Seals, gasketing, retainer systems critical
- Higher first-cost, higher PD, higher life cycle cost
- Substantial differences in PD among filters of a given MERV

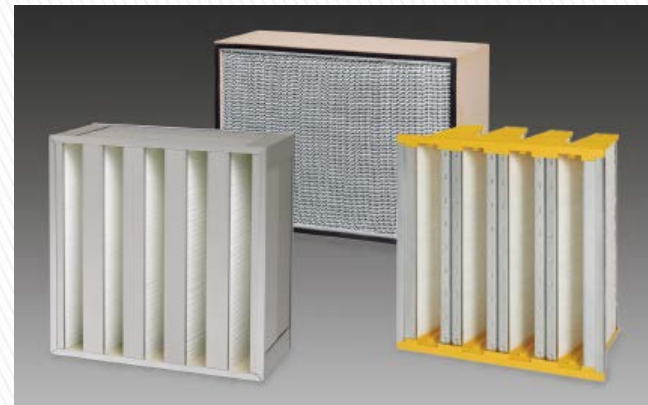


Photo courtesy The Filtration Group and Filtrair



## 7.5

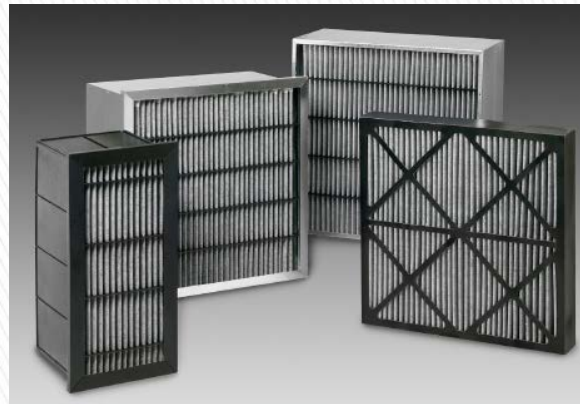
Provide particle  
and gas-phase air  
cleaning  
consistent with  
project IAQ  
objectives

*7.5.4: Excessively  
polluted outside  
air:*

*MERV 11–14*

*Medium efficiency  
(ME) gas phase  
(50%–80%)*

- Typically pleated chemical media filters 1-4 in.; solid bed flat panels, V-cells < 1 in.
- Same unit may remove both particles and gases
- Typically changed on a schedule
- Can be used to remove *ozone*:  
Change cycle based on experience or manufacturer's recommendation



*Photo  
courtesy The  
Filtration  
Group and  
Filtrair*

## 7.5

Provide particle and  
gas-phase air cleaning  
consistent with project  
IAQ objectives

*Gas phase filters*

- ANSI/ASHRAE Standard 145.1-2008 Method of Testing Gaseous Contaminant Air Cleaning Media for Removal Efficiency – bench-scale test of sorbent media
- 145.2 – testing of full-size cartridges in a test duct; expected publication 2010

## 7.5

Provide particle and gas-phase air cleaning consistent with project IAQ objectives

*Air capture and seals*

- Air bypass:
  - Building infiltration
  - AHU doors, access panels, fabrication seams, openings
  - Flawed seals within or between retainers or tracking system
  - Gaps between filters, between filter and retainer, between filter and access door, between filter and access tracking

## 7.5 Provide particle and gas-phase air cleaning consistent with project IAQ objectives

### *Air capture and seals*

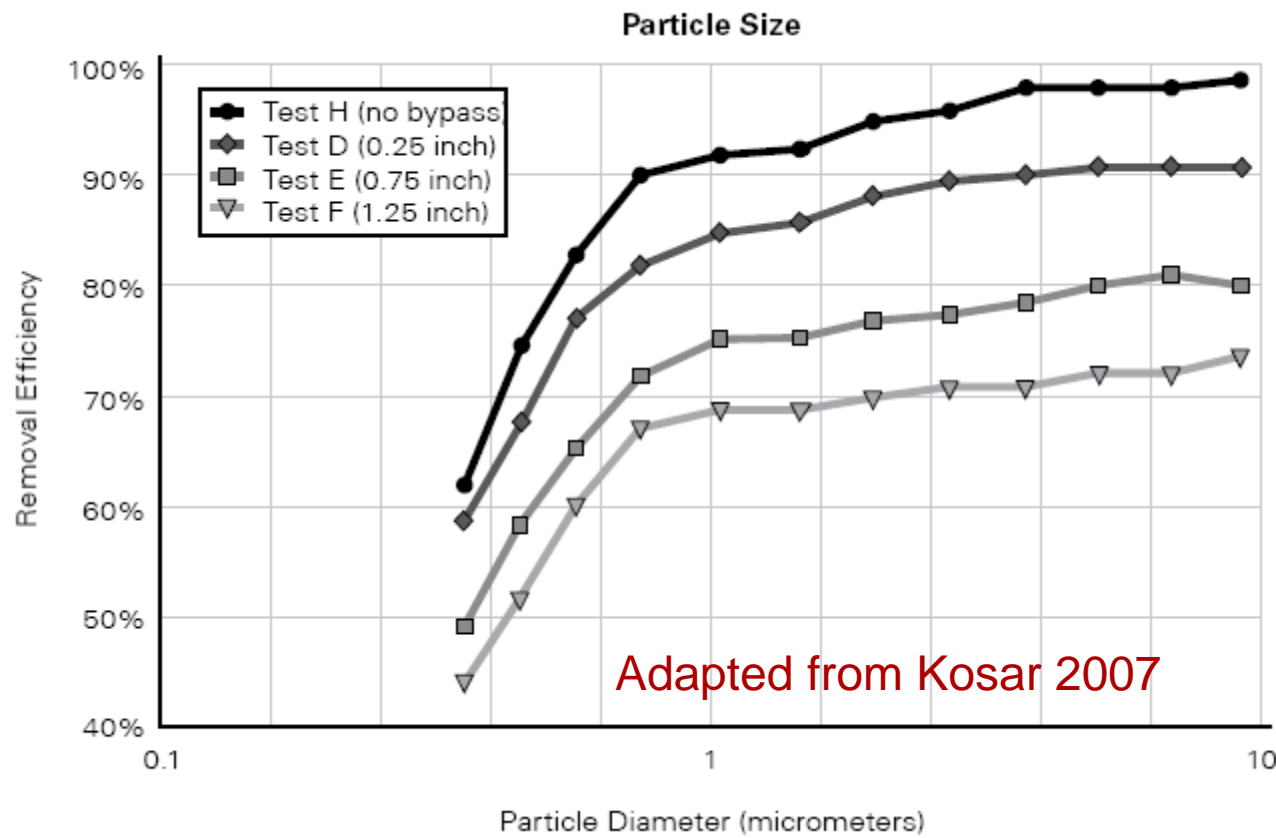
Effect of applying 1/8 in. neoprene gasket tape on vertical mating surfaces of MERV 13 frames (Burroughs 2006)

Particle Count Comparison	Particle Size Band		
	0.3 $\mu\text{m}$	0.5 $\mu\text{m}$	1 $\mu\text{m}$
Count prior to intervention	1177633	26862	2347
Count subsequent to gasketing	1000824	21637	1941
Average increase in efficiency	15.0%	19.5%	17.3%

Small bypasses can decrease filter performance by 2 or 3 MERV levels!



## 7.5 Provide particle and gas-phase air cleaning consistent with project IAQ objectives *Air capture and seals*



## 7.5

Provide particle  
and gas-phase air  
cleaning  
consistent with  
project IAQ  
objectives

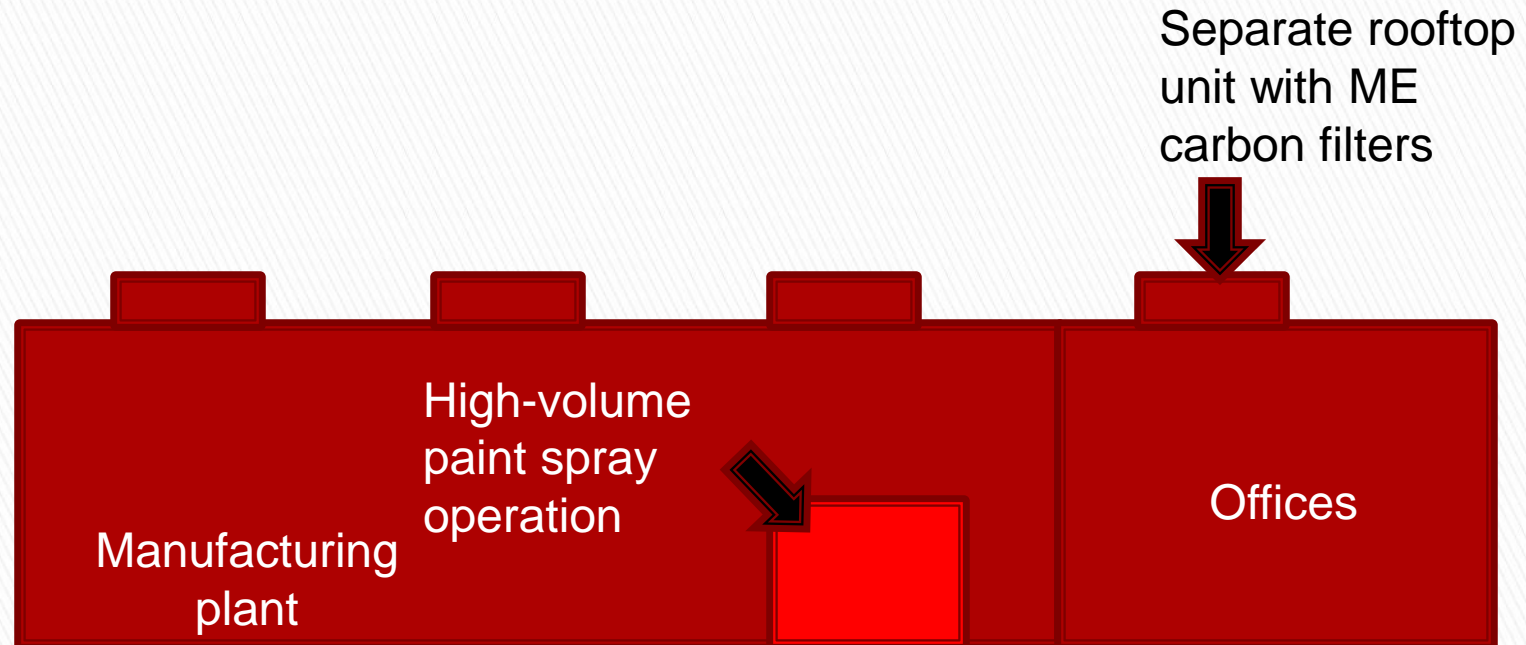
*Air capture and  
seals*

- Balance building to limit infiltration
- Inspect by line-of-sight or light penetration to find and seal visible bypasses around FAC system, filter frames, retainer systems, access doors
- Seal mating metal surfaces with caulk or mastic: ductwork joints, adjoining frames, AHU seams
- Gasket seal planes of filter frames or headers
- Gasket filter frame mating surfaces

7.5

Provide particle and gas-phase air cleaning  
consistent with project IAQ objectives

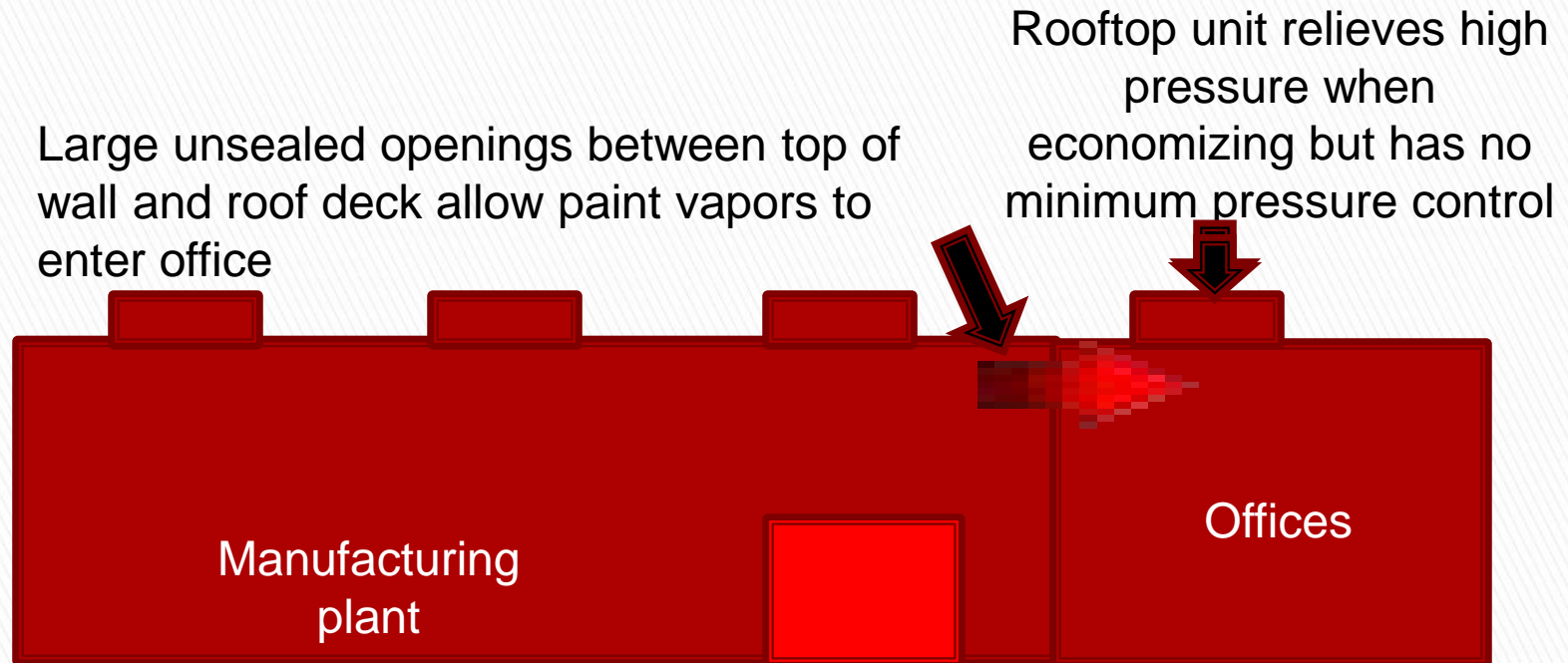
*Air capture and seals*



## 7.5

Provide particle and gas-phase air cleaning  
consistent with project IAQ objectives

*Air capture and seals*



**FAC can't do everything!**





## 7.5

Provide particle  
and gas-phase air  
cleaning  
consistent with  
project IAQ  
objectives

*Selected items  
from design  
process protocol*

- ▶ Select cartridge & framing to maximize life cycle & durability
- ▶ Provide appropriate monitoring instruments
- ▶ Specify component storage and system filtration requirements during construction
- ▶ Carefully evaluate the need for pre-filtration
- ▶ Provide for additional changes of specified filters for post-construction
- ▶ Provide owner with filter selection rationale and specifications, train operators

## 7.5

Provide particle  
and gas-phase air  
cleaning  
consistent with  
project IAQ  
objectives

*Specify component  
storage and system  
filtration requirements  
during construction*

Installed ductwork that had been  
unprotected during on-site  
storage and after installation



Photo courtesy of Wayne Thomann

## 7.5 Provide particle and gas-phase air cleaning consistent with project IAQ objectives

### *Life cycle cost*

For a given MERV, life cycle costs are controlled primarily by:

- Filter life cycle expectation
- Pressure drop

Filter Description	First Cost	Life Cycle Expectation*	Pressure Drop, in. w.g. (Pa) **	Cost/Year Total Operation***
MERV 8 2 in. pleat	\$6.00	3 months	0.25 (62.5)	\$88.00
MERV 8 4 in. pleat	\$11.00	8 months	0.15 (37.5)	\$45.73
MERV 14 cartridge	\$115.00	2 years	0.60 (150)	\$211.10
MERV 14 minipleat	\$145.00	3 years	0.35 (87.5)	\$137.93

# 8. Apply More Advanced Ventilation approaches



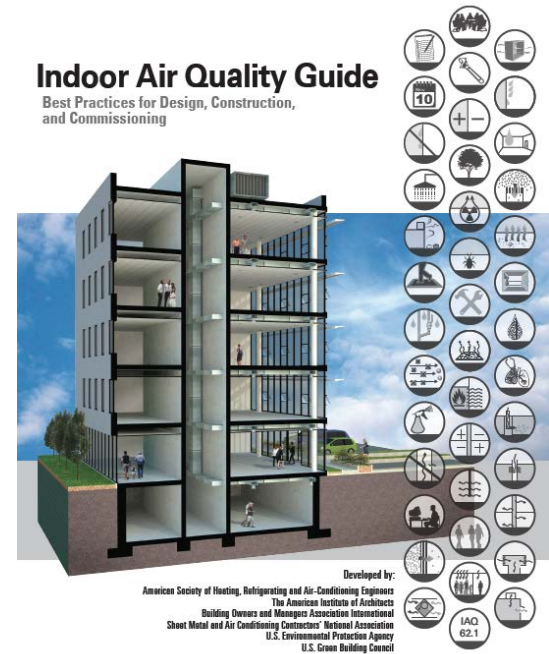


# Apply More Advanced Approaches

- ▶ Use dedicated OA systems (8.1)
- ▶ Use energy recovery (8.2)
- ▶ Use demand-controlled ventilation (8.3)
- ▶ Use natural or mixed-mode ventilation (8.4)
- ▶ Use the Standard 62.1 IAQ Procedure (8.5)

# FOR MORE FUN, READ THE GUIDE!

[www.ashrae.org/iaq](http://www.ashrae.org/iaq)



# Discussion – Application of IAQ Guide



Following slides are  
discussion triggers if  
needed

»» DO NOT PRINT THESE



# HVAC Maintenance?

# IAQ Improvement Devices?

# Filter Quality?

# Cleaning Products?



# Leaks and Mold?

# Humidity Control?

# Ultra Violet Air Cleaning?

# Indoor Plants?



# Kitchen Ventilation?

# Energy Savings and IAQ



# Energy Savings and IAQ

- ▶ Demand control ventilation (DCV)
- ▶ Chilled water temperature reset
- ▶ Air Side Economizer
- ▶ Reset VAV boxes to zero
- ▶ Replace ventilation with air transforming devices

# Demand Control Ventilation (DCV)

- ▶ Manufacturer's claim – Studies show that demand controlled HVAC systems using CO<sub>2</sub> can **save up to 50% of energy costs** as well as improving comfort for the occupants.



# Varying Ventilation Rates – 62.1

- ▶ Requirements of Standard 62
  - Ventilation Rates
  - Variable Load Conditions
  - Dynamic Reset
- ▶ Dynamic Reset
- ▶ Using CO<sub>2</sub> for Dynamic Reset
  - Must estimate number of people
  - Errors in assumptions for many applications
  - How to address multiple spaces

# Requirements – Ventilation Rate

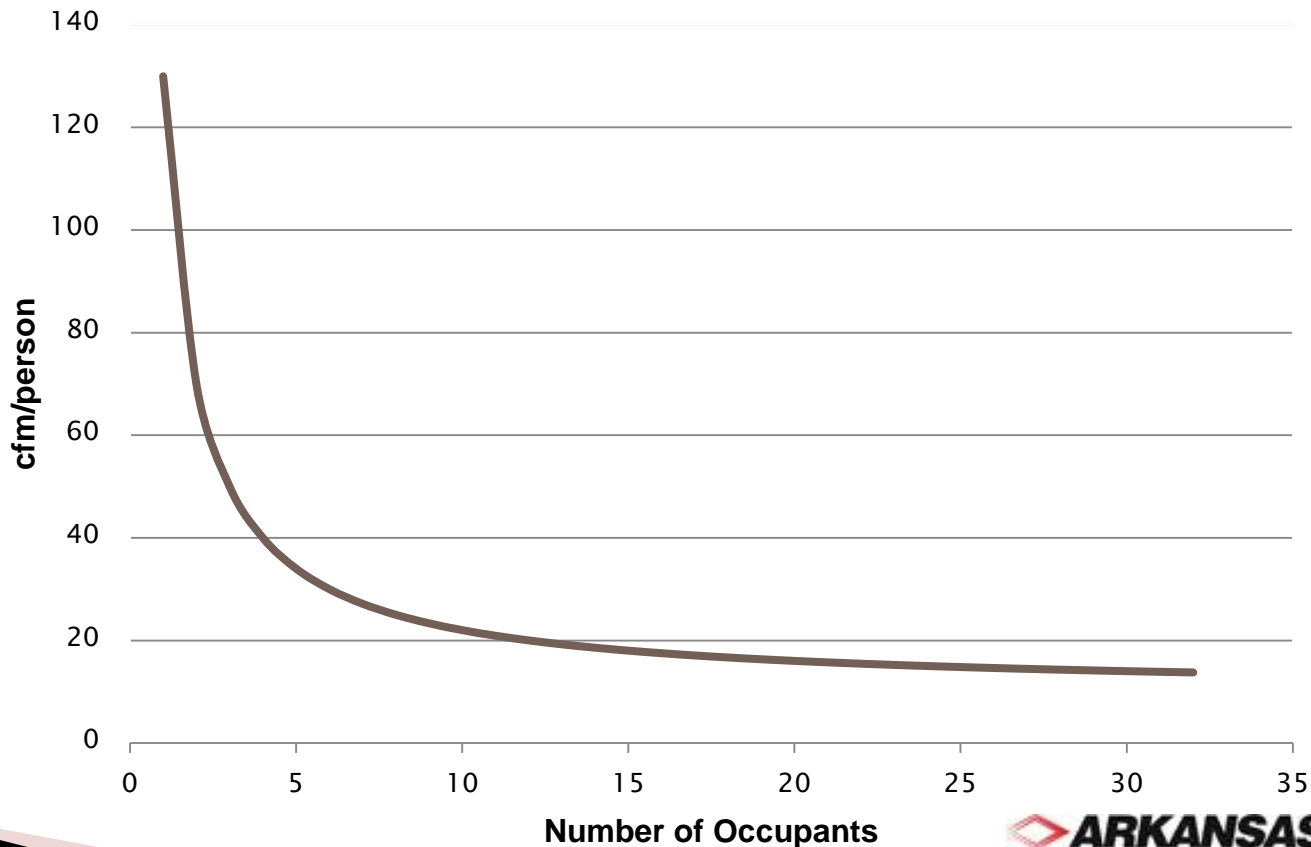
- ▶ **6.2.2.1 Breathing Zone Outdoor Airflow.** The design outdoor airflow required in the *breathing zone* of the occupiable space or spaces in a zone, *i.e.*, the *breathing zone outdoor airflow* ( $V_{bz}$ ), shall be determined in accordance with Equation 6.2.2.1.

- ▶ 
$$V_{bz} = R_p \cdot P_z + R_a \cdot A_z \quad (6.2.2.1)$$

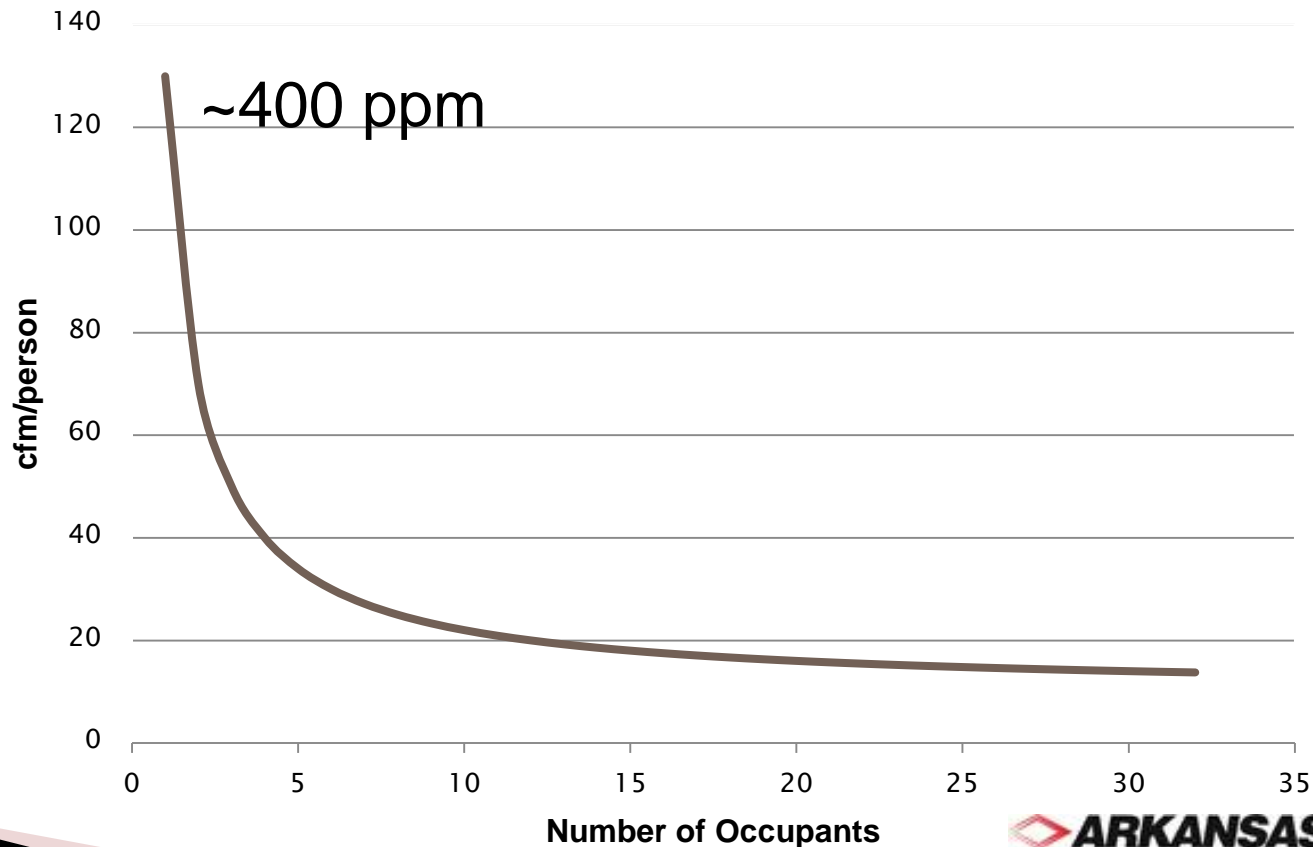
where:

- ▶  $A_z$  = *zone floor area*: the net occupiable floor area of the zone (ft<sup>2</sup>).
- ▶  $P_z$  = *zone population*: the largest number of people expected to occupy the zone during typical usage.
- ▶  $R_p$  = outdoor airflow rate required per person as determined from Table 6.2.2.1.
- ▶  $R_a$  = outdoor airflow rate required per unit area as determined from Table 6.2.2.1.

## Elementary Classroom cfm/person vs Number of Occupants ventilated per ASHRAE 62.1-2016

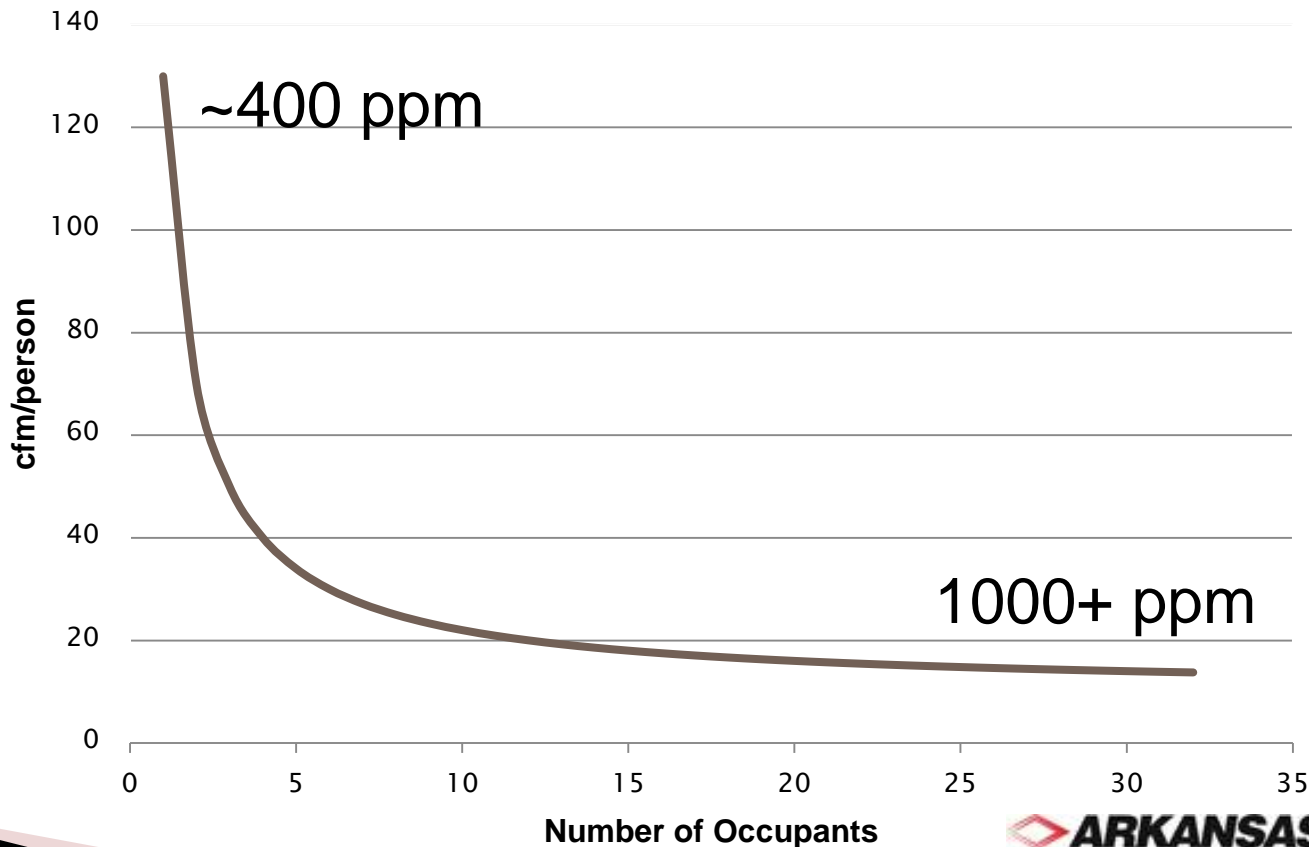


## Elementary Classroom cfm/person vs Number of Occupants ventilated per ASHRAE 62.1-2016





## Elementary Classroom cfm/person vs Number of Occupants ventilated per ASHRAE 62.1-2016



# Ventilation Rate Procedure – Zone Outdoor Airflow

$$V_{oz} = V_{bz}/E_z \quad (6.2.2.3)$$

- ▶ ( $E_z$ ) The zone air distribution effectiveness shall be no greater than the default value determined using Table 6.2.2.2 (part of table shown below)

**TABLE 6.2.2.2 Zone Air Distribution Effectiveness**

Air Distribution Configuration	$E_z$
Ceiling supply of cool air	1.0
Ceiling supply of warm air and floor return	1.0
Ceiling supply of warm air 15°F (8°C) or more above space temperature and ceiling return	0.8

# Ventilation Rate Procedure – Outdoor Airflow Single Zone

$$V_{ot} = V_{oz} \quad (6.2.3)$$

- ▶ **Single-Zone Systems.** For ventilation systems wherein one or more air handlers supply a mixture of *outdoor air* and *recirculated air* to only one *ventilation zone*, the *outdoor air intake flow* ( $V_{ot}$ ) shall be determined in accordance with Equation 6.2.3.

# Ventilation Rate Procedure – Outdoor Airflow – 100% OA

$$V_{ot} = \sum_{all\ zones} V_{oz} \quad (6.2.4)$$

- ▶ **100% Outdoor Air Systems.** For ventilation systems wherein one or more air handlers supply only *outdoor air* to one or more *ventilation zones*, the *outdoor air intake flow* ( $V_{ot}$ ) shall be determined in accordance with Equation 6.2.4.



# Multiple Zone Recirculating Systems

- ▶ For ventilation systems wherein one or more air handlers supply a mixture of *outdoor air* and *recirculated air* to more than one *ventilation zone*, the *outdoor air intake flow* ( $V_{ot}$ ) shall be determined in accordance with Sections 6.2.5.1 through 6.2.5.4.
- ▶ **6.2.5.4 Outdoor Air Intake.** The design outdoor air intake flow ( $V_{ot}$ ) shall be determined in accordance with Equation 6.2.5.4:

$$V_{ot} = V_{ou} / E_v \quad (6.2.5.4)$$

# Multiple Zone Recirculating Systems – Uncorrected OA Intake

- ▶ **6.2.5.3 Uncorrected Outdoor Air Intake.** The design *uncorrected outdoor air intake (outdoor air used) ( $V_{ou}$ )* shall be determined in accordance with Equation 6.2.5.3:

$$V_{ou} = D^* \sum_{all\ zones} R_p P_z + \sum_{all\ zones} R_a A_z \quad (6.2.5.3)$$

# Multiple Zone Systems – Primary Outdoor Air Fraction

- ▶ **6.2.5.1 Primary Outdoor Air Fraction.** When Table 6-3 is used to determine system ventilation efficiency, the *zone primary outdoor air fraction* ( $Z_p$ ) shall be determined in accordance with Equation 6.2.5.1:

$$Z_p = V_{oz} / V_{pz} \quad (6.2.5.1)$$

where  $V_{pz}$  is the zone primary airflow, i.e., the primary airflow to the zone from the air handler including outdoor air and recirculated return air.

**Note:** For VAV systems,  $V_{pz}$  is the minimum expected primary airflow.

# Multiple Zone Recirculating Systems – System Ventilation Efficiency

- ▶ **6.2.5.2 System Ventilation Efficiency.** The *system ventilation efficiency* ( $E_v$ ) shall be determined using Table 6.2.5.2 or Appendix A.

TABLE 6.2.5.2 System Ventilation Efficiency

Max ( $Z_p$ )	$E_v$
$\leq 0.15$	1.0
$\leq 0.25$	0.9
$\leq 0.35$	0.8
$\leq 0.45$	0.7
$\leq 0.55$	0.6
$> 0.55$	Use Appendix A



# Requirements - Variable Load

- ▶ **6.2.6.1 Variable Load Conditions.** Ventilation systems shall be designed to be capable of providing the required ventilation rates in the breathing zone whenever the zones served by the system are occupied, including all full- and part-load conditions.

# Requirements – Dynamic Reset

- ▶ **6.2.7 Dynamic Reset.** The system may be designed to reset the design *outdoor air intake flow* ( $V_{ot}$ ) and/or space or zone airflow as operating conditions change.

## 6.2.7.1 Demand Control Ventilation (DCV)

- ▶ **6.2.7.1** DCV shall be permitted as an optional means of dynamic reset.
- ▶ **Exception:** CO<sub>2</sub>-based DCV shall not be applied in zones with indoor sources of CO<sub>2</sub> other than occupants or with CO<sub>2</sub> removal mechanisms, such as gaseous air cleaners.
- ▶ **Former Note:** Examples of reset methods or devices include population counters, carbon dioxide (CO<sub>2</sub>) sensors, timers, occupancy schedules or occupancy sensors.

# DCV Operations

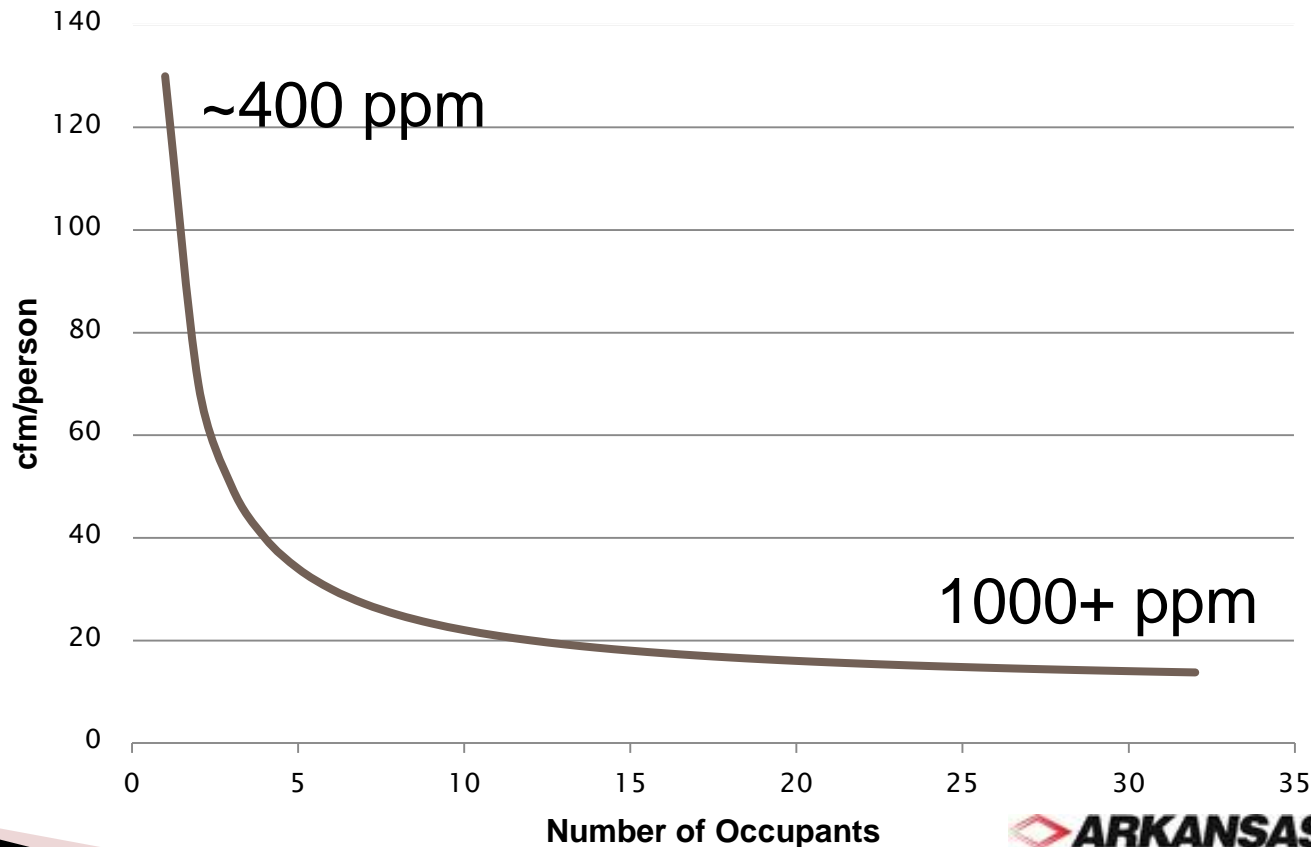
- ▶ **6.2.7.1.1** For DCV zones in the occupied mode, breathing zone outdoor airflow ( $V_{bz}$ ) shall be reset in response to current population.
- ▶ **6.2.7.1.2** For DCV zones in the occupied mode, breathing zone outdoor airflow ( $V_{bz}$ ) shall be not less than the building component ( $R_a \sim A_z$ ) for the zone.
- ▶ **Exception:** Breathing zone outdoor airflow shall be permitted to be reduced to zero for zones in occupied standby mode for the occupancy categories indicated in Table 6.2.2.1, provided that airflow is restored to  $V_{bz}$  whenever occupancy is detected.
- ▶ **6.2.7.1.3** Documentation. A written description of the equipment, methods, control sequences, setpoints, and the intended operational functions shall be provided. A table shall be provided that shows the minimum and maximum outdoor intake airflow for each system.



# MYTHS about CO<sub>2</sub> and Ventilation

- ▶ ASHRAE 62 sets 1000 ppm as the control point.
- ▶ ASHRAE 62.1 Appendix C recommends 700 ppm above outdoor levels.
- ▶ ASHRAE 62.1 Appendix C recommends using a generation rate of 0.31 L/min  $\approx$  0.01 cfm for CO<sub>2</sub> per person.
- ▶ ALL OF THE ABOVE ARE WRONG

## Elementary Classroom cfm/person vs Number of Occupants ventilated per ASHRAE 62.1-2016



# System Variables (affecting CO<sub>2</sub>)

- ▶ Single Zone or DOAS
  - $P_z$
  - $E_z$  (maybe)
- ▶ Multiple Zone
  - $P_z$
  - $E_z$  (maybe)
  - $E_v$  (for VAV)
  - $P$  other connected zones
  - $V_{pz}$
  - $V_p$  other zones

# Requirements – Ventilation Rate

- ▶ **6.2.2.1 Breathing Zone Outdoor Airflow.** The design outdoor airflow required in the *breathing zone* of the occupiable space or spaces in a zone, *i.e., the breathing zone outdoor airflow* ( $V_{bz}$ ), shall be determined in accordance with Equation 6-1.

- ▶ 
$$V_{bz} = R_p \cdot P_z + R_a \cdot A_z \quad (6.2.2.1)$$

where:

- ▶  $A_z$  = *zone floor area*: the net occupiable floor area of the zone (ft<sup>2</sup>).
- ▶  $P_z$  = *zone population*: the largest number of people expected to occupy the zone during typical usage.
- ▶  $R_p$  = outdoor airflow rate required per person as determined from Table 6-1.
- ▶  $R_a$  = outdoor airflow rate required per unit area as determined from Table 6-1.



# How can CO<sub>2</sub> estimate people count in a room?

- ▶ People generate CO<sub>2</sub> at varying rates
- ▶ ASSUMING one knows (1) the generation rate of the people in the room,
- ▶ And one knows the (2) room air change rate,
- ▶ And one knows (3) the CO<sub>2</sub> concentration in the entering air,
- ▶ Then one can calculate the number of people in real time based on changes in room CO<sub>2</sub> concentration

# Generation Rate

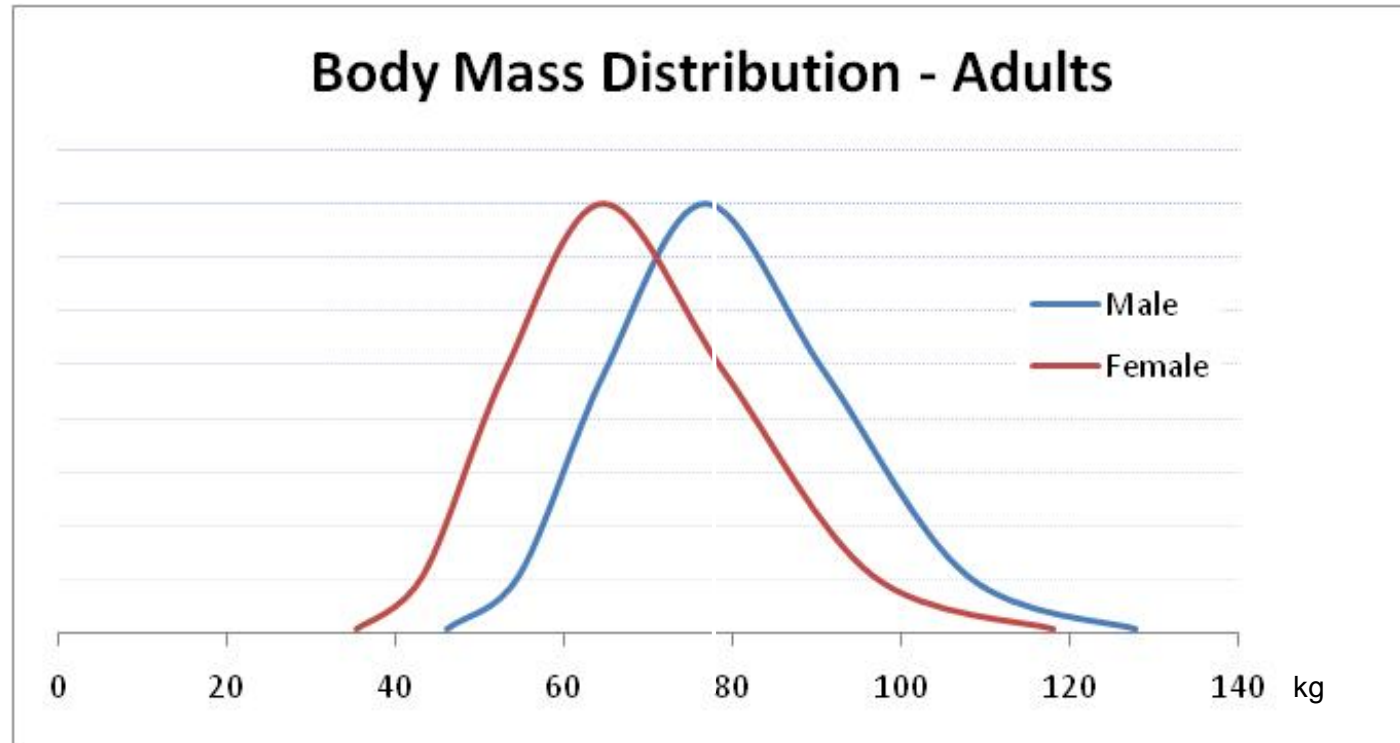
- ▶ Metabolic rate variables
  - Activity
  - Age
  - Size (Height and Weight)
  - Gender
- ▶ CO<sub>2</sub> generated from metabolism
  - Diet
- ▶ Commonly used (or abused) value of G

# Metabolic Rate Basics

- ▶ BMR - Basal metabolic rate is energy expended at rest at neutral temperature in post-absorptive state
- ▶ RMR – Resting metabolic rate
- ▶ Several estimation formulae
  
- ▶ Metabolism for glucose
- ▶  $\text{C}_6\text{H}_{12}\text{O}_6 + 6 \text{O}_2 \rightarrow 6 \text{CO}_2 + 6 \text{H}_2\text{O}$

Source for following: A guide to selected algorithms, distributions, and databases used in exposure models developed by OAQPS (EPA) May 22, 2002

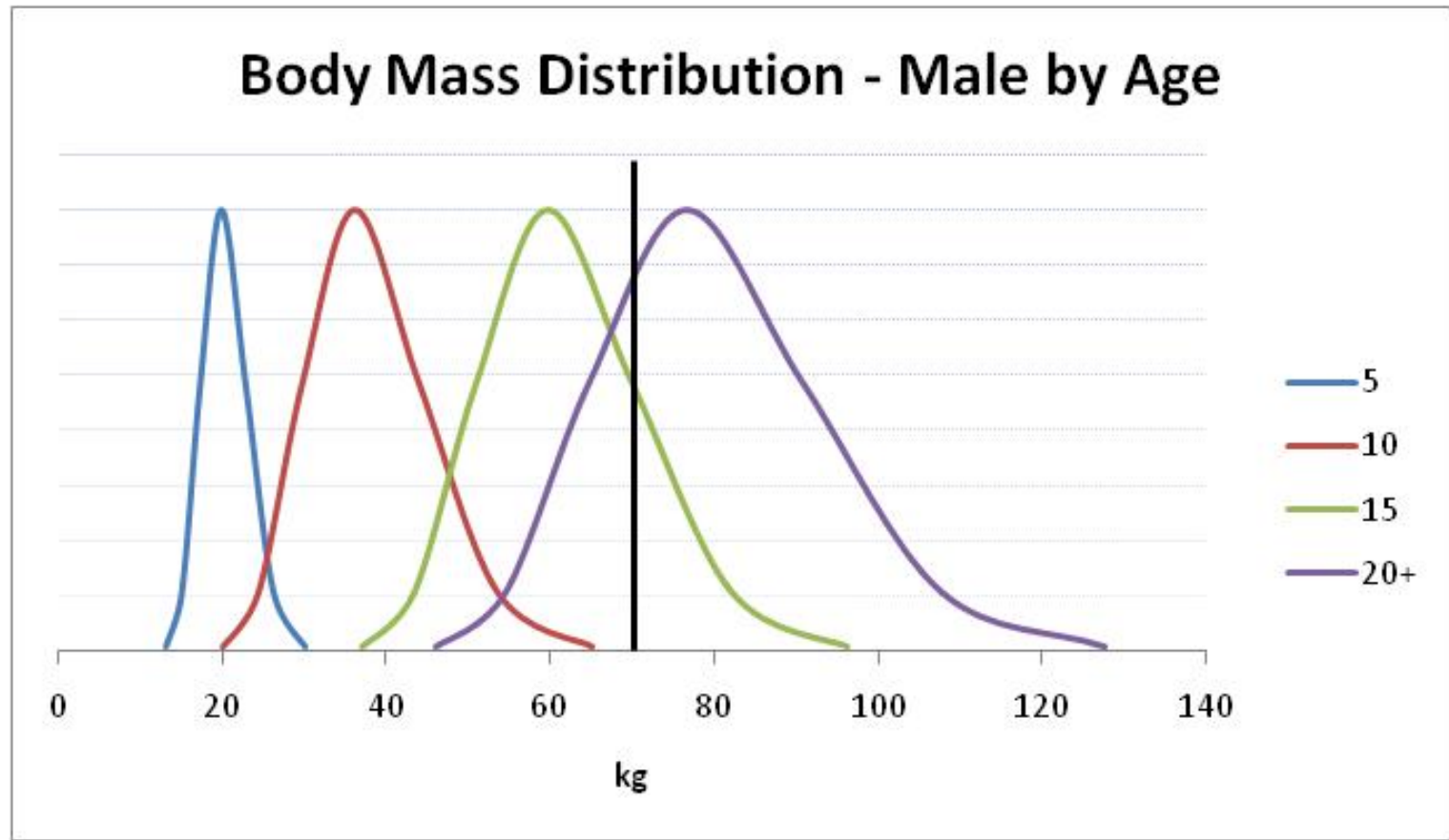
# Body Mass by Gender



Source: A guide to selected algorithms, distributions, and databases used in exposure models developed by OAQPS (EPA) May 22, 2002



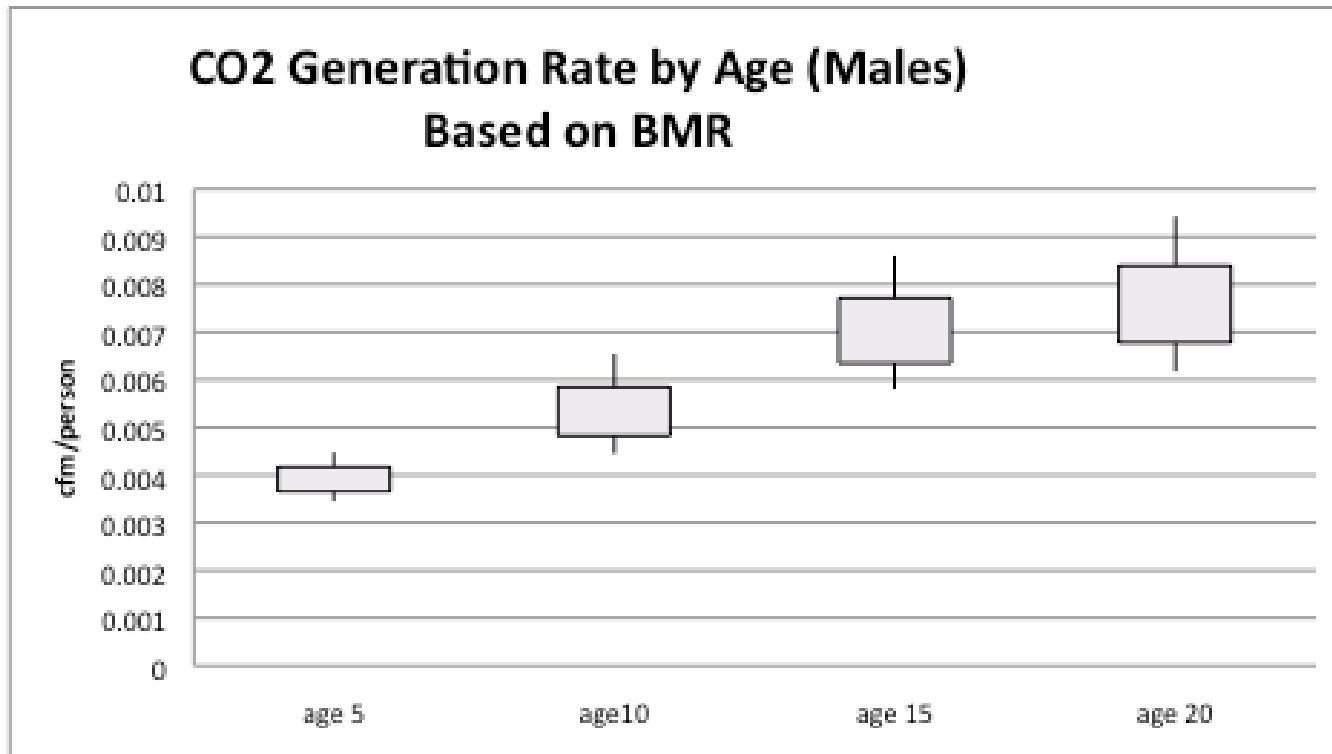
# Variations in Body Mass by Age



# Determining Generation Rate

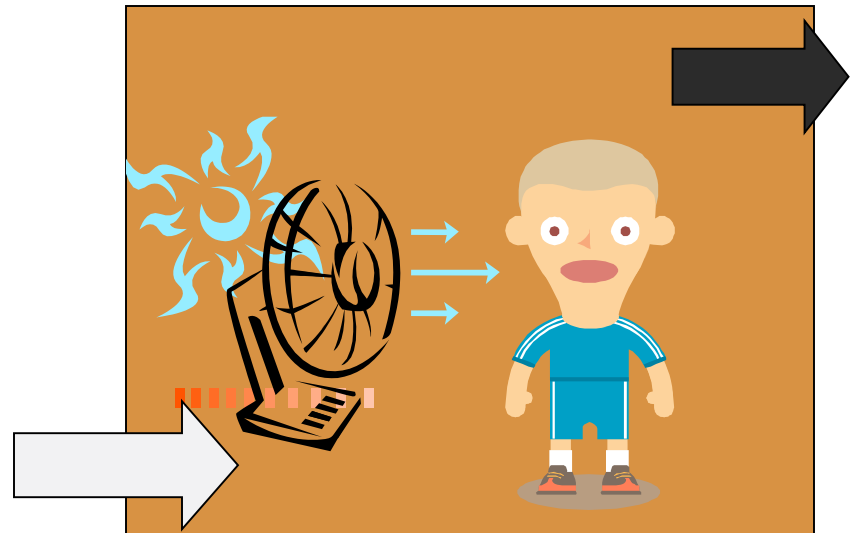
- ▶ Resting metabolic rate RMR
- ▶ x Energy conversion factor  $ECF = VO_2$
- ▶ x RQ respiratory quotient = G
- ▶ Note: RQ varies from 0.7 to 1.0 depending on diet (different biochemistry for fats, proteins and carbohydrates)
- ▶ Assuming constant ECF and  $RQ=0.83$

# Comparison of G by Age



# Basic Mass Balance

- ▶ Single Compartment Model
- ▶ Well Mixed
- ▶ Steady State
  - $N$  – concentration in room
  - $C$  – concentration into room
  - $G$  – generation rate
  - $SA$  – airflow rate



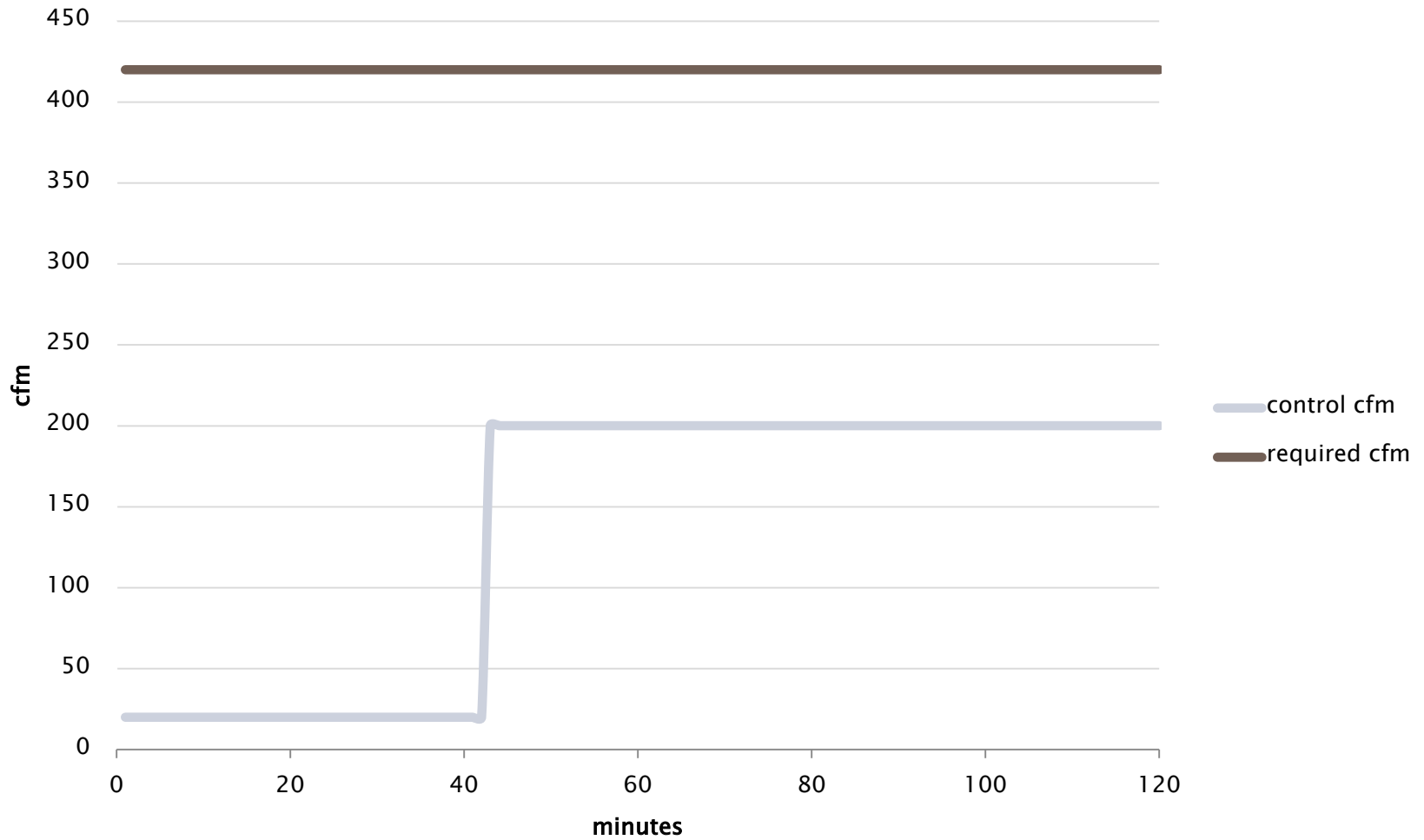
$$N = C_i + \frac{G}{SA}$$



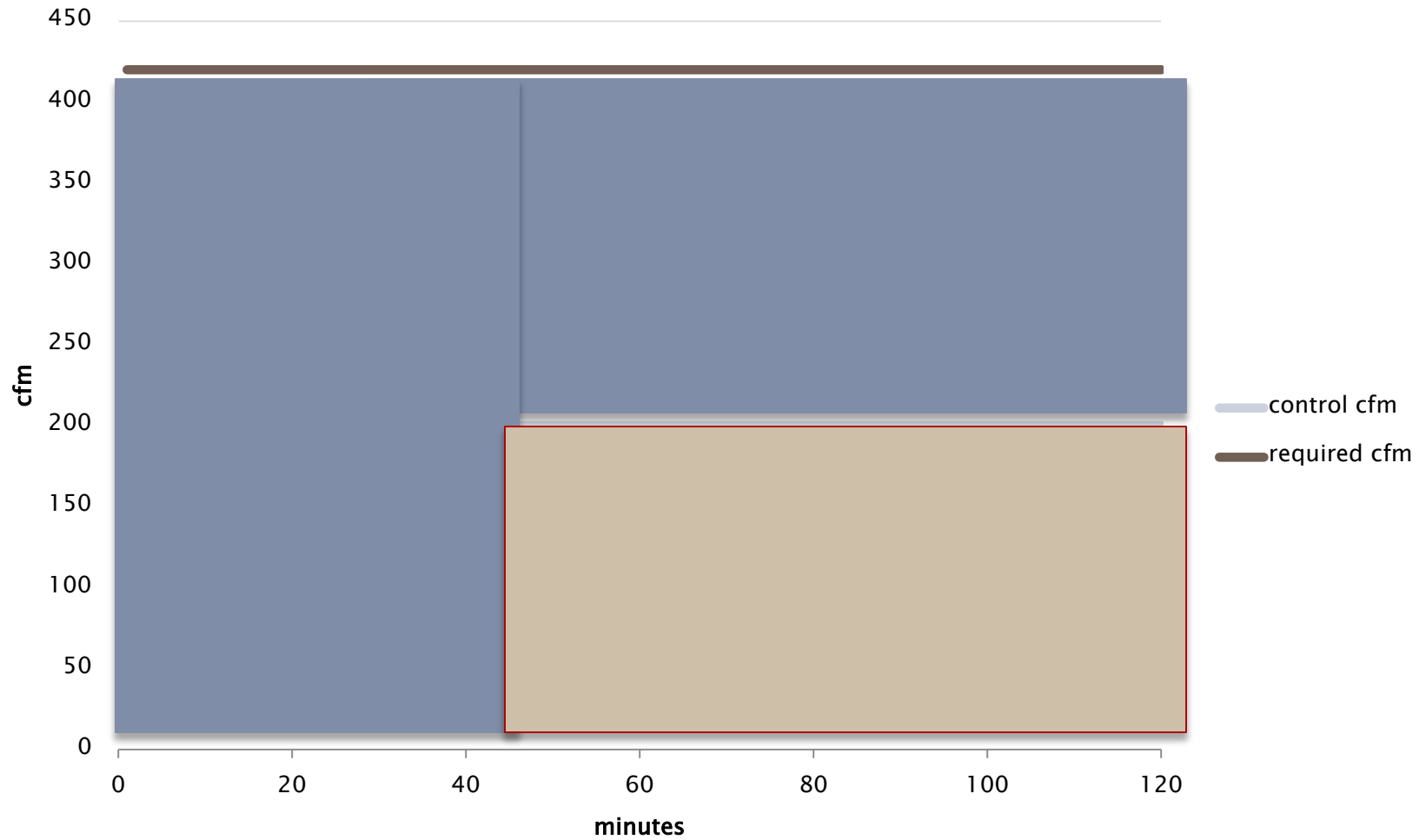
# Elementary School Classroom

- ▶ 1000 sq ft
- ▶ 30 people
- ▶  $R_a \times A_z = 120 \text{ cfm}$
- ▶  $R_p \times P_z = 300 \text{ cfm}$
- ▶  $V_{oz} = 420 \text{ cfm}$
- ▶ Note: = 14/cfm/person

## School Classroom 5-yr olds 1000 ppm CO2 control method



## School Classroom 5-yr olds 1000 ppm CO2 control method



# What About Calibration?

- ▶ Field calibration typically involves flowing a calibration gas with a known concentration of CO<sub>2</sub> through the sensor's optical sensing element.
- ▶ Accurate calibration requires knowing the temperature and the pressure of the gas in the optical sensing element





# Accuracy

- ▶ The results from testing forty-five HVAC-grade NDIR CO2 sensors from fifteen models under accurate and repeatable conditions have shown a wider variation in sensor performance among manufacturers.
- ▶ In some cases, significant variations in sensor performance exist between sensors of the same model while in other cases, all sensors of the same model showed almost identical behavior.
- ▶ None of the sensor models meet their manufacturer specified accuracy statement for all three sensors of a given model over the full range of test conditions.

Shrestha and Maxwell, *ASHRAE Transactions* 2010

# Chilled water temperature reset

- ▶ Saves some chiller energy
- ▶ Results in more humid air delivered to buildings
- ▶ May cause mold growth
- ▶ May use more fan energy than chiller energy saved (net energy penalty)

# Air Side Economizer

- ▶ Good for IAQ
  - ▶ Saves cooling energy during moderate temperatures
  - ▶ Sometimes maintenance issues
    - Dampers
    - Controls
  - ▶ Recommended control sequence
- “Why Enthalpy Economizers Don’t Work” *ASHRAE Journal*,  
November 2010

# Reset VAV boxes to zero

- ▶ Response to cold calls
- ▶ Sometimes strategy when reheat does not work
- ▶ Does not result in minimum ventilation
- ▶ Thermostats are not IAQ measurement devices



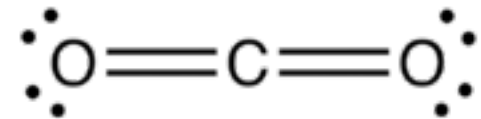
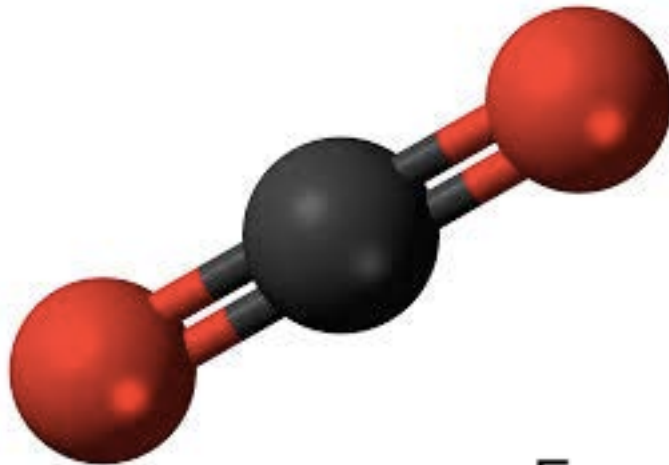
# Replace ventilation with air transforming devices

- ▶ Many technologies
- ▶ Similar claims
- ▶ Reduce all indoor compounds to CO<sub>2</sub> and H<sub>2</sub>O
- ▶ Scant substantiation
- ▶ Do not comply with any recognized method of test
- ▶ Many anecdotes

# Effects of Ventilation, IAQ and Environment on Performance in Schools and Offices



# Is CO<sub>2</sub> a Contaminant?



Formal Charge	0	0	0
Oxidation State	2-	4+	2-

# Main symptoms of Carbon dioxide toxicity

**Volume %  
in air**

- - 1%
- - 3%
- - 5%
- - 8%

## Visual

- Dimmed sight

## Auditory

- Reduced hearing

## Central

- Drowsiness
- Mild narcosis
- Dizziness
- Confusion
- Headache
- Unconsciousness

## Respiratory

- Shortness of breath

## Muscular

- Tremor

## Skin

- Sweating

## Heart

- Increased heart rate and blood pressure



# CO<sub>2</sub> Regulations

- ▶ OSHA: 5000 ppm
- ▶ NIOSH and ACGIH: 5000 ppm  
(30,000 ppm 15 minutes)
- ▶ Canada: 3500 ppm

**Selecting**

# COO 2

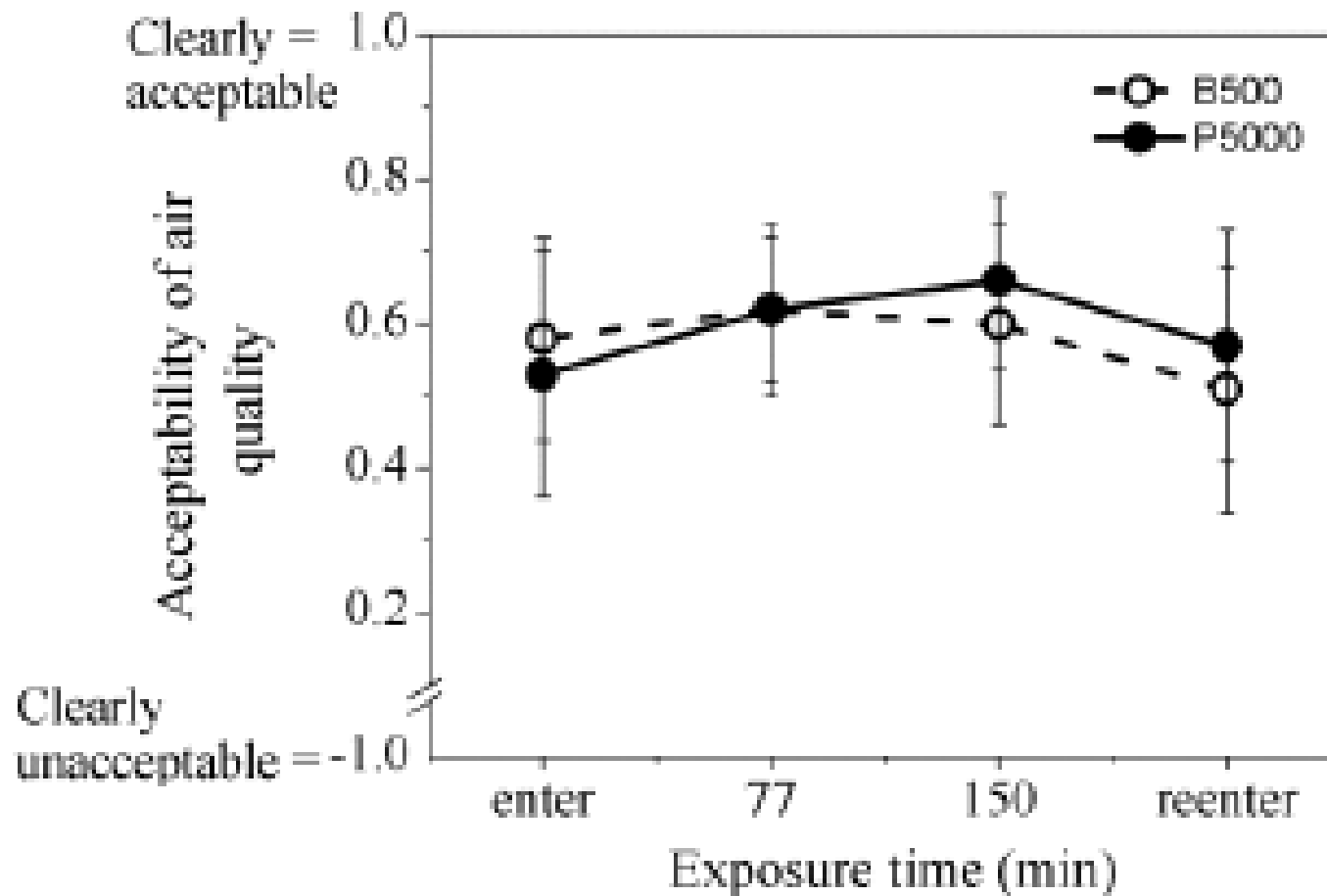
## Criteria for Outdoor Air Monitoring

By **Thomas M. Lawrence, Ph.D., P.E.**, Member ASHRAE

provided. The California Title 24 200

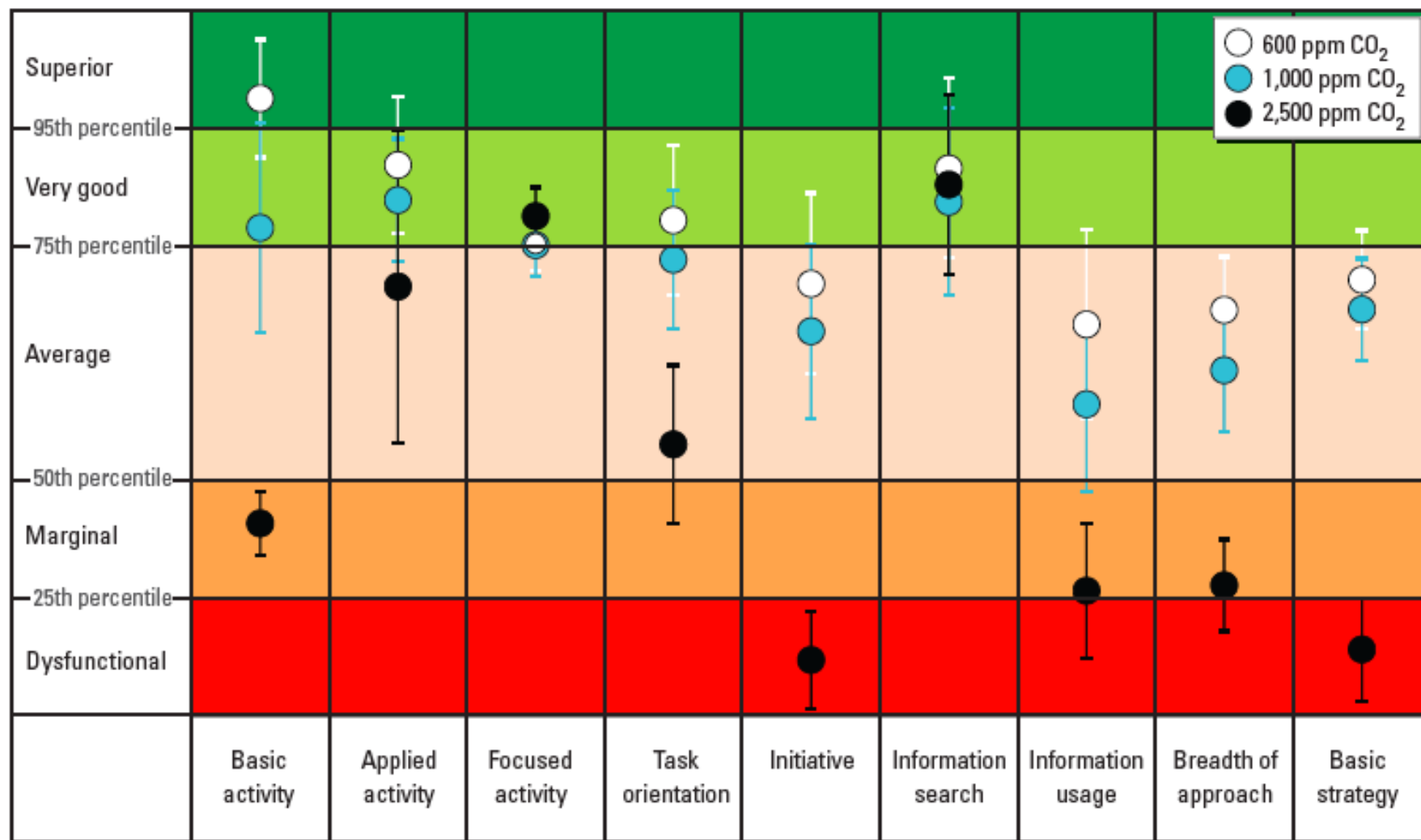
*ASHRAE Journal Dec 2008*

# Acceptability of IAQ



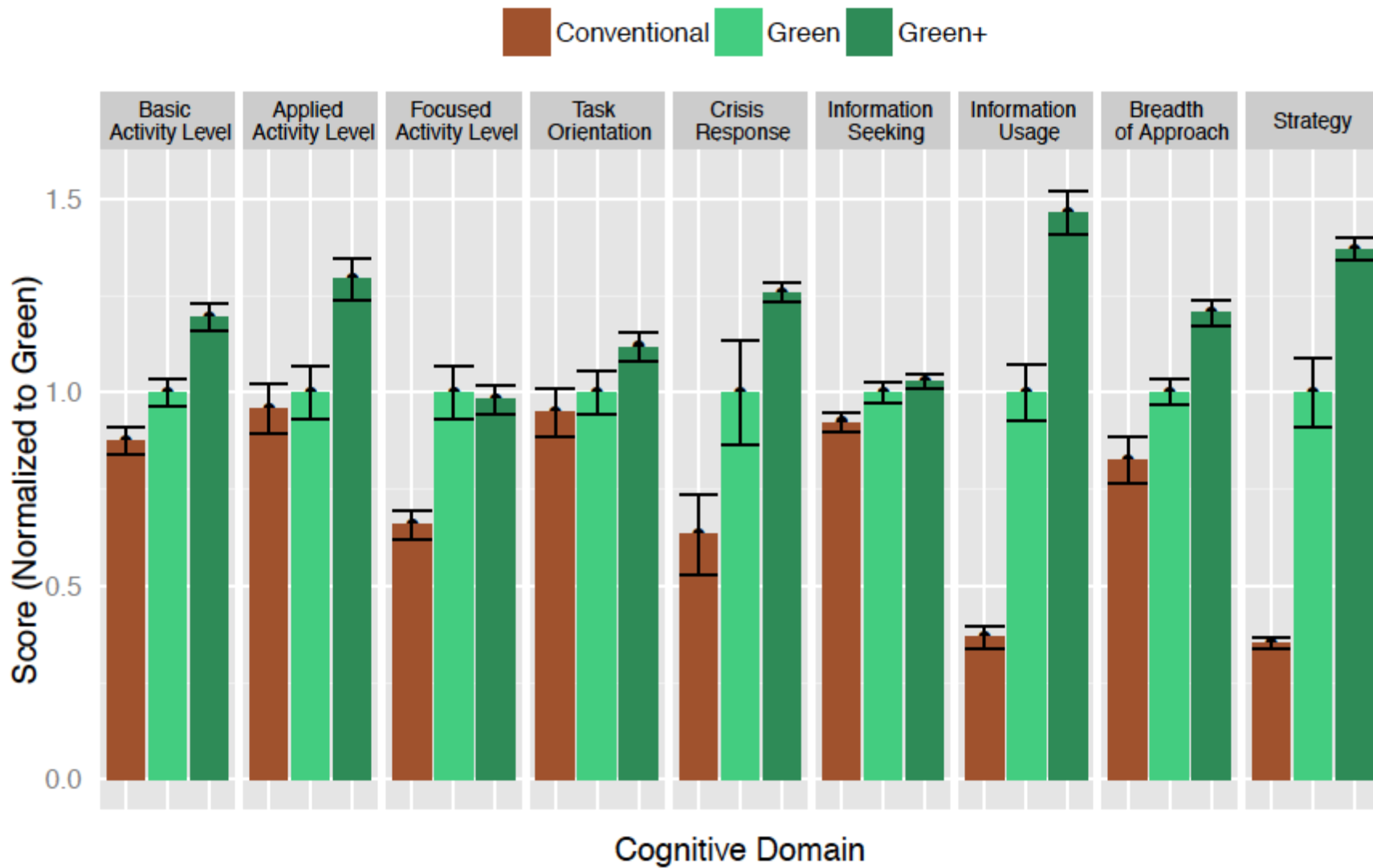
	Default Values Combined Outdoor Air Rate Per Person		Assumed Activity Level	CO <sub>2</sub> Generation	Actual Steady-State Concentration	Monitoring Program Concentration (Alarm Level)	DCV Upper Control Limit Concentration (Caution Level)	LEED-EB IEQ Credit 1 Concentration
Occupancy Category	cfm	L/s	(met)*	(cfm per person)	(ppm) <sup>†</sup>	(ppm) <sup>†</sup>	(ppm) <sup>†,‡</sup>	(ppm) <sup>†,§</sup>
Educational Facilities								
Day Care (Through Age 4)	17	8.6	1.5	0.013	1,141	1,300	1,027	1,312
Day Care Sickroom	17	8.6	0.8	0.007	795	900	716	915
Classrooms (Age 5–8)	15	7.4	1	0.008	960	1,100	864	1,104
Classrooms (Age 9+)	13	6.7	1	0.008	1,046	1,200	942	1,203
Lecture Classroom	8	4.3	1	0.008	1,450	1,600	1,305	1,668
Lecture Hall (Fixed Seats)	8	4	1	0.008	1,450	1,600	1,305	1,668
Art Classroom	19	9.5	1.2	0.010	931	1,100	837	1,070
Science Laboratories	17	8.6	1.2	0.010	993	1,100	894	1,142
University/College Lab	17	8.6	1.2	0.010	993	1,100	894	1,142
Wood/Metal Shop	19	9.5	2	0.017	1,284	1,400	1,156	1,477
Computer Lab	15	7.4	1.2	0.010	1,072	1,200	965	1,233
Media Center	15	7.4	1.2	0.010	1,072	1,200	965	1,233
Music/Theater/Dance	12	5.9	2	0.017	1,800	1,900	1,620	2,070
Multiuse Assembly	8	4.1	1.5	0.013	1,975	2,100	1,778	2,271



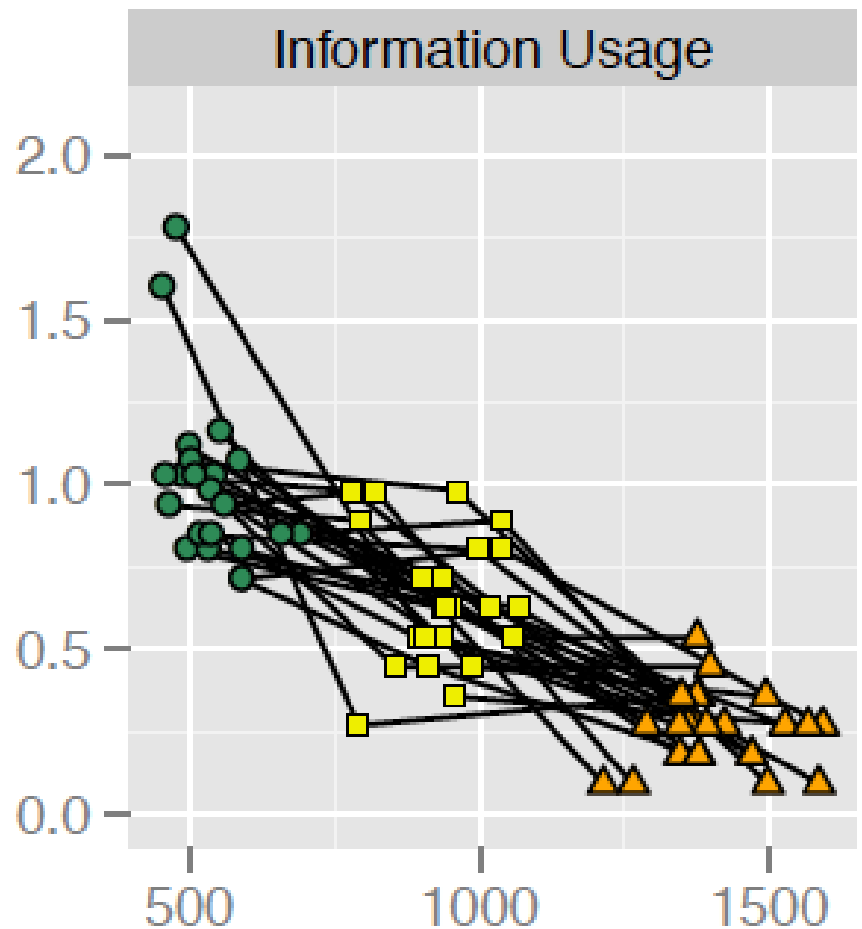


**Figure 2.** Impact of CO<sub>2</sub> on human decision-making performance. Error bars indicate 1 SD.

Satish, et al. *Environmental Health Perspectives*, Dec. 2012



Allen, et al., *Environmental Health Perspectives*, Oct 2015



Capacity to use both provided information and information that has been gathered toward attaining overall goals

Allen, et al., *Environmental Health Perspectives*, Oct 2015

# 2006 Research Report

Research Report on

# Effects of HVAC On Student Performance

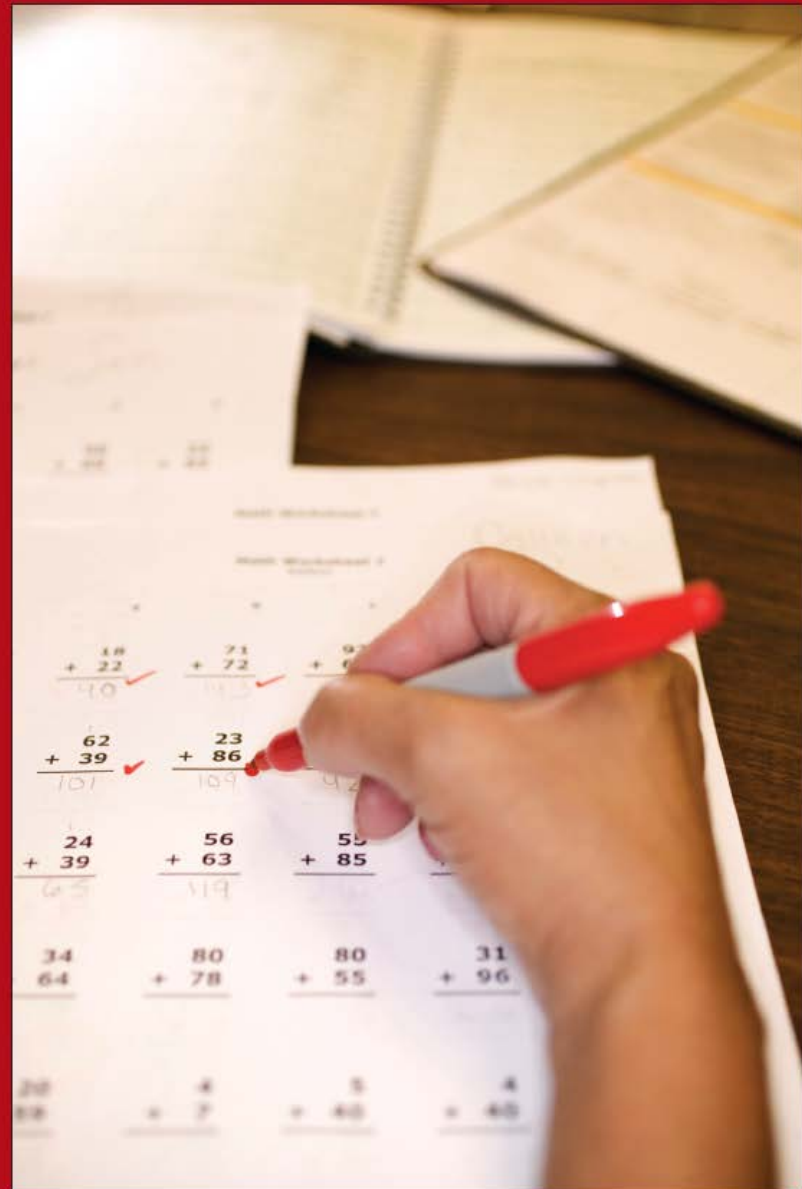
Arkansas Chapter



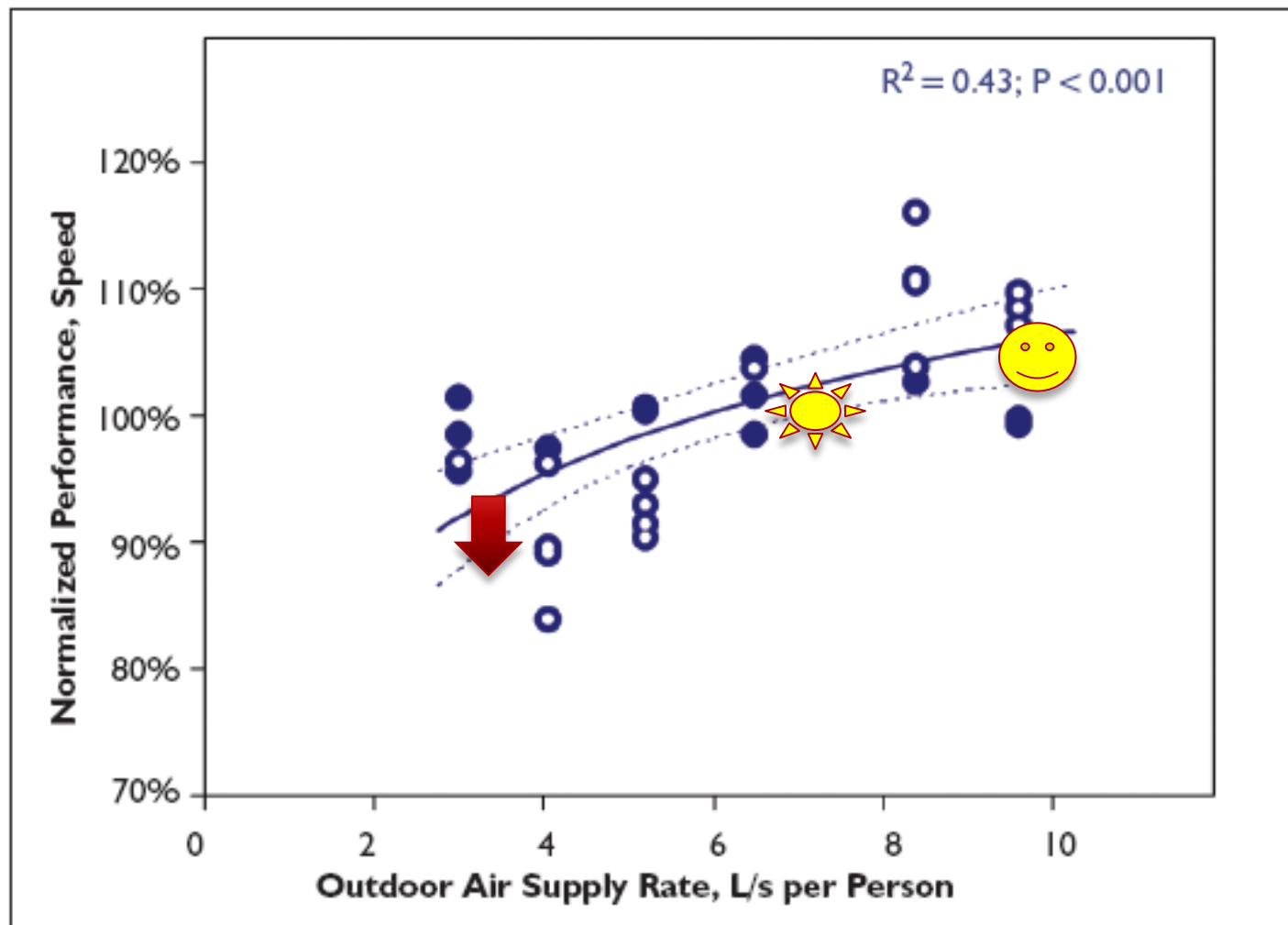
The Association  
of Energy Engineers



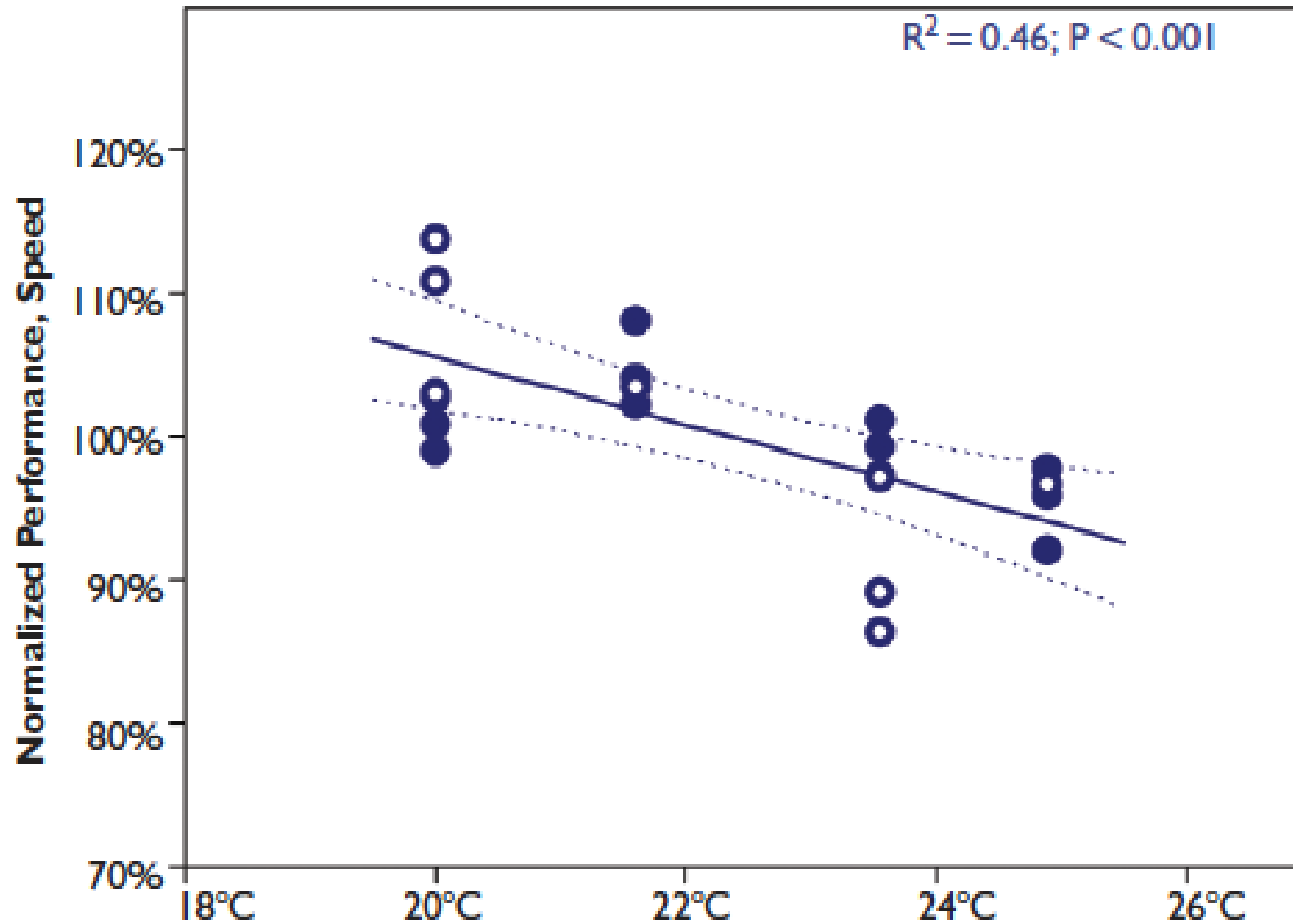
*'...air quality and temperatures in classrooms are important factors in the learning process and improving them should be given as much priority as improving teaching materials and methods.'*







*Figure 3: Performance of schoolwork as a function of outdoor air supply*



# U.S. Study (1)

- ▶ The analysis is based on measurement data from a 70 elementary school district (140 fifth grade classrooms) from Southwestern United States, and student level data ( $N = 3109$ ) on socioeconomic variables and standardized test scores.
- ▶ There was a statistically significant association between ventilation rates and mathematics scores, and it was stronger when the six classrooms with high ventilation rates that were indicated as outliers were filtered ( $> 7.1$  l/s per person).

# U.S. Study (2)

- ▶ The association remained significant when prior year test scores were included in the model, resulting in less unexplained variability.
- ▶ Students' mean mathematics scores (average 2286 points) were increased by up to eleven points (0.5%) per each liter per second per person increase in ventilation rate within the range of 0.9–7.1 l/s per person (estimated effect size 74 points).
- ▶ There was an additional increase of 12–13 points per each 1°C decrease in temperature within the observed range of 20–25°C (estimated effect size 67 points).

# U.S. Study (3)

- ▶ Effects of similar magnitude but higher variability were observed for reading and science scores.
- ▶ In conclusion, maintaining adequate ventilation and thermal comfort in classrooms could significantly improve academic achievement of students.
- ▶ Haverinen-Shaughnessy U, Shaughnessy RJ (2015) Effects of Classroom Ventilation Rate and Temperature on Students' Test Scores. PLoS ONE 10(8): e0136165.  
doi:10.1371/journal.pone.0136165



# Questions?

